

A Leaping Baby

Little Laila Nicole Biafore will celebrate her next birthday in the year 2000, as she was born Feb. 29 at Georgetown District Memorial Hospital. Tipping the scales at 6 lbs., 7 oz., she arrived at 11:34 a.m. Proud parents Audra and Lorenzo of Georgetown were on hand for a photo at the hospital.

TED BROWN Independent/Free Press

GRCA ends Nature Centre programs

The Grand River Conservation Authority (GRCA) will no longer offer free Sunday afternoon programs at its Nature Centres.

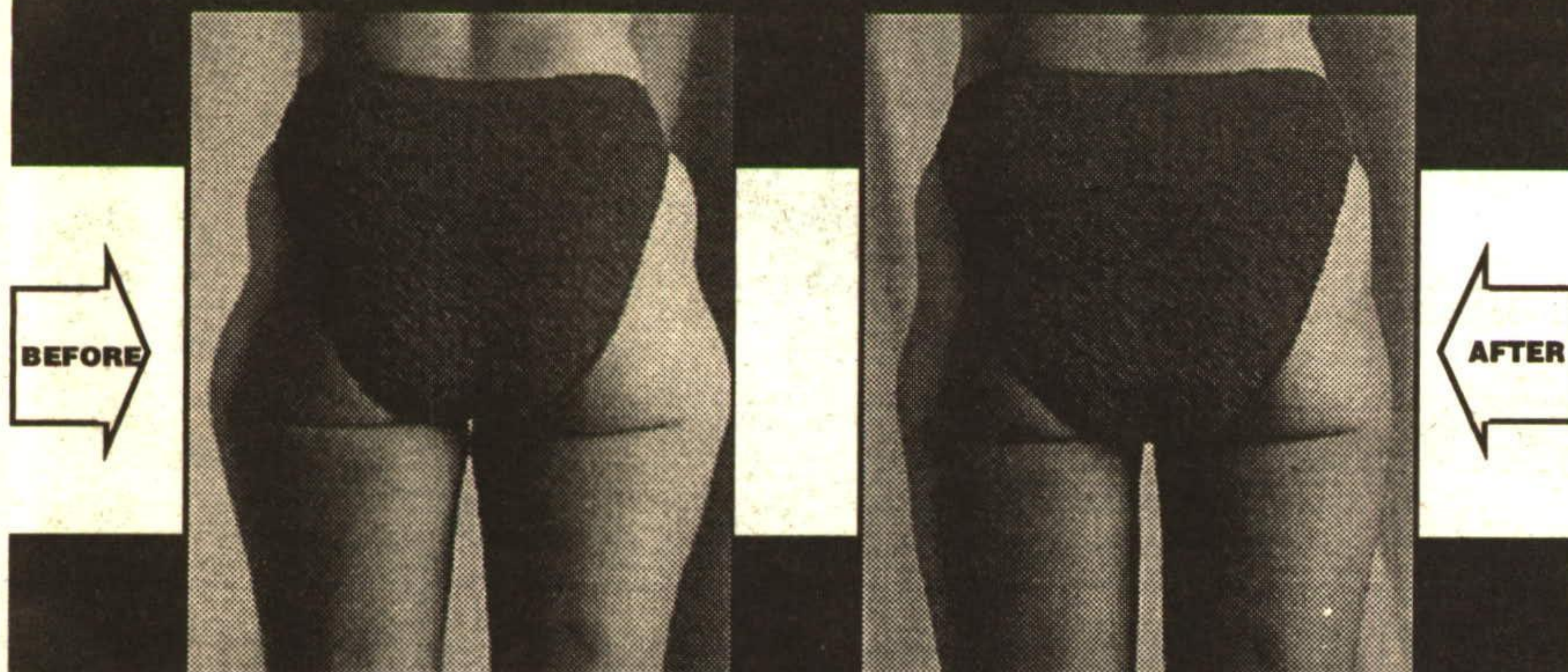
The termination of the programs is in response to the province's 70 per cent cut in funding to the Conservation Authority. Grand River Valley

municipalities also cut their funding to the GRCA by 15 per cent. The programs have been offered to families and naturalists on Sundays for 20 years. Groups can still book programs on a paid basis on evenings and weekends. March Break Day Camps will be offered at Guelph Lake.

WHEN EXERCISE IS NOT ENOUGH!

Body sculpting by liposuction is literally a dream come true.

Localized accumulations of fat, which may be inherited and sometimes impossible to eliminate by exercise or dieting, can now be removed permanently by liposuction, never to plague you again.



The concept of liposuction is surprisingly simple. It is a technique that improves the body's contour by removing excess fat from fatty deposits located between the muscle and the skin. Fat cells that are removed by liposuction never grow back.

In women, the most frequently treated areas are the abdomen, hips, knees, calves, chin and neck.

In men, the most commonly treated areas include the love handles, abdomen, breasts, chin and neck.

Plastic Surgeon: DR. B. SHORE B.Sc., M.D., C.M., F.R.C.S.(C)

Please contact the Brampton Cosmetic Surgery Clinic for an appointment. Your consultation includes video presentation, literature and assessment. We also do face lifts, nose contouring, eyelid correction, brow or forehead lift and breast surgery.



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ADVERTORIAL

LOCAL FURNITURE STORE MAKES GOOD IN ONTARIO

by Larry Codd

Solid Wood furniture of good quality doesn't have to stretch your budget. Back that up with friendly, service-oriented staff, delivery by its own drivers, followed by caring service should problems arise, and you can see why Solid Wood Bed & Table Company continues the success it started ten years ago.

The company offers a wide range of furniture to complement any dining room, living room, or bedroom setting. Dining room tables and chairs come in many styles and colors, for all

designed to fit any work space in your home. Just bring in the dimensions and the staff will design products to suit your needs.

The staff-on salary, not commission-will help you make your decision in a relaxed, friendly, low-pressure environment. The room settings are there to try out; sit yourself down, adjust the lights, and imagine the setting in your own home.

Partners Doug Peters and Bob Mowforth of the Pickering location, and Brian Pulis owner

WE STAND ON AND BEHIND OUR FURNITURE



THE SOLID WOOD TEAM

(Standing) Joe Resendes, Wayne Gate, Brian Pulis, Nellie Pulis, Gary Peters, (On Chair, left) Joey Duplantis (On Chair Right) John Nabizateh, (On Sofa) Chris Pulis, Diana Parkinson, Brian Rader.

budgets. Manufactured from solid Oak, Pine, Maple or Cherry. Deck out your living room in the best of sofas, love seats and chairs, with over 500 designer fabrics to choose from. Or create the perfect bedroom by choosing from their wide variety of solid wood dressers, armoires and beds. From solid cherry high poster beds, to solid pine cannon ball beds, you're sure to find what it is you are looking for. Choose from dozens of mattresses, upholstery styles, lighting and for the children, toy boxes. The company specializes in country and traditional styles and complements its own products with quality brand names like Sklar, Sealy, Simmons and Mobil.

"People looking to furnish a full house will find that we have the best prices in town," says owner Brian Pulis from the Brampton location.

Customers are pleasantly surprised when they learn that quality solid wood furniture designed to bring many years of enjoyment can be had at such reasonable prices.

The company does a brisk trade in made-to-order furniture as well; offering custom work work at less-than-traditional custom prices, it can create that special piece for you. The latest trend toward home-based businesses has created a demand for office furniture

of the Brampton location, are celebrating the companies 10th year in business, with a big sale in March and April, offering their customers great savings to commemorate the event.

"The Pickering and Brampton stores are the largest warehouse showrooms of solid wood and quality furniture in their areas," says Doug Peters. "We have over 25,000 satisfied customers to our credit."

The company started in Pickering and has been growing ever since. Seven years ago a second store was opened in Brampton, to service the regions west of Metropolitan Toronto. And in September of 1995, the grand opening of the Markham store initiated service in the York Region.

You are invited to come in and take a look at the large selection of solid wood quality furniture at 190 Hwy. #7 west in Brampton, just west of Hwy. #10 or 1020 Brock Road, Pickering, just north of Bayly. With its winning combination of quality, value and service, The Solid Wood Bed & Table Company has become a major force in the furniture marketplace.

The showrooms are open seven days a week except for Markham. For more information call (905) 452-9820.