



CHRISTMAS CHEER: Raising glasses of eggnog to toast the holiday season are Ruth Burke, Chris Robertson, Sylvia Birks and Pat Starke at Acton Seniors Centre. The hall and tables were beautifully decorated in green and red, with crackers and a fresh wreath made by the Monday Seniors craft group. — Julie Conroy photo

Acton Seniors Rec Centre...

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the Acton Seniors Centre 6:40p.m. The buses would like to be on their way by 7p.m. This is for all Seniors over the age of 55 and their caregivers, and there will be refreshments provided at the Centre after the tour.

Last Monday there was a day trip to Lindsay to see the Living Christmas Tree. St. Andrew's Presbyterian church choir performed while standing in the shape of a Christmas tree with some singers 40 feet above the stage. The music was wonderful and inspiring, and the weather perfect for the journey with just a fluttering of occasional snowflakes, and brilliant sunshine.

Before the show they visited a winery, and were given samples of four different wines, which helped take the chill out of the day. They had a dinner at "The Bonfire" restaurant and had a choice of either chicken or ribs. Everyone thoroughly enjoyed the day, and only had to brush a few flakes of snow off their cars to drive home. A bonus this time of the year.

Margaret Neilson tells me that 11 carpet bowlers showed up to play. Grace Graham's Black team beat

Nives Bozic's Brown team 15-0. I must apologize to the Bozics for miss-spelling their surname in the previous report. (I usually blame Hartley for any mistakes, but I must accept responsibility this time).

Canadian Tire money is as good as cash, and Elinor Dodds and her committee will put it to good use helping spread some Christmas cheer to two families in Acton.

Things to take note of in your calendars: The Acton Seniors Centre will close at 4p.m. on Friday, December 23 and reopen January 2, 2006 at 9a.m. The Wednesday Art class is taking a break and will restart on January 18, depending on the weather.

The exercise classes on Wednesday mornings will take a break until Wednes-

day, January 4. I'm sure by then we will all be looking for ways to lose the extra inches put on over the holidays. I understand the hike will go ahead on Friday, December 16, and then take a break until January 6.

The hiking club made a return trip to the Guelph Trail last Friday. They started at the Sixth Line and walked east to meet up to the spot where they stopped at the week before. And as I write this they are just setting out to hike the Wonder Lake loop, which is part of the Bruce Trail in the Speyside area, off 17 Side Road.

The weekly 50/50 had a winner this week with Fern Jory the lucky one.

A reminder to those who pick up food boxes each month; they'll be ready on Tuesday, December 20.

Health Dept. issues first fall cold weather alert

Halton Region's Health Dept. issued an extreme cold weather alert when temperatures dropped precipitously on Monday night to -19 degrees Celsius.

The alert is issued when temperatures are expected to fall below -15 degrees Celsius (without wind chill), or when weather conditions are severe enough to warrant alerting the community to risks involved with prolonged exposure. The alert is in effect until temperatures moderate above -15 degrees C. Moderating temperatures are expected towards the week end.

The Health Dept. notes anyone can be affected by extreme cold-related weather conditions, depending on length of time and exertion levels. Those especially at risk include: older adults (over the age of 65), infants and young children, outdoor workers, sport enthusiasts (hikers, skiers), homeless persons, and/or those lacking shelter, proper clothing or food.

To keep yourself and your family safe, you should know how to prevent cold-related health problems and what to do if there is a cold-weather emergency, the Health Dept. says. You can avoid cold-related injury by dressing appropriately and covering

exposed skin. It is also important to keep an emergency vehicle safety kit in your car at all times for winter driving conditions. This kit can include items such as: cell phone, blankets, booster cables, shovel, first aid supplies, flashlight, batteries, extra boots/socks, etc.

Plan ahead and listen to

weather forecasts.

Additional information, weather forecasts and wind-chill information can also be obtained from the following Environmental Canada websites: http://weatheroffice.ec.gc.ca/forecast/canada/on_e.html and <http://www.msc-smc.ec.gc.ca/education/windchill/index/cfm>.

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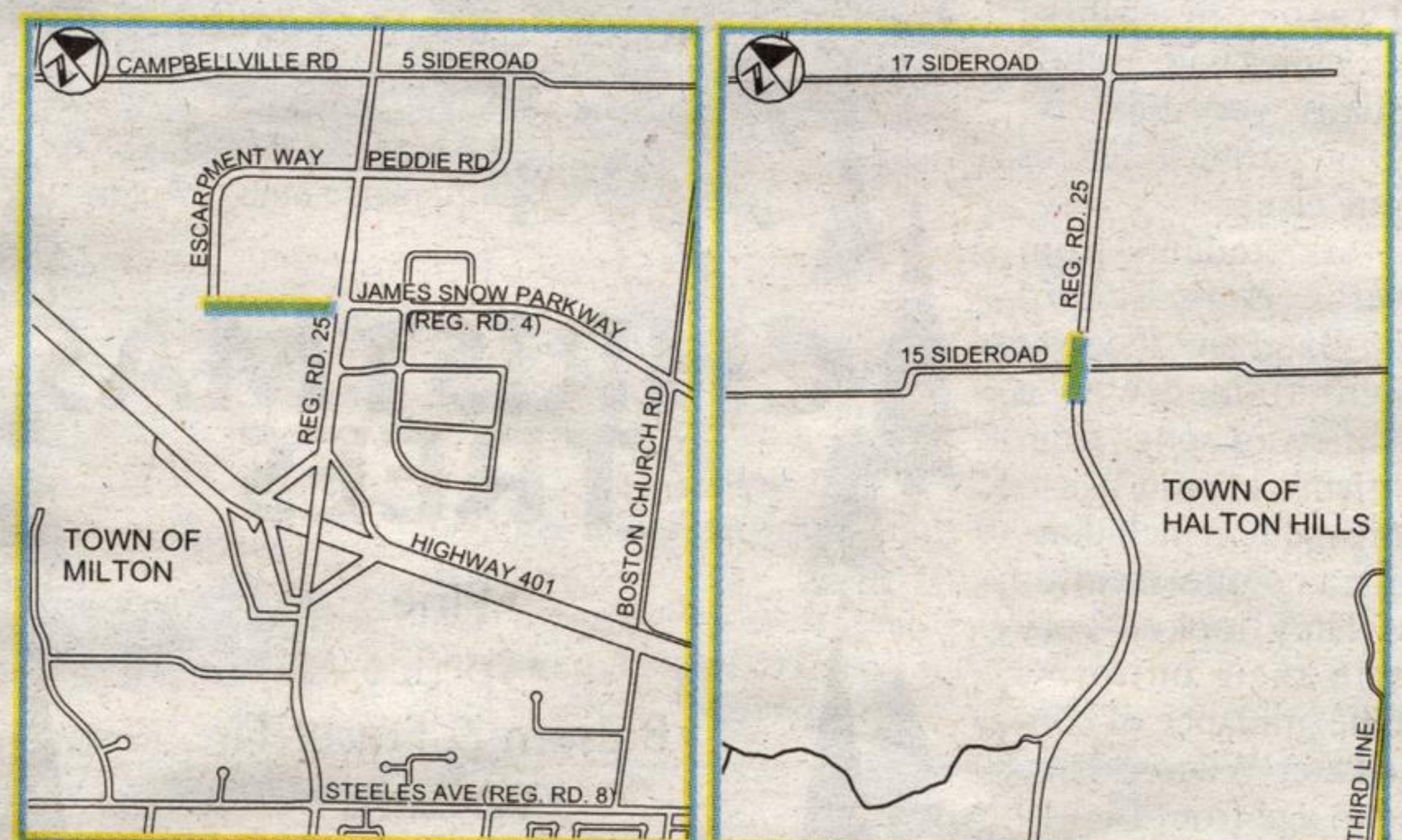
The Regional Municipality of Halton



On January 1st our NEW website address will be www.halton.ca!

NOTICE OF CONSTRUCTION

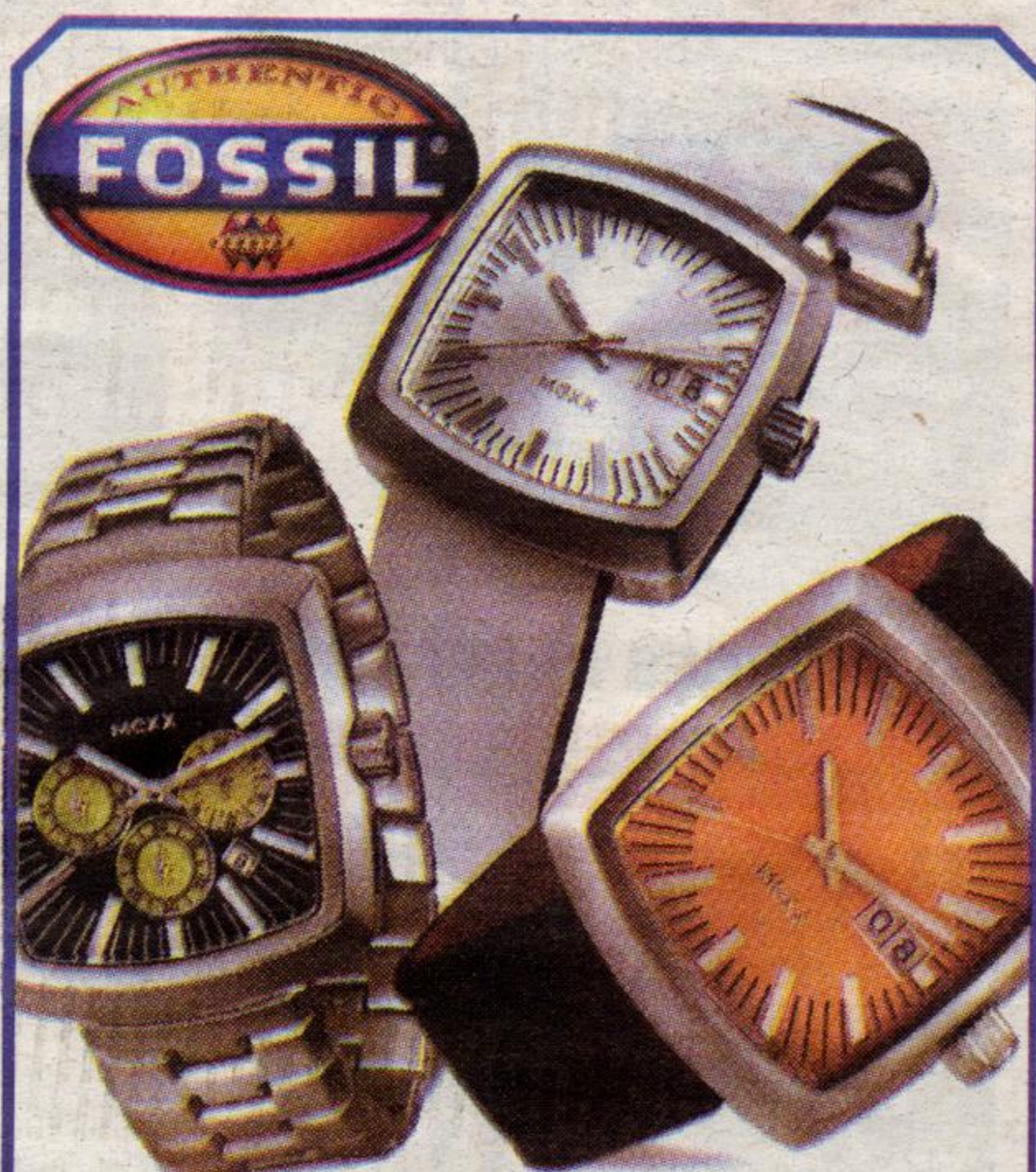
CONSTRUCTION OF JAMES SNOW PARKWAY (REGIONAL ROAD 4) FROM REGIONAL ROAD 25 TO ESCARPMENT WAY AND TRAFFIC SIGNAL INSTALLATION AT THE INTERSECTION OF REGIONAL ROAD 25 AND 15 SIDEROAD TOWN OF MILTON / HALTON HILLS



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