

Meeting for a 'Coffee Break'

By **BARB KERKHOF**
Special to The Independent/Free Press

Every Wednesday morning, dozens of community women trickle in to meet for Coffee Break.

This is not just a quick pop into the local donut shop for a cup of java and some chit chat...this is Coffee Break in capital letters.

Coffee Break is a program for women and children that runs each Wednesday morning from 9 a.m. to 12 noon, or Wednesday evenings for those who work.

While coffee and socializing are actual features of the program, it is not the central focus. In depth Bible study and lessons on how to live meaningful lives in a modern world play the largest part in the Coffee Break agenda.

"Women from all walks of life attend," says Diane Leferink, a leader and longtime member of the Coffee Break program. "Mothers young and old, singles, some who attend churches and some who don't know the Bible but are looking for answers in an often confusing and empty world."

So many women have benefited so greatly from the support and knowledge received from other women at Coffee Break that the rooms at Acton Christian Reformed Church sometimes overflow. New members are constantly welcomed — an indication of the phenomenal growth the group has seen over the last few years.

An added bonus to Coffee Break is a highlight for kids called Story Hour. While mom is exploring the Bible, the kids are gathered for supervised Bible stories, singing, games, crafts and refreshments. An organized nursery for children up to two years old is also provided.

In an age where much of our leisure time is devoted to the betterment of our bodies it is refreshing to see organization like Coffee Break who also advocate the exercise of one's mind and soul.

For more information on the morning Coffee Break call Sandra at 853-1189. For more information on the evening program starting September 20 (no child care available) call Rita at 853-3149.

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