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**WHY NOT MARATHON?**

**CALL ALL RETIRED POLICE OFFICERS, FIREMEN AND OTHER RETIRED PROFESSIONAL DRIVER?**

We need volunteer drivers for 57 days, to be part of a 13 vehicle caravan, one starting in Victoria, BC and another from St. John's, NF, that will visit over 684 town, cities and villages as we raise the awareness of the abilities of people with physical disabilities.

Starting on May 29th and ending in Toronto on July 24th, 11,000 people of all ages and abilities will carry a Torch of Hope all celebrating the abilities of people with physical disabilities. The marathon will be managed by Rotary Clubs across the country and by the end, will have raised millions of dollars for people with physical disabilities.

We need you and your spouse/friend as a driving team to share this dream with us. There are places for individual drivers too. All expenses will be paid by the Royal LePage Why Not Marathon project.

Please contact Jim Tough at 416-760-7351 or 1-800-590-5545.

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| <p><b>Bunkbeds</b></p>                                                                                                                                                                                                                           | <p><b>Buying A Mattress, Why Pay More! Call or See Us Now If You Don't Mind Paying Less!!</b></p>                                                                                                     | <p><b>Daybeds</b></p>                                                                                                                                                                                                                                  |

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**HOW TO FIND US**



# W.I.s try to save Agriculture Museum

By **EDITH MEDLAND**  
Bannockburn W.I.

The Bannockburn Women's Institute held its March meeting at the home of Isabel McDonald with 12 ladies present. Today's thought by Reima Morrison was read by Anne

Hollis entitled Old Age is Golden and brought many a smile from the ladies.

Linda Cairns and Anne attended the board meeting. As we all heard, the Agricultural Museum is to close in March, 1997 and the W.I. Institutes are trying to keep it open. The Quilt Fest will be held there as usual this Aug. 2-11, and the numbers of the W.I.s have been asked to supply muffins and cookies as well as two quilted place mats to be on display.


Linda and Gerta Potzel gave us a report of the workshops they attended at Fergus. Gerta brought some of her handiwork, and it was done

beautifully.

Young Frankland introduced our speaker for the evening, Sue Balough, an occupational therapist at the Georgetown Hospital. She explained the kind of work they do and demonstrated how she makes a removable wrist and hand cast to help patients ease their pain when at home.

A delicious dessert was served by Isabel and Ruth Linham. Courtesies were given to Isabel by Gerta.

Our next meeting will out 78th Anniversary. We will celebrate with a dinner at a restaurant, then to Gerta's for the business meeting. See you then.



**Tooth Chatter**  
by  
**ALEX TRENTON**  
DENTURIST

**CARING FOR OTHERS**

You may find yourself caring for the health of another person - a family member or a close friend. When this person needs denture care, there's a lot you can do to help. It may be a little awkward and embarrassing at first, but go slowly.

All dentures - removable or fixed - must be cleaned daily. Check dentures for cracks and stains. Fill the sink with water and scrub removable dentures thoroughly with a denture brush and soap. Rinse removable dentures in clear water after cleaning. Dentures should be soaked overnight. Be careful when cleaning around metal clasps and framework.

Get the other person to guide you in removing and replacing dentures. (With complete dentures, remember uppers go in before lowers.)

If you have any concerns regarding your dentures, feel free to give our office a call. You do not need a referral; simply call our office direct.

**WE BUILD BEAUTIFUL SMILES!**  
Alex W. Trenton, D.D., F.C.A.D. (A)  
Denturist  
The Denture Clinic,  
18 Church Street,  
Georgetown, Ontario  
(905) 877-2359  
*(Across from the Library and Cultural Centre)*

## Squares sent to Zambia

By **GRACE McENERY**  
Ballinafad W.I.

Ballinafad Women's Institute met at the home of Grace McEnery on March 6. In the absence of president, Marg Jamieson conducted the meeting. The roll call was answered by eight members who stated what country they would like to visit and why. As this was the International meeting, it was interesting to learn what countries interested each person.

After the reading of the minutes by Secretary Ada Kirkwood, the business was conducted. The group was very pleased with the results of the February Euchre where there were 17 tables in play.

The April meeting will be the annual meeting. The nominating committee consists of Eleanor

McLean and Ada Kirwood. There will have to be some changes made.


Several months ago, there was a request for members to knit four inch squares which will be made in coverlets. The squares are mailed to Zambia, Africa where they will create employment for those assembling the squares into blankets and then distributed to the disabled. As our part, we have to pay for the postage. We have made and sent almost 300 squares.

This was the International meeting under the convenership of Margaret Jamieson.

The next meeting will be at Eleanor McLean's with a potluck luncheon at 11:30 a.m. Each one is asked to bring their reports, and a list of their volunteer hours.

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