



**LEAN GROUND**  
**LEAN GROUND BEEF**  
 or EXTRA LEAN GROUND CHICKEN  
**1.79**  
 3.95/kg lb.

**PEACHES**  
**PEACHES LARGE SIZE**  
 juicy product of U.S.A. no. 1 grade  
**.59**  
 1.30/kg lb.

**SALMON**  
**SALMON STEAKS FRESH B.C.**  
 chum silver brights  
*seafood item subject to availability*  
**4.99**  
 1.10/100g lb.

**APPLE JUICE**  
**APPLE JUICE ROUGEMONT**  
 pure unsweetened  
**.89**  
 48 oz. tin

**DIETRICH'S**  
**DIETRICH'S BREAD**  
 100% WHOLE WHEAT, CRACKED WHEAT or BUTTERTOP or **WONDER** regular white  
*available in the bakery*  
**.99**  
 675 g loaf

**SKIPPY**  
**SKIPPY PEANUT BUTTER**  
 or **DOUBLE FRUIT** jam type spread  
 500 mL jar  
**1.99**  
 750 g cont.

**BLACK FOREST HAM REGULAR**  
 deli sliced or shaved  
*available in the deli*  
 less than 2.6% fat (1.56 g/60 g serving)  
**3.99**  
 .88/100g lb.

**HOSTESS POTATO CHIPS**  
**.99**  
 180 g pkg.

**VEAL CUTLETTES GOURMET**  
 breaded 10 portions frozen President's Choice™  
 Italian-style breading  
**7.99**  
 1.1 kg box

**TROPICANA ORANGE JUICE**  
 grapefruit or apple chilled Pure Premium  
**2.99**  
 1.89 L ctn.

**SUMMER FAVORITES GUARANTEED UNTIL SEPT. 2/95**

**1/4 LB. BEEF BURGERS MEDIUM**  
 when you buy a pkg. of 8 or 12 Club Pack™  
**.49**  
 each

**SLICES SCHNEIDERS**  
 singles, thins or Lifestyle thins process cheese food  
**2.79**  
 500 g pkg.

**HEINZ KETCHUP**  
 squeeze  
**1.79**  
 750 mL cont.

**MAPLE LEAF WIENERS**  
 regular or bbq  
**1.69**  
 450 g pkg.

**VALUPLUS HOT DOG BUNS**  
 or hamburger  
**.79**  
 pkg. of 8

**COUNT ON US FOR MORE!**  
 Prices effective Sunday, July 2 until Saturday, July 8, 1995 unless otherwise stated.