



BOARD SET: Members of the Wellington-Halton Hills Liberal Association have chosen the directors and executive to get the new federal riding association off and running. That executive is Front Row (l. to r.) George Pinkney, Joanne Heath, Treasurer Jerry Ford, Olive Carrick, Carol Lawson, membership Deborah Sutherland, and Deb Bodiam. Back Row (l. to r.) Tom Forestell, Pat McCarthy, Solomon Tancoo, president John McCluskey, vice-president Don Heath, Fraser Robin, Mark Rowe and Jim Warrington. Absent from the photo were Wanda Bick, John Morris and Gary Nelson. - Maggie Petrushevsky photo

Liberal elect executive for Wellington/Halton Hills

BY MAGGIE PETRUSHEVSKY
The New Tanner

While they may have brought out only half the supporters the Conservatives drew earlier this winter, the Liberals are also established now for the new federal riding of Wellington-Halton Hills.

The Liberals met in Rockmosa on Friday to adopt their constitution and elect their executive and 16 member board of directors in preparation for the expected federal election. They are still looking for a secretary and may add another couple of directors at a later date.

The slate presented by meeting organizers was equally divided between members representing both geographic sections of the riding.

The two men vying for the

Liberal nomination in the new riding attended to speak briefly to party members.

Former owner of a Halton Hills travel agency now living in Erin, Bruce Hood pointed to his time heading up the air travel complaints commission as providing him with experience preparatory to serving the area's constituents.

Gary Zmlak, a Halton resident living south of Rockwood, "shares the concerns of the farming community", wants to see more attention focused on education, employment and environmental issues and points to years of crusading for seniors and the disabled as reasons why he could suitably represent area constituents.

Party members will hold their nomination meeting in Rockwood's Centennial school at 8 p.m. on March 10.

Dog licensing a loser

Increases in a canine control contract and an absent staff member spelled a "double whammy" for the Town's dog licensing program last year that generated a lot less revenue than expected.

Ward Two Councillor Jane Fogal asked why staff decreased the expected dog licence revenue to \$81,000 from \$94,000 during recent operating budget talks and was told revenues have been dropping from a high of \$112,000 in 2000, mainly because a staff member was off on long-term disability.

"It seems like a lot of money to lose when we have somebody off and you have to wonder if we should have our staff doing this (licensing dogs) if they

TOWN DIGEST

could pay for themselves," Fogal said.

Henry Tse, the Town's director of building zoning and enforcement said many people don't licence their dogs unless staff is diligent about "chasing" dog owners to get them to licence their pets. He estimates there are about 1,000 dogs that need to have their licence renewed, adding it is "a lot of effort" to chase people for the \$30 renewal fee. There are approximately 5,000 dogs registered with the Town.

When Regional Wards One and Two Councillor Clark Somerville questioned a 23 per cent

increase in the Town's canine control budget this year - to \$73,400 from \$59,400, Tse said it was partly due to the decrease in revenue and partly due to increased contract costs to run the Town's dog kennel.

Taking a Bite Out of Childhood Obesity

Canada's physiotherapists are concerned that a growing epidemic of childhood obesity will result in a new generation of Canadians facing ongoing health problems and chronic disorders. Last fall, Statistics Canada reported that 37% of Canadian children aged 2 to 11 are overweight.

Along with increased risk of heart disease, diabetes, and other medical disorders, obese people can develop musculoskeletal problems as a result of their increased body weight. Excess weight puts stress on the weight-bearing joints, such as the hips, knees, spine, and ankles.

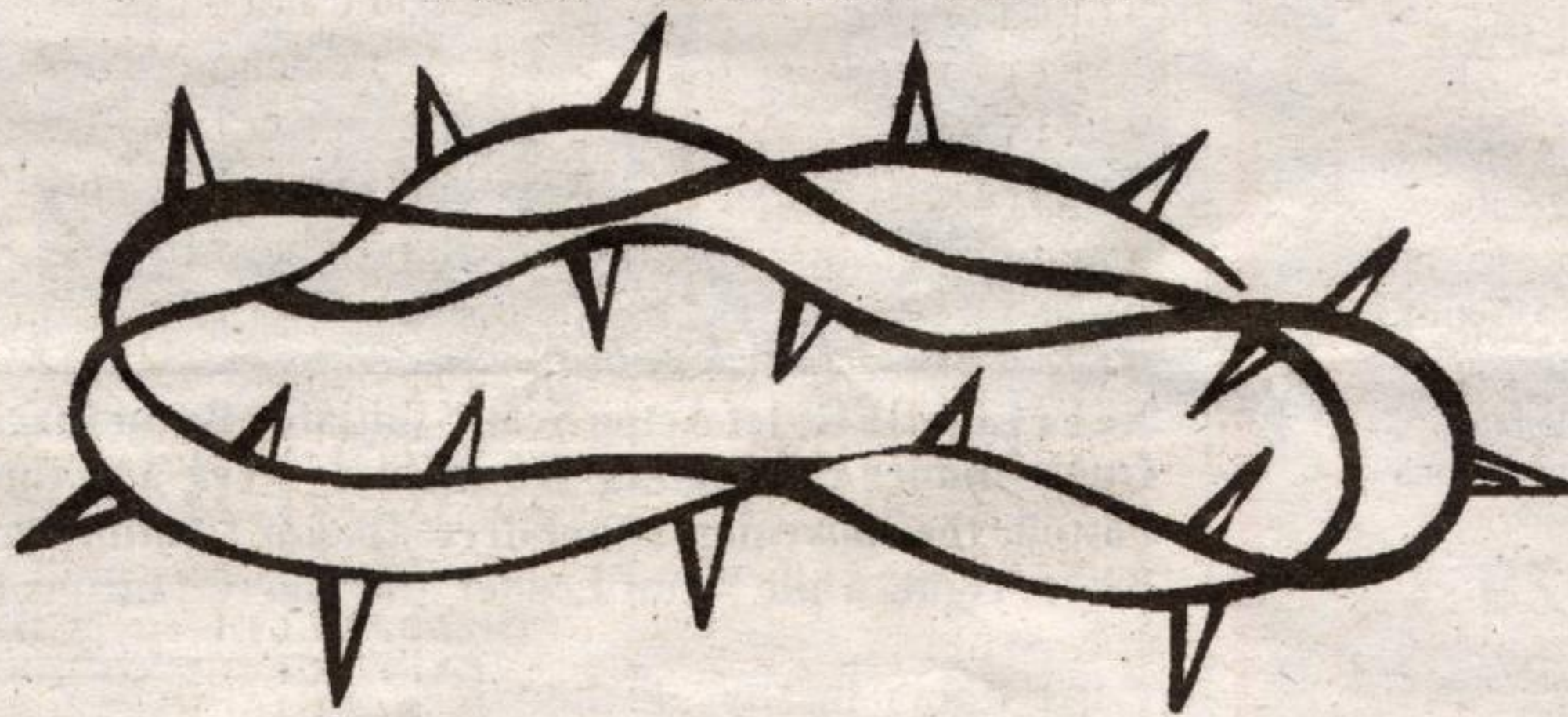
The Canadian Physiotherapy Association (CPA) supports the promotion of an active lifestyle and a fit and active population. Investing in the health of children will pay dividends in the future, with the benefits experienced well into adulthood. CPA recommends a minimum of 30-60 minutes of daily activity, to achieve and maintain mobility and develop a healthier physique. CPA supports parents and teachers encouraging children and youth to 'get moving' with activities that are enjoyable, like baseball, biking, swimming, ice skating, soccer, and other sports.

Where appropriate, a physiotherapist will devise an exercise or activity program for an obese child that is suitable for his or her special needs. A monitored program may begin with non-weight bearing exercise such as swimming or cycling, to minimize the impact on joints and increased gradually throughout the program. It will also include stretching to increase flexibility, and education about injury prevention.

Physiotherapists are health care professionals dedicated to enhancing and restoring mobility. Physiotherapy's unique contribution to health care stems from its advanced understanding of how the body moves, what keeps it from moving well, and how to restore mobility.

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