



SWEET SONGS: Volunteers at Robert Little School were treated to a special performance of the combined choirs of Limehouse and Robert Little schools, under the direction of Martine Fornoville (left) and June Tribe (right) at an appreciation luncheon on Friday. — Frances Niblock photo

Acton school joins fitness challenge

The Canadian Association for Health, Physical Education, Recreation and Dance is hosting the SpecTAGular National School Challenge on May 26th 2005. Our goal is to get 225,000 participants playing tag simultaneously for 30 minutes on that day. To date, Acton's Robert Little Public School is the only school to have registered for the SpecTAGular National School Challenge in Acton.

More than 65,000 participants from over 230 schools across Canada have registered to date for the SpecTAGular National School Challenge.

SpecTAGular, which is hosted by the Canadian Association for Health, Physical Education, Recreation and Dance (CAHPERD), is a nation-wide challenge to play a massive game of tag. CAHPERD is inviting all schools across the country to take part in the challenge, to help us reach our goal of 225,000 participants playing tag simultaneously for a minimum of 30 minutes of continuous play.

SpecTAGular is being celebrated as part of the 2005 International Year of Sport and Physical Education. The challenge, which will get Canadian children and youth moving through fun filled physical activity, is part of CAHPERD's "Keep the Physical in Education"

Spring Week, May 23-27th, 2005.

CAHPERD has developed a realm of tag type games and teacher support materials to make it as easy as possible for schools to participate. "Our online SpecTAGular registration will make it easy to track how many schools are becoming involved, and will connect media to participating schools in their community," says Andrea Grantham, CAHPERD Director of Communications and Operations. "All schools will receive participation certificates and will be entered into a draw for great prizes. Students are also being encouraged to create their own tag games that may also see their awarding of prizes."

In November 2003, the United Nations passed a resolution to declare 2005 as the International Year of Sport and Physical Education. CAHPERD is taking the lead in Canada to ensure that schools across the country are informed and have the opportunity to celebrate this important year. Through ongoing programs, activities and events CAHPERD hopes that quality physical education programs will be a regular part of all schools across Canada. Physical Education provides the foundation of what our children need to be physically active.

Watch for us at the Dudley Hewitt Cup! Fill out the ballot for a chance to win \$450 Free Gas + \$5000 Shoot for the Loot at every game! CHECK OUT THE SPECTRA 5 TARGA RALLY CAR ON DISPLAY IN THE SPIRIT ROOM

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Savoline Hon. Chair of Food for Thought

Halton Regional Chairman Joyce Savoline was welcomed as the new Honourary Chair of the Halton Food for Thought Community Partners Program at last Thursday's Robert Bateman Breakfast Event held to celebrate the success of recent school nourishment programs.

The Food for Thought program aims to improve learning by providing breakfast, snacks and nutrition education to children and youth attending participating schools in the Halton region.

"We know that to fuel the mind, we must first fuel the body," said Regional Chairman Joyce Savoline. "It is our responsibility, as members of the Halton community to become engaged and involved with this program and help fuel our students' learning. The rewards for partnership will be seen in years to come, as today's students become tomorrow's workforce."

The need for the Food for Thought program was determined after the National Child Hunger Survey found that 42 per cent of Canadian children attend school without eating a nutritious breakfast.

In Halton, there are 29 Food



Joyce Savoline

for Thought programs that ensure school-aged children get the nutrition they need to improve learning and achieve their goals. The program, a partnership between public health, education, business and community agencies, needs support to continue to provide this essential service for Halton's children.

If you would like to make a financial contribution, food donation, volunteer or join the Halton Food For Thought Partnership Committee, please contact the Food for Thought coordinator at 905-845-5597 ext. 201 or e-mail foodforthought@cogeco.ca