

Area Whole Circle Farm part of diversified ecosystem...

Continued from page 11
 example, Queen Anne's Lace indicates low soil fertility. Rather than attacking the weed, Johann addresses the soil condition and in this case would add fertilizer in the forms of manure and compost.

There are also nine different herbal preparations that help the soil achieve and maintain a healthy balance.

Passing the knowledge
 Johann and Maggie are passing their knowledge onto others. They participate in two programs.

One is CRAFT Ontario (Collaborative Regional Alliance for Farmer Training). Through this program, "interns" live and work on the farm learning sustainable practices. The other program, WWOOF (World

Wide Opportunities on Organic Farms) allows travellers from all over the world to experience Canada and organic farming by exchanging help for room and board. The couple is also participating in the Guelph Organic Confer-

ence at the University of Guelph from January 20 to 23 and all welcome people to visit them at their booth. More information on the conference is available by visiting www.guelphorganicconf.ca.

Whole Circle Farm sells its produce, meat and eggs in a variety of ways. They have a self-serve store in their 150 year-old original barn, from Rockwood, head east on Harris St. for about 5 kms. From Acton, go to RR#3. Visitors are always welcome. The farm supplies Tanners Restaurant in Acton, and sell at the Georgetown Farmers' Market. They also participate in the Halton Region Good Food Box program offering Halton

residents increased access to fresh fruit and vegetables. The target market is low-income families but the program is available to all residents.

For information, contact Brenda Moher at 905-634-8645 or e-mail gmf@stchristophersburlington.com. They are starting a CSA program (Community Supported Agriculture) through which the public can buy shares and receive a weekly box of organic produce, meat and eggs. For information, call Alexandra at 519-829-5289 or e-mail wholecirclefarm@gt.on.ca.

To contact Whole Circle Farm call 519-856-1384 or e-mail earth1st@golden.net.

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Skating on Thin Ice
 Acton is fortunate in having streams, ponds and Fairy Lake, all within a short walking distance of our local neighbourhoods. These areas provide year round enjoyment for outdoors enthusiasts.

Now that winter has a firm grip on the landscape most people assume that Acton's rivers and streams are solidly frozen over. I want to remind everyone that the formation of ice depends on what's happening above, and below, the ice surface. Just because the ice looks safe or you saw someone walking on it yesterday, doesn't mean it's still safe to walk on today. It's important to remember that ice conditions can change dramatically, over a very short period of time. We've all seen people playing "Shinny" hockey or taking a shortcut across the ice. If you choose to get out onto the ice... be prepared, in case you find yourself skating on thin ice.

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CERTIFICATES OF MERIT: Kaitlyn Thompson, left, and Janet Hoskin both received Karate College Certificates of Merit recently. - Submitted photo

Karate students get certificates of Merit

Classic Karate students Kaitlyn Thompson and Janet Hoskin have received Karate College Certificates of Merit. The certificates were awarded for superior performances in their respective programs during a recent belt test. "They both have well deserved reputations for enthusiasm and hard work. Kaitlyn's mother reports that she displays much more initiative at home since she began training with us," says Head Instructor D.R. macGregor.

"Thanks to Classic Karate I've become more focused, fit and energetic. Who would have thought that at 38 years old, I'd be aiming for my Black Belt!" said Ms. Hoskin. Kaitlyn Thompson, 10, was the top junior candidate. "Since I started taking Karate I have found my self-confidence has improved and I feel safer. I think that my physical abilities have also improved; which makes me feel good about myself."

Toronto man dies in car/truck crash

A car/truck collision on Regional Rd. 25 (formerly 25 Hwy.) on Wednesday, January 12 at about 12:10 p.m. resulted in the death of a Toronto man driving north on 25, just north of St. Helena Rd. in Halton Hills and south of Speyside. Halton Police said the victim was operating a 1999 Saab and lost control while attempting to pass other vehicles. He veered into the southbound lanewhere he collided with a southbound tractor trailer. Death was instantaneous. The truck driver, a 41-year-old Milton man, was not injured. The Halton Regional Traffic Bureau was called in and closed 25 between 10 and 15 Side Roads for 5 1/2 hours while an investigation was conducted. Any witnesses to the collision are being asked to call Det. Cst. Paul Davies at (905) 825-4899 ext. 5202 or Det. Cst. Mark Freeman ext. 5056. The name of the deceased was not released pending notification of kin, police said.