

# Women in Business



**LUCIE RENS**

## Lucie Rens

Lucie Rens, owner of Bountiful Buffet Catering is happy in the kitchen. The aroma of a simmering sauce or a cake baking in the oven fills her with satisfaction. "But the best part of this job is to see others enjoy what you have worked so hard to create," says Lucie, who specializes in custom tailored parties.

"I don't work with a set menu. I consult with the customer and work with their favorite foods to produce a menu they'll enjoy," explains Lucie.

A Limehouse resident for the last 13 years, Lucie taught home economics in the Netherlands, specializing in cooking. Bountiful Buffet Catering services weddings, reunions, brunches, birthday parties, stag and does, garden parties, business luncheons and any other event you may wish to celebrate. Apart from custom tailored parties she also offers party packages complete with food preparations, linen rentals, hall, disc jockey and more.

To tempt your palate think of stuffed mushrooms or ham puffs, gazpacho or vichyssoise soup, a seafood or pasta and tomato salad, pork tenderloin in a fruit sauce, chicken marengo or boeuf bourguignon. And for dessert, can you imagine the delight of poached pears in chocolate sauce or stuffed crepes.

Lucie personally oversees the entire operation.



**Bountiful Buffet Catering**

Lucie Rens  
(519) 853-3667



**ROBIN SYMMES**

## Robin Symmes

Robin Symmes has had a passion for art all of her life and since the beginning of the year has been sharing that passion with area children.

Robin, who has an honors BA in Art History from Queen's University and studied traditional media at University of Guelph, has been teaching children art since the beginning of the year.

Robin is currently offering art classes to children. She runs two classes, one for kids aged 8 to 11, the other for those aged 11 to 13.

The students sign up for four sessions offered for an hour-and-a-half once a week. In January the students studied drawing using markers, pencil and charcoal.

They are currently studying color theory. In April she offers painting so the kids can try their hand at acrylics and watercolor and in May they will study printmaking. The first and last weeks of March she offers catch-up classes for kids who missed her first drawing and color theory classes.

"I love that art is something that individuals can do on their own, not in a team. It is non-competitive," said Robin.

When she is not teaching Robin is working on her own artwork. Call Robin at 877-7643 for more information on her art classes.



...develop their creative side...

**ART CLASSES**

For Young People

Artist Robin Symmes Gives

**877-7643**



**WENDY BLAIR**

## Wendy Blair

Dolphin Desktop is the perfect business for Wendy Blair.

The business she runs from her Acton home has allowed her to make use of her 15 years of secretarial and desktop publishing experience and stay home with her children.

Wendy offers a variety of services. "If it goes on paper I can probably accomplish it for you," she said.

Utilizing a variety of computer programs Wendy does manuscripts, resumes, business forms, charts, graphs, logos, letterheads, business cards and shop window signs. She said no job is too big or small.

"My prices are extremely low. Working from my home I don't have the overhead that others do." She adds rush jobs are no problem.

Wendy loves the creativity aspect of her work and says she has millions of pieces of artwork and graphic information she can include in her work.

Most of Wendy's clients are currently based in Acton but she would like to expand her business to Georgetown, Rockwood, Erin and Hillsburgh.

While she often goes out to see her clients, Wendy says she prefers if they can come to her.



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**DIANE FOBERT**

## Diane Fobert

Diane Fobert's store, Fringe Benefits, is tucked away in the end unit of the Knolcrest Centre, but people seem to have no trouble making their way there.

Diane, a former real estate agent, opened Fringe Benefits in November and had a very good first Christmas.

"I have all the final touches, accessories to enhance decor. That's why it's called Fringe Benefits," she said.

Diane sells a wide assortment of items including country prints and furniture, glassware, unusual greeting cards, pottery, place mats, candles and potpourris. The prices range from \$1.50 up to \$300.

"I get a lot of people coming to the store just through word of mouth," she said. Some clients remember her from the gift basket business she operated four years ago and call her up for that. Diane and her daughter, Erin, still do gift baskets, and can have them ready within a half hour of receiving a phone call. She said she thinks gift baskets are very popular because they can contain items intended to appeal to every member of the family, including children.

The items in her store are made in Canada, and may be from Halifax or Vancouver, or anywhere in between.

**Fringe Benefits**  
INTERIOR ACCESSORIES INC.  
\*GIFTS

**DIANE FOBERT**

360 GUELPH ST., UNIT 51A  
GEORGETOWN  
**873-1598**



**TERRY JACKSON**

## Terry Jackson

Terry Jackson leaves little question as to her loyalties. "I owe this town," Terry says. "It really took me in and offered me so many opportunities."

Terry says you won't find anyone more committed to shopping locally than herself. It's a belief she strongly supported even before she became the general manager of the Halton Hills Chamber of Commerce three years ago.

As a former councillor for Ward 1, Terry knew a great deal about the concerns of this town. She says her political experience has been of great assistance in her position.

While that political experience has proved to be very useful, Terry says her job with the Chamber gives her a new perspective. "It's the other side of the table," she says. "As a politician you have to be very aware of everybody's needs. My position is very focused. We have to address the needs of the business community."

Terry says people should consider the local business. "If the town is going to grow, it's going to grow from within. If we could only get residents to realize what it means to support local business. The people that run those businesses are our friends and neighbors."



**HALTON HILLS CHAMBER OF COMMERCE**

170 GUELPH ST. GEORGETOWN

TERRY JACKSON - MANAGER

**877-7119**



**LAURIE BURNS**

## Laurie Burns

Laurie Burns is an exercise physiologist with a business background. All that has added up to 11 years of success for her fitness club, Work That Body.

Currently Laurie sits on the board of directors for the Ontario Fitness Council and she is involved in developing a personal trainer's diploma program at George Brown College. Last year Laurie was on CBC's Marketplace reviewing fitness videos.

Laurie opened up her fitness club after she located the empty site on the corner of Guelph and Mountainview.

The club boasts an open concept with stairs leading down to workout areas. A special incentive for parents is the provision of a babysitting service seven days a week.

She has lifecycle equipment, aerobics and weight training. Fifteen employees help her clients to attain their fitness goals.

With over 700 members Laurie and staff have their hands full as they prefer to work one on one with clients, providing beneficial workouts for them.

New clients can always find themselves involved with fitness testing and nutrition as they learn to improve the quality of their lifestyle.



**Work that Body**

232 Guelph Street

Georgetown, Ontario (905) 877-0771

