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FIX UP YOUR HOME

Gardening Can Save Money And Provide Exercise

When times are tough, many families start to cut down on leisure activities. Instead of going out to the movies to for a bite to eat, numerous Canadians choose inexpensive activities they can do at home.

One such activity - gardening - can help save a little money and take a step toward improving the environment at the same time. And planting a garden offers other benefits. It can provide good physical exercise and save money on the family food bill. Gardening also is one activity in which the whole family can participate.

With a little planning and care - and a small investment - a garden can provide months of enjoyment.

Having a successful garden does not require extensive knowledge or a green thumb. Here are some simple tips beginning gardeners need to follow:

- Take photos of your lawn and house and bring them to the nursery. They will help determine what types of greenery will look good and grow best in your yard.
- Use composts, mulches and organic fertilizers to help soil stay healthy. Good soil is essential to the growth of any plant because it holds vegetation in place while retaining moisture and nutrients for the plant to use.
- Prune plants by removing dead stems and leaves. It is important to the development and maintenance of your garden. By cutting away diseased areas and thinning out sections to permit more sunlight, flowers will continue to blossom.

THIS WEEKLY FEATURE ON HOME IMPROVEMENT IS BROUGHT TO YOU BY THE LOCAL BUSINESS PEOPLE SHOWN HERE. THEY WILL BE PLEASED TO ASSIST YOU WITH ANY OF YOUR PLANS FOR HOME FIX UP.

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