TV & VCR REPAIRS All Models. Also Microwaves, Stereos & Cameras

873-1820

J.J. ELECTRONICS **SERVICE CALLS**

AVAILABLE

G&S EXCAVATING LTD. Division of 774371 Ontario LTD

GREG & SANDY



Snow Plowing & Removal - Licensed Septic Systems - Top Soil - Sand & Gravel - Ponds-Basements/ Foundations

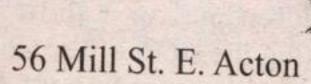
FREE ESTIMATES

RR # 2 Acton ON L7J 2L8

Tel: 519-853-2515 Fax: 519-853-1490

Professional design and printing.

Tel. (519) 853-5615 Fax.(519) 853-5731



Garage Door Works



Ken Marttala **Free Estimates** Sales, Service & Installation Residential, Commercial Overhead Doors & Openers

(519) 856-9955 Toll Free (877) 856-9955



254 Main St. N Acton, ON. L7J 1W9

Tel (519) 853-3410 Fax (519) 853-5052





24 Hour Service

- Flatbed Service
- Lockout Service
- Boosting & Gas

853-5848

Bowen Therapy ...

... uses gentle rolling moves over muscles and tissue to reset the body's structure and trigger the body's ability to heal itself.

WHAT CAN BOWEN THERAPY TREAT?

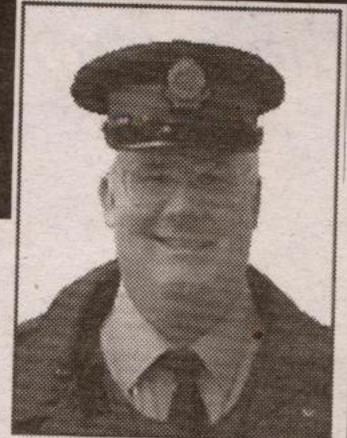
Shoulders Tennis Elbow Migraine

Bronchitis Hay Fever Digestive

Infertility Menopause Chronic Fatigue Earaches Bedwetting

Liz Corbett Certified Bowen Practitioner 905-877-2048 www.cicleofinnerwisdom.ca CONSTABLE GEORGE'S CORNER

With Village Constable Garry George



Power of Attorney Commonly asked questions

You can name the same person as your attorney for both types of Power of Attorney, or you can name different people.

When does a Power of Attorney for Personal Care take effect?

It takes effect only if you become mentally incapable of making some or all of your personal care decisions. (A Continuing Power of Attorney for Property, on the other hand comes into effect as soon as it is signed and witnessed, unless you state otherwise.)

Who would decide that I'm incapable of making personal care decisions?

It depends on the situation. In most cases, your attorney would decide this unless you name someone else in you Power of Attorney to "confirm" your incapacity.

If you do this, your attorney cannot start making personal care decisions for you until that other person confirms that you are incapable of making decisions. If your Attorney thinks you may be incapable, they must arrange for the appropriate person to assess you and confirm your incapacity.

Who can I name to confirm my mental incapacity?

You can name your family doctor, another health professional, even a personal friend to confirm your incapacity. Or you can specify a certain kind of professional: a social worker, psychologist, or nurse, for example.

Can anyone else decide that I am mentally incapable of making personal care decisions? Yes. Sometimes the decision that you are mentally incapable is not up to your attorney or anyone you name. This is true in situations concerning your:

*health treatment

*admission to a long-term care facility, or *need for personal assistance services (bathing and eating for example) while in a long-term care facility.

> Next week- More questions and answers

DOLLIVER SURVEYING INC

Land Information Services

54 Mill St. E. 853-2502



web: www.dolliver.com E-mail: surveys@dolliver.com

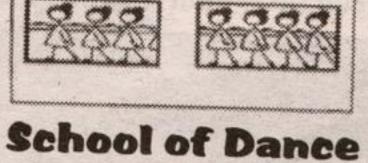
Braida & Henry

BARRISTERS & SOLICITORS

Serving the Community for over 40 Years

> 67 Mill Street East Acton 853-1160

The Dance Inn



853-8628

12 Wallace St. Acton www.the-dance-inn.com



Lessons for Life! Georgetown

905-877-3163 Guelph

519-826-5365 www.oxfordlearning.com

R&R COMPANY

•Garage Doors • Electric Openers • Windows • **Entrance Doors • Storm** Doors • Patio Doors

SALES, SERVICE & INSTALLATION

519-853-2114

NELLIS CONSTRUCTION LIMITED

ROAD BUILDING EARTH MOVING



R.R. #1 Acton 853-0960

BEATON ROOFING SERVING ACTON FOR 20 YEARS





- · Flat Roofs
- Skylights
- Asphalt Shingles

2. Acton Blvd. form McDonald

Spruce (Ballentine Homes)

(519) 856-9784



birds?

It's known that some



Comrades;

The Halton Hills Candlelight Tribute committee is in the process of organizing a similar event as last year. They will be contacting all four Acton schools, and invite all students who wish to attend. This year the Tribute will be held on Thursday, May 5. Notices will be published in the local papers and in the schools.

Comrade Joyce Buchanan reports the Branch telephone calling list is up to date, and has been mailed to 28 members; she hopes they will be able to participate as in the past. If you feel you are unable to manage this small task, please return the list to the bar at the Branch.

The telephone calling list is a very effective way of advising members quickly of the passing of our members, your participation is required to make it work.

The Branch will be visiting the veterans' wing at Sunnybrook Hospital in Toronto, on Sunday, February 13. The bus will be leaving the Branch at 12:45 pm., and a sign-up sheet has been posted in the Branch.

On Saturday, February 12 we will be holding a Valentine's dance in the auditorium from 9 p.m.-1 a.m. live entertainment by "Mid Life Crisis" Tickets \$10 each

Sports.

We have two members going to Provincial Bowling. Anne Marie Lowin and Carl Fisker won the Seniors Doubles in Georgetown last Saturday. Well done.

Provincial Curling, at press time we have no results from our senior team who are playing in Forest, Ontario

On February 5 this Saturday, the Branch is hosting

District Cribbage. We have two teams participating good luck...

We will be having a Supe Bowl party on Sunday, Feb ruary 6, come on down an watch the game on Marcel big screen TV. Chili and bun will be available for \$2. The Branch will be ope from 4-11 p.m.

We have a date for th second annual Chili Cook Off; it's Saturday Februar 26. Remember the fun w had last year?

A trip to Rama has been planned for March 5, 2005 get your name in early for the bus.

LADIES' AUXILIARY NOTES:

The ladies would like to thank the Branch for their Ladies Appreciation Night. Thank you to the men in the kitchen who prepared the meal and also the men who served and the lady bartenders. It was an enjoyable evening for the LA.

The Honours and Awards Committee presented service pins as follows:

40 year pin to Gwen Dawe and Joan Taylor, 30 year pin to Anne Drysdale, Carol Norton accepted her mother's 30 year pin (Edna Graham), and 25 year pin to Kathy Verbeek. Some of these members were unable to attend but Fern will see they get their pins.

A Certificate of Merit was given to Maxine Burton.

Zone Euchre being held in Milton February 5, Zone Darts in Georgetown, February 12, Visit to Sunnybrook to see the Vets Sunday, February 13, Zone Cribbage Cooksville, February 19th.

Next General Meeting: Tonight: Thursday, February 3 at 7:30.

Yours in Comradeship, LA President Peggy Harris

Local people spot lots of robins

Who has spotted the first robins, long considered a real harbinger of an early spring? Mr. and Mrs. Bill Patter-

son spotted two red breasted robins at their home on Crewson Line, west of Acton, on Sunday, Jan. 30 about 10:40 a.m.

Meanwhile eight members of the Acton Seniors hiking club enjoying a trek through the Rockwood Conservation Area on Friday, Jan. 28, said they saw a flock of at least nine robins in the park.

Proof? Eileen Dix took some photos of the birds.

Early spring or mixed-up

robins miss the annual migration south. They stick



around for the winter, usually when they can perch in a sheltered spot and are assured of a daily food supply. However, they are few and far between, so perhaps the Patterson and seniors sightings of the rare birds is a harbinger of an early spring.



is looking for carriers

for these local routes... 1.Lasby Lane and Churchill from Lasby to McDonald

> 3. Park Ave. Lake Ave.

Knox Ave. Mill St. E. from Victoria to the lights

Call Marie at 853-0051 or in the evenings

at 853-1779

The first of the second of the