



Ribbon Cutting: Regional Chairman Joyce Savoline, Halton Region Social Services Committee Chair Rick Craven and Oakville Mayor Ann Mulvale cut the ribbon to officially open Post Inn Village, assisted by MP Kevin Flynn (Oakville) left, and Halton MPP Ted Chudliegh. -Submitted photo.

New Halton long-term care home opens in Oakville

A ribbon-cutting ceremony at the entrance of Post Inn Village symbolized the official opening of the Village Long Term Care Home and Oakville EMS on July 8.

"The opening of Post Inn Village answers a much-needed demand in our community for more long-term care beds," said Regional Chairman Joyce Savoline. "And, our new ambulance station is in keeping with Halton's commitment to exceed the provincially mandated response times, as outlined in the Ambulance Master Plan. The integration of the facilities onto one site is an example of how we are maximizing service efficiencies."

Halton's growing seniors' population, the province awarded the Region 128 long-term care beds in 1998. Halton transferred another 100 beds from Allendale's Martin House to create a new larger facility and to reduce the overall operation costs.

The result was Post Inn Village, which opened to residents in early January. Already, there are 213 residents and interest is high, as staff continue to provide tours on an ongoing basis.

Post Inn's sister home, Creek Way Village in Burlington is scheduled to open late 2005. Creek Way Village will add another 144 long-term care beds to the Halton Region.

Oakville North EMS Station are located adjacent to each other in the heart of the Oak Park community. Locating EMS stations and seniors' residences adjacent to each other has proven to be an effective strategy for Halton Region, Region officials say.

In addition to cost savings, the proximity of EMS allows for reduced response times when paramedics are required to attend to a medical emergency. The model has been used at Allendale Village in Milton and at Post Inn Village in Oakville and will be optimized at Creek Way Village in Burlington, where the EMS station will be built into the new long-term care home.

ACTON SENIORS' RECREATION CENTRE REPORT

By Julie Conroy



More than 25 people enjoyed the lunch at the Centre this Friday, and most stayed for the bingo after. Don't forget this Friday it will be soup and sandwich lunch plus dessert, of course. It's a great way to avoid the heat. No cooking while enjoying the companionship of friends. If you are new to Acton and don't know many people it's a great way to make new acquaintances. Everyone is very friendly.

Many of the different activities are taking a break for the summer, but people always play cards on Thursdays. You are always welcome to drop a loonie in the 50/50 box and have a little visit any time. There are lots of magazines and books to read. You can even take a book home if you wish and return it at your leisure, or sit in the lounge area and enjoy a nice glass of cold water or coffee to beat the heat.

The people who went to Niagara last week had a great time. I didn't hear of any really lucky people, but everyone seemed to enjoy it.

The next day trip planned is "Kiss Me Kate" at the Orillia Opera House; and also Casino Rama on July 27. If you are looking for a trip a little further a field, there are trips to Nova Scotia, Polar Bear Express, Quebec, and

Whale Watching. Check out the travel desk on Monday or Friday mornings for all the details.

The fundraising committee is very busy planning the Rocking Chair Marathon, and are trying to find the best chairs, that will stand up to the rigors of rocking continuously for 36 hours, while accommodating all shapes and sizes. Don't forget, if you have a celebrity, or even just

a friend you would like to see rocking away in Sobey's just let someone on the committee know. We will do our best to persuade them to participate. We hope to have lots of entertainment going on during this event.

Keep in mind the Chicken B.B.Q on Friday, September 30. Maple Lodge will be here, so we know everything will be excellent. More details to follow.

Beat heat, humidity

The extreme heat and humidity this week has again prompted the Halton Health Dept. to issue a heat alert reminding the public even short periods of high temperatures can cause serious health problems.

Those especially at risk during heat and smog related weather conditions include older adults (over 65 years), infants and young children, and those with chronic heart or lung disease, including asthma.

Anyone who experiences symptoms of heat-induced illness, such as rapid breathing, weakness or fainting, headache and/or confusion, should seek medical attention right away.

One can avoid heat related illness by staying out of the hot sun or heat, and where possible, go to air-conditioned sites (e.g. malls, community centres). Strenuous outdoor activity should also be avoided, and if possible, reschedule sports practices and jogging times. Drink lots of water and natural fruit juices (avoid alcohol, coffee, cola). Call or visit friends and neighbours who may also be at risk, the health dept. advises.

Halton Hills has named four Town buildings as "people cooling stations" including both Acton and Georgetown libraries, the arenas, the civic centre and the Gellert Centre. They are open to the public during regular business hours.

BRANCH No. 197 LEGION NEWS

By James Hayes P.R.O.

Comrades,
Last Saturday afternoon the Branch hosted the reunion of the 48th Highlanders of Canada. We had wonderful weather and excellent company. The Brass and Reed band from CFB Borden provided a most enjoyable musical interlude, assisted by Piper Mackenzie Landry who is serving with the 2nd battalion RCR at CFB Gagetown.

President Wes Kutasienski wishes to thank the following for their help in making the afternoon memorable for our guests: Flo Weatherbie, Loesje Kutasienski, Janet Grant, Tara Ferguson, Linda

Thomas, Rick Seddon, Bren Irwin, Jesse Forest, Barry McNabb, Tom Grant, Leo Lahey, Bob Service and Greg Creole.

This coming Saturday afternoon we will be hosting the annual visit of the Royal Canadian Dragoons; come on down and enjoy their company.

On Saturday, July 23 Ronnie & the Corvairs will be playing for our enjoyment from 2 to 6p.m., Why not come down to dance or relax?

Yours in comradeship.

Ladies Auxiliary Notes: Ladies, this is final notice for you to pay Sue

Poulsen \$5 to hold your seat for Stage West for the December show of Grease. Sue must know you are attending by July 22 cut off because she is reserving the tickets. The ladies who have not paid Sue by this date will not be able to attend. Balance of the monies is due at the October General Meeting.

Sunday, July 17 St Jacob's Market trip - bus leaves Legion at 9:30.

Both of the above events are for Legion Ladies Auxiliary members only!!

Yours in Comradeship,
Peggy Harris, President



SUMMER FUN: The duo of Smudge Fundaes - Betty Book and Penny Pencil - entertained an appreciative crowd of book lovers at the Acton library on Saturday. -Frances Niblock photo

SHOPPERS DRUG MART

Harry Potter
Midnight Madness



Christmas in July

Acton ONLY

Friday July 15th

MOST SPECIALS
START AT 10:00PM
OPEN UNTIL 12:30AM

Harry Potter

and the Half Blood Prince

Book release at
Midnight

Great Specials

POKER SETS \$34.99	KRAFT BBQ SAUCE \$1.99	CHRISTMAS BOWS & WRAP
BOUNTY PAPER TOWEL 2 ROLL \$1.99	COSMETIC & FRAGRANCE SPECIALS	ICE \$1.49
LOTS OF OTHER IN-STORE SPECIALS		

Christmas in July Midnight Sale. Daytime Specials Also Only while supplies last. No rainchecks.

Pay it your way



Hours:
Mon-Sat- 8am -10pm
Sun -10am-10pm

SHOPPERS DRUG MART

252 Queen St. Acton
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