

PRICES EFFECTIVE FROM SATURDAY, JAN. 22, 2005 TO FRIDAY JAN. 28, 2005

# HEY ACTON

**Sobeys**  
Ready to serve.  
We Serve. You Save. Every day. Every store.

At Acton get it or you get it FREE\* guaranteed.

**BACON** Save up to **\$2.50** **2.99**

Schmeiders Bacon (Regular, Salted, Cut or Thick, 300g)

**Premium Fine Red or Green Seedless Grapes** (Available in 10lb or 25lb quantities, 2.20/lb)

**1.47** lb.

We've got it or you get it FREE\* guaranteed.

**Boneless Eye of Round Oven Roast** (Cut from Canadian Beef or Higher, 6.50/lb)

Save up to **\$2.50** **2.99** lb.

We've got it or you get it FREE\* guaranteed.

**Tide Ultra Liquid Laundry Detergent** (Regular Scent or Mountain Spring, 2 Litres, 2.20/l)

**5.99**

We've got it or you get it FREE\* guaranteed.

**Kraft Cracker Barrel** (Mild or Bold, 400g)

**4.77**

Kraft Cracker Barrel Cheese (Selected, 400g) (Older Retailer \$5.49)

**Canada Blooms**  
THE TORONTO FLORIST AND GARDEN SHOW

**MARCH 9-13, 2005**

Metro Toronto Convention Centre, South Open:  
Wed-Sat 10am-9pm  
Sun 10am-6pm  
Tickets Available online at [www.canadablooms.com](http://www.canadablooms.com) and at Sobeys Ontario Stores

**Large Size Head Lettuce** (Product of U.S.A., No.1 Grade)

**.99**

**Chips Ahoy!** (Made with Real Chocolate Chips, 300-350g)

**1.99**

**RITZ** (Ritz, Ritz Bits, Mint Ritz, Scuba or Rice Crackers, 100-250g, Selected)

**Habitant Soup** (Selected, 796 ml)

**.99**

Habitant (Vegetarian Soup or Beans with Ham Soup)

**Always Pads or Pantliners** (Pkg. of 12-60 or Tampax Tampons Pkg. of 18-20, Selected)

**2.97**

**Lay's Potato Chips** (345-370g or Doritos Snacks 300g, Selected)

**2/5.00**

**McCain Pizza Première** (Selected, Frozen, 665-743g)

**3.99**

**Heinz Beans or Pasta** (Selected, 398 ml)

**.69**

CHECK OUT THESE GREAT WINTER BARGAINS TO SAVE SAVE SAVE

## HEY ACTON HAVE YOU HEARD THE NEWS?

The 2005 Transformation Challenge is now accepting entries. Make a healthy lifestyle change and win big money.

FIRST PRIZE IS \$600  
SECOND PRIZE \$300  
THIRD PRIZE \$100

The \$100 entry fee (Early Bird Special \$90) include newsletter, training & diet suggestions, info and so much more.

Call 519-853-3165 for more details

**COME ALIVE IN 2005**



Bill Graham & Elizabeth Green Franchisees, Sobeys Acton

# Sobeys

Ready to serve

Acton Market Place Plaza  
372 Queen St. E.  
853-1960  
Open 24 hours (except Holidays)



Remember At Acton's Sobeys, We Are Always "READY TO SERVE"

We've got it or you get it **FREE\*** guaranteed.

No one else does this for you. Only Sobeys does. \*see store for details