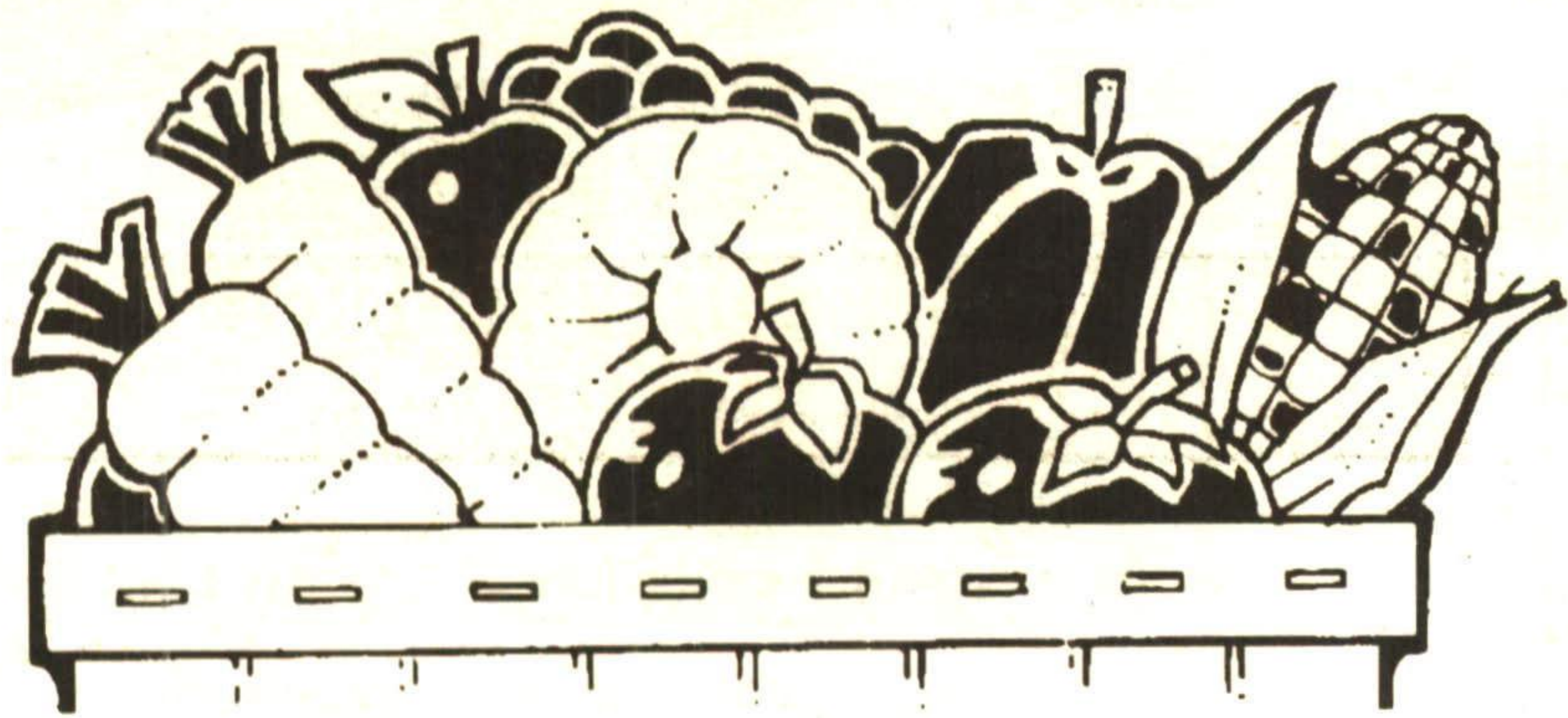


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# Health & Fitness



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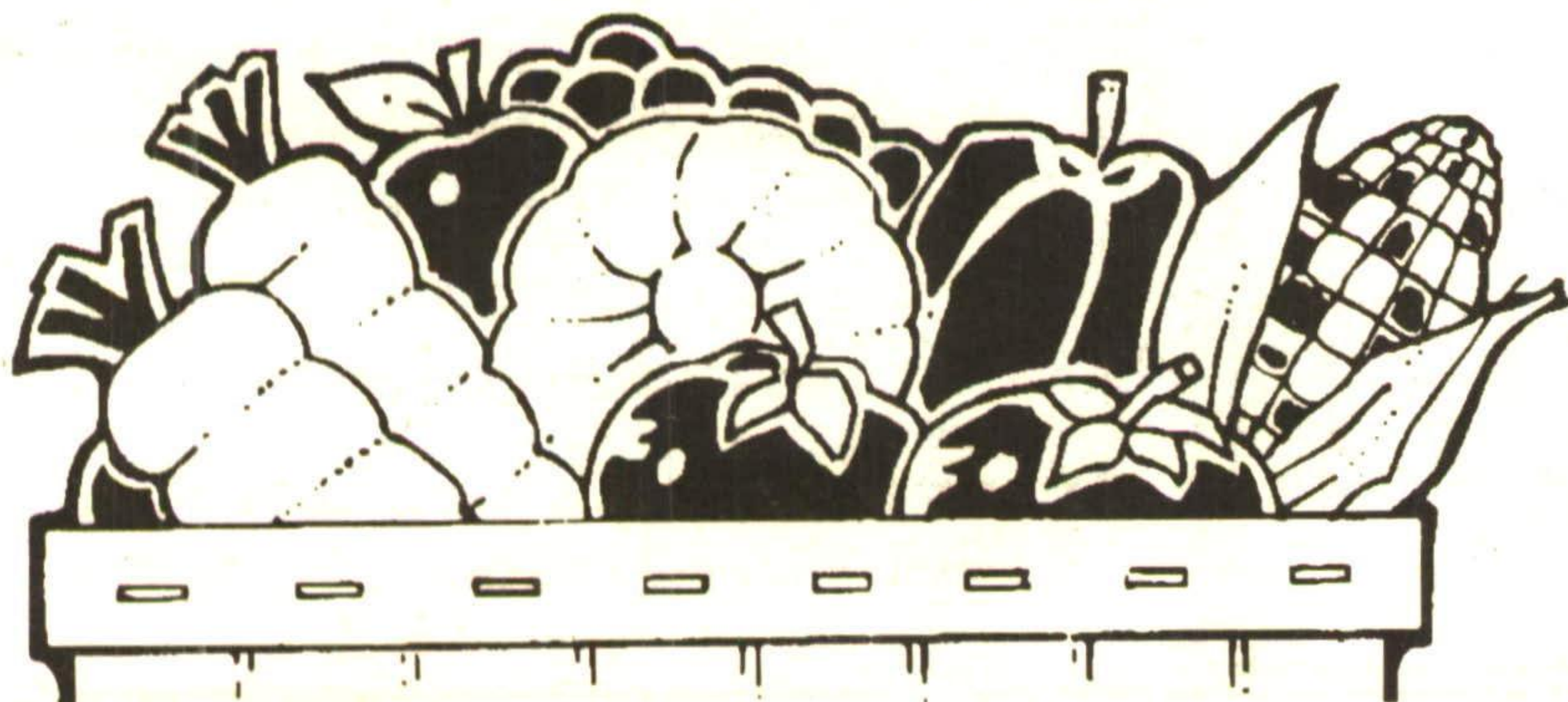
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## Perry Smith honored by Royal Lifesaving Society

In a recent ceremony at Queen's Park, Acton resident Perry Smith was awarded the Bar to Service medal from the Lieutenant Governor of Ontario, the Honorable Henry Jackman.

Smith was one of 13 Royal Lifesaving Society of Canada volunteers to receive this award for efforts in community drowning prevention and lifesaving education.

The enormous depth and breadth of his program experience makes his contributions to the Society valuable. Belying his youthful appearance, Smith is a "senior citizen" of the Society. Not only does he carry a heavy volunteer workload as vice president of the Ontario Branch, he remains active as an instructor, examiner and trainer for all the Society's programs. Incredibly, Smith has examined over 50 times in the past two years.

As vice president with responsibility for member services, Smith has recently given leadership to the revision of the Society's corporate identity, the host bid for the National Conference and implemented the branch's anti-harrassment policy.

Smith has been involved with the Society for so long that he just knows what to do. A national conference, a lifeguard championship, a program committee - if he hasn't organized it or chaired it, Smith has run it.

For his years of committed service to advance the cause of drowning prevention, the Lifesaving Society was honored to present Smith with the Bar to Service Medal.

The Lifesaving Society is Canada's lifeguarding expert. The Society is a national, charitable organization working to



Perry Smith of Acton received the Royal Lifesaving Society's Commonwealth Honor Award from Lieutenant Governor Henry N.R. Jackman.

prevent drownings and water-related injuries through lifeguard training, water safety education and research. Last year in Ontario, the Society certified 98,000 people in lifesaving and lifeguarding courses.

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