

CRUISE ALASKA THIS JULY FROM \$1779!

Alaska this summer!

Weekly Sunday Sailings until Sept. 18, 2005 7 Nights -Sawyer Glacier

Itinerary: Vancouver, Cruise the Inside Passage, Ketchikan, Juneau, Cruise Sawyer Glacier, Skagway, Wrangell, Cruise the Inside Passage, Vancouver

Rates include: Airfare from Toronto•
Onboard Meals• Cruise
Accommodation• Transfers & Port
Charges • All in CAD \$

Program for a limited time. Rates are based in specific cabin categories and sailing dates as indicated. All rates are per person based on double occupancy for new bookings only. Pre and post accommodations when required due to flight schedules are an additional cost. Rates are not valid with any other offer and are subject to availability and change, at time of booking. Other sailing dates and categories are available at varying prices. For full terms and conditions refer to Transat Holidays'2004-2006 cruise brochure. Ont Reg., No. 50009486.



519-853-1553 1-888-833-8953 FAX: 519-853-1559 379 Queen St. Acton ON 17J 2N2

"Best Price, Best Service Since 1972"

BRANCH LEGION NEWS NO. 197 By James Hayes P.R.O.

Comrades,

The reason Ren and Jerry put the Year of the Veteran banners up so quickly on Mill Street last week was because they had four helpers who I managed not to see as I drove down the street with blinkers on. My apologies and our thanks to comrades John and Sherry McNabb, Josey Bonnette and Clark Somerville.

June 4 will soon be upon us; it's Rama and Stirling Silver Steak day. Entertainment as well, all for \$20. Don't delay get your name down today.

Sunday, June 5 is a busy day for Branch 197 members and the community starting at 9a.m. at Fairview Cemetery for grave decorating. The true sign of Spring.

If you are not into kneeling on damp grass, how about the hard floor at the Branch? Comrade Keith Andrews will need some help from all you good members to refinish the auditorium floor. If you have no experience, ask Keith.

On Sunday, June 12 Membership Chairman John Wagg has organized an Honours and Awards afternoon. The Branch will be open from 12pm until 6p.m. The ceremony will start at 2p.m.

LADIES AUXILIARY NOTES:

Next General Meeting Thursday, June 2. Don't forget this is Pot Luck night starting at 6p.m. and eating at 6:30 followed by the general meeting at 7:30. Bring your favourite dish!

Sunday, June 5 Decoration Day at 9a.m. please come to the cemetery to plant geraniums in memory of our past comrades. Saturday, June 11, Acton is hosting Qualifying Round for District Euchre. Call Marg Bromby to sign up; also don't forget to bring your items for the prize table for Euchre to the general meeting. We would like every member to at least bring one item, so we can have a large prize table.

Saturday, June 25 is the Vets' parade in Acton and the Branch and I would like as many LA members as possible to join in the parade to celebrate the year of the Veteran.

We have a change regarding the banquet convener (person who calls ACTON 1945 ASOOS REVERIBERS

Six members of the Acton Branch of the Royal Canadian Legion put these banners up in downtown Acton.

the cooks). It will now be Annamarie Lowin' call her if you would like to cook

at a banquet.

Yours in Comradeship,
Peggy Harris, President.

Concerns over blood donors...

Continued from page 3

dropped to the mid-60s in recent years. Numbers have started to increase for the past few clinics.

She said at the time, people complained that the questions on the pre-donation form were becoming too personal, and that it was taking too long to donate, sometimes as long as two hours when they were busy. The goal is one hour, which they now meet on a consistent

basis, and in fact donors were in and out of the last Acton clinic in less than 45 minutes.

To book an appointment to donate blood at the June 9 Acton clinic, which runs from 4 to 8 p.m. call 1-888-236-6283.

Many donors are on a call list and are contacted by a call centre approximately a week before a clinic and asked if they would like to book an ap-

pointment. If they can't, they still can walk in to the clinic to see if there is a later appointment opening available.

All new donators must book appointments as well, and this will also save time Roehrig said, as new blood donors might not know that they can't give blood if they've had their teeth cleaned within two days of the clinic, or are taking certain medications or have had certain

diseases.

Donors who give blood at the June 9 clinic at the Acton Legion are marking a special occasion – the Senate declared the second week in June as National Blood Donor Week to thank those who donate and to draw attention to the fact that while every donation of blood can save the lives of three people, fewer than four per cent of Canadians give blood every year.

