

PRICES EFFECTIVE FROM SATURDAY, AUGUST 21, 2004 TO FRIDAY AUGUST 27, 2004

**Sobeys**  
Ready to serve.

We Serve. You Save. Every day. Every week.

FRESH  
BROCCOLI OR  
CAULIFLOWER  
Product of Ontario,  
Canada No.1

**.77**

BONELESS INSIDE  
BLADE POT ROAST  
Cut from Canada grade  
AA Beef or higher 4.39kg

**1.99**  
lb.

Half Price

FREE  
Freezer bag  
with each  
package

Fresh Value  
Pack Pork Loin  
Tenderloin 8.80kg

**3.99**  
lb.

Neilson, Sealtest or  
Parmalat Chocolate  
Milk or Buttermilk 1l.

**1.00**

233g  
7.5oz  
CLOVER  
LEAF  
SOCKEYE SALMON  
RED PACIFIC

233g  
7.5oz  
CLOVER  
LEAF  
SOCKEYE SALMON

Half Price

**1.49**

LIMIT 6

HEY ACTON! These are unbelievable prices!  
Come in and shop these Early Bird Back to  
School Savings!



Deli Prepared Wraps Selected

**2.99**



Lean Cuisine  
Frozen Entrees Selected,  
196-340g

**2/5.00**



Frito Lay Variety  
Pack Snacks  
18x28g

**5.99**



Our Compliments®  
Chicken Nuggets or  
Strips

Breaded white breast meat, frozen,  
907g

**4.99**



General Mills  
Cereal

Cinnamon Toast Crunch, Lucky  
Charms, Reese Peanut Butter Puffs  
or Nestle Quik Cereal 400g, Golden  
Grahams 385g, Honey Nut Chex  
430g or French Toast Crunch 425g

**2.99**



Dare Cookies  
300-350g or Breton  
Crackers 200-250g, Selected

**1.99**



KRAFT PEANUT BUTTER  
Selected 750g-1kg

**2.99**

HEY ACTON COME ON OUT TO THE FIRST ANNUAL  
ACTON SOBEYS AND ACTON LEGION

**STERLING SILVER  
STEAK FEST**

At the

**ACTON LEGION BRANCH #197**

**Saturday August 28, 2004**

**2:00pm to 8:00pm - \$10.00 per person**

Dinner served from 6:00pm to 8:00pm / Dinner includes: Sterling Silver Striploin Steak,  
Baked Potato, Caesar Salad, Vegetables, Dinner Rolls dessert and all the fixings

ENJOY LIVE MUSIC BY

**Joe Tuckers Maritime Country Band**

EVERYONE IS WELCOME  
Free Hot dogs for the kids!  
Tickets are available at the  
Acton Legion 853-0910  
or Acton Sobeys 853-1960



**ACTON SOBEYS GOSSIP:**

HEY ACTON!

Don't forget our  
Sterling Silver Steak  
Fest. Tickets are  
available at Acton  
Legion and Acton  
Sobeys. You must  
have a ticket to attend  
the dinner so  
BUY YOURS  
TODAY!



Bill Graham & Elizabeth Green  
Franchisees, Sobeys Acton

**Sobeys**  
Ready to serve

Acton Market  
Place Plaza  
372 Queen St. E.  
853-1960  
Open 24 hours  
(except Holidays)



Remember At Acton's Sobeys, We Are  
Always  
"READY TO SERVE"

We've got it or you get it

**FREE\*** guaranteed.

No one else does this for you. Only Sobeys does.

\*see store for details