

NHADH hosts 'A Day of Community Connections'

By **TED BROWN**
Staff writer

Over the years, North Halton Association for the Developmentally Handicapped (NHADH) has relied on support from local communities to implement and fund their programs.

But NHADH executive director Star Ristow-Bell says it's time for the association to give something back to the community.

A Day of Community Connections, a multimedia motivational seminar featuring

speakers Jack Pearpoint and Marsha Forest, will be offered April 13, at the Optimist Centre, 311 Commercial St., Milton.

Sponsored by NHADH, the seminar focuses on showing people how they can use the tools at their disposal to create successful problem solving techniques.

The key word of the workshop is INCLUSION, an acronym standing for Inspiration, Networking, Challenges, Laughter, Understanding, Stories, Ideas, Opportunities and Nurturing, and the presentation is geared to help people examine their own

situations and develop plans for the future, both short and long term.

"We (NHADH) always need the community's help," says Ristow-Bell. "But we also have lots to offer in return, to help people deal with their problems of today. We want to show participants in this workshop how to support people more than simply fill their needs."

Using colorful graphics and zeroing in on day to day problems, speakers Jack Pearpoint and Marsha Forest encourage people establish their "Circle of Support," in which one looks at the challenges and support they have

on a personal level, then expand that circle to the next level to include close friends, and yet another level for acquaintances and business contacts.

The program also involves participants using MAP (Making Action Plans) and PATH (Planning Alternative Tomorrows with Hope); tools used to map where they hope to go with their lives, and to find the best path to get there.

Numerous NHADH staff have already experienced the seminar, and Ristow-Bell expects by December, about 30 staff members

will be qualified to assist others — families, individuals and businesses in the area — to evaluate their situations, and apply the MAP and PATH approach to their own challenges.

Cost of the event is \$20 per person, with a group rate of \$15 per person for groups of five or more. The seminar runs from 9:30 a.m. to 3:30 p.m. and lunch is provided. Seating is limited 150 people, so anyone interested must register before April 9.

For more information or to register, call Etta Mills at NHADH, (905) 873-8181.

April is Cancer Month



HOLY CROSS PARISH

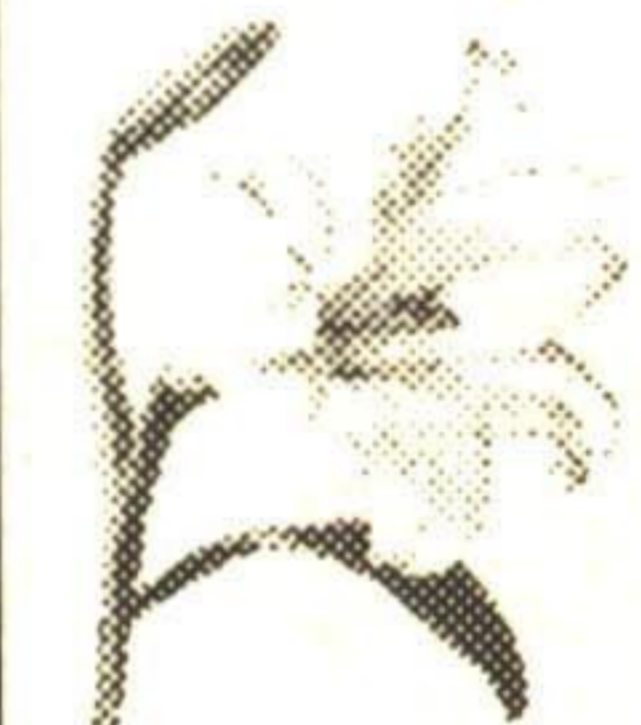
224 Maple Avenue Georgetown Ontario L7G 1X2
Telephone 905-873-1887 Fax 905-873-9572

SACRAMENT OF PENANCE

Wednesday	April 3	8:00 pm - 9:00 pm
Saturday	April 6	10:00 am - 12 noon

THE EASTER TRIDUUM

Holy Thursday	April 4	8 pm	Mass of the Lord's Supper (Adoration of Blessed Sacrament until midnight)
Good Friday	April 5	11 am	Children's Liturgy of the Passion
		3 pm	Solemn Liturgy of Passion and Death of our Lord
		8 pm	Stations of the Cross
Holy Saturday	April 6	1 pm	Blessing of Easter Food
		8 pm	Solemn Easter Vigil
Easter Sunday	April 7	8 am	Mass of Easter Sunday
		10 am	Mass of Easter Sunday
		12 noon	Solemn Mass of Easter (with incense)
		7 pm	Mass of Easter Sunday



DIRECTORY OF HALTON HILLS Churches & Temples

Georgetown Alliance Church

Main St. south of Maple Ave.
"Nurturing a growing family of people"
Pastor Paul Little 873-0249
Pastor Tim Brown
Sunday Worship 11 am
Childrens Program 7 p.m. Wed.
Youth Program 7 p.m. Fri.

MOUNT ZION FULL GOSPEL MINISTRIES

Ministry for the End Times
Physical & Spiritual Healing & Miracles
Restoration of the Family
SUNDAY SERVICES 11:00 a.m.
BALLINAFAD COMMUNITY CENTRE (DOWNSTAIRS)
Pastor Andrew G. Paton
519-853-5657
MT. 11-28
"Come unto me, all ye that labor and are heavy laden, and I will give you rest."

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Minister Rev. Peter Barrow B.A., B.D.
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11 A.M. TIME FOR REFLECTION AND RENEWAL
Ministers Office 877-2848
Secretary's Office 877-7585

THE BAHAI FAITH FROM A-Z

Q QUESTIONS

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Sponsored by the Bahais of Halton Hills, 873-INFO



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