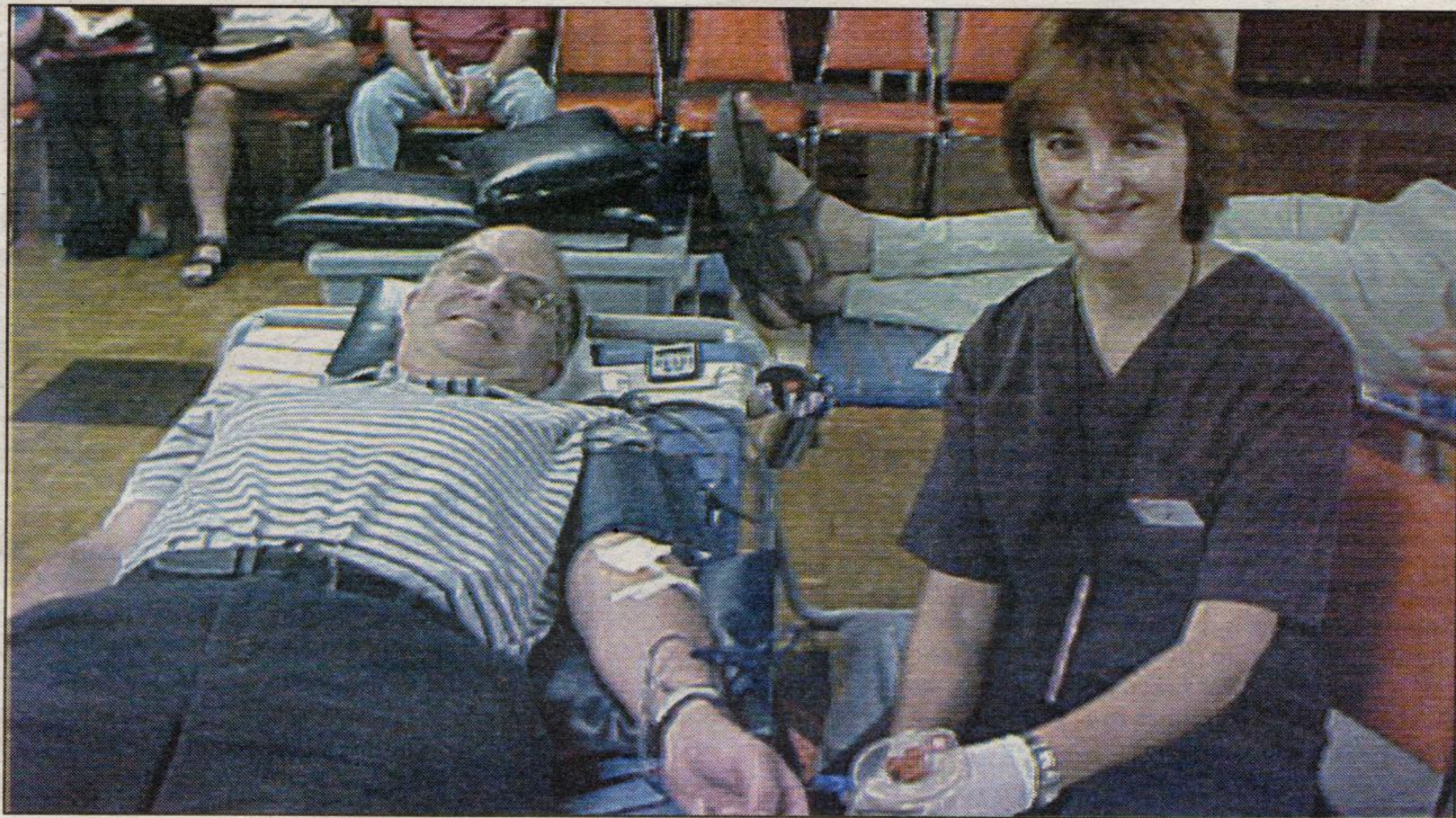


**School starts again
on September 7th -
Only 20 more days**

Buck & Doe
for Cheryl Burt & Rob Fletcher

Saturday, August 21, 2004
9:00 p.m. - 1:00 a.m.
Erin Fairgrounds

\$8 in Advance or \$10 at door
• D.J • Prizes • Buffet Provided
For Advanced Tickets Call (519) 855-4689



55 ALIVE: Bob Jeffries marked his 55th time donating blood at last Thursday's Blood Donor Clinic at the Acton Legion. Nurse, Senka Petrovacki, attended to Bob's donation. - Angela Tyler photo

LEGION NEWS BRANCH
No. 197

By James Hayes
Public Relations Officer

Comrades:

The entertainment and catering crew are having the afternoon off this Saturday, a perfect opportunity for you to come down to the Branch and socialize. We will, of course, be having the meat draw starting at 4:30pm; come in early and get your tickets.

The Wings will be available as usual this evening, (Thursday). I have noticed they are selling out earlier every week, so don't be late tonight.

By now you should be aware of the Steak Fest on Saturday, August 28 at the Branch. All the details are posted, and tickets are available at the bar and at Acton Sobeys.

The Fall Fair is coming up fast, Steve Dunn will be entertaining us at the Branch when we are all Faired Out; come on down.

Larry McAfee is looking for help to replace the ceiling tiles in the clubroom on Sunday, August 29; can you spare a couple of hours? It's your Branch, or are you just a taker?

Sports: The Thursday night horseshoes is getting more popular, good company and good sports, why not give it a try?

Special thanks to Branch member Keith Perkins for reconstructing the fireplace on the patio. It was a delight to watch him work.

Yours in comradeship.

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TREATMENT AGAINST HEAD LICE!

Need a solution to a head-scratching problem? Now that school is starting again, the problem of head lice seems to pop up again. We sure don't like to see our children miss school because of this annoying problem.

There are a few different things you can do. Tea Tree Therapy Shampoo is widely used both in Australia and overseas as a safe and effective treatment against head lice and nits. In cases of heavy lice infestation simply add 20 drops of pure Tea Tree Oil to the dispensed quality of shampoo required for one hair wash.

Regular washing with Tea Tree Shampoo is essential to prevent re-infestation with lice from the home, school or work. Or try the 'LICE STOP' kit it is safe and natural. The kit includes a metal nit comb and the solutions needed.

Visit us every last Wednesday of the month for our customer appreciation day. A 10% discount applies to all in-store, regular priced items!



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