

Take precautions to avoid Yule fires - Fire Chief

Christmas is the most treasured time of the year, says Halton Hills Fire Chief Bob Meads, but unfortunately it can be marked by tragedy if precautions are not taken against accidental fires. The Christmas season is when the number of deaths caused by accidental household fires

are at their highest and one of the major reasons for a significant increase is the Christmas tree, says Meads. "Fire is one of the greatest threats to your family and home," says Meads. "People do not realize the emotional toll a fire can take, leaving you in emotional turmoil for

life." Chief Meads adds "You need to take extra precaution to minimize the risks of fire and in the event a fire does occur, know how to react." Safety tips for the care of the family Christmas tree, offered by the fire chief include:

1. Leave the tree outside until you're ready to put it up and decorate.
2. Cut 2-3" off the base of the tree before placing into stand.
3. Check and add water on a daily basis.
4. Keep the tree away from

5. Use CSA-listed lights.
6. Use miniature lights - which have cool burning bulbs.
7. Unplug the Christmas lights when leaving the home or going to bed.

8. Make sure the bulbs are securely installed in the sockets.
9. Closely inspect the lights before using them and discard any worn ones.
10. Avoid overloading wall receptacles and extension cords.



SHOWING HER FORM: Kristin Lockwood of the Halton Hills Gymnastic Club shows the form that won her a first in all-around and a first in vault. - Submitted photo

Local gymnasts compete in Burlington meet

The competitive girls from the Halton Hills Gymnastics Club completed their first Provincial Qualifier in Burlington on the weekend of Nov. 28 - 30. The club has a busy year ahead of them, says Randi LeBlanc, and the club will also hold two provincial meets. Here are the results of the Burlington meet: Tryo 1: Lacey-Leigh Olsen - 2nd bars, 3rd vaul, 4th floor, all round 2nd; Desiray Ebbinge - 4th vault, all round 5th; Candace

Banks - 4th bars. Tyro 1: Jennifer Garvie - 3rd bars; Michelle Kupa - 3rd bars. Tyro 2: Katie Heelis - all round 9th. Novice 1: Carlie LeBlanc - 1st bars, 1st floor, all round 4th; Jenanne Hadad - 4th vault; Amanda Nelles - 4th floor. Novice 2: Jenna Rodgers - 1st beam. Open 1: Kristin Lockwood - 1st vault, 3rd bars, 3rd beams, 3rd floor, all round 1st. Open 2: Samantha Rodgers - 4th beam. Argo 1: Kathleen Brown - all round 9th.

Blue Springs Spa

9 Mill Street, Acton, Ontario L7J 2M3 (519) 853-8859

Our professionals specialize in giving you the ultimate experience in beauty, health and wellness... in our unique Spa environment. Or Pre-set or Custom Packages available...



THE QUICK ESCAPE (allow 3 1/2 hours)
 * Blue Springs Pedicure * Customized Spa Tub Session * 30 Minutes Massage or Reike * Spa Snack **\$85.00**

THE DREAMY ESCAPE (allow 3 1/2 hours)
 * Blue Springs Pedicure * Customized European Facial * Customized Spa Tub Session * 1 Hour Massage, Reike or Body Wrap * Spa Lunch **\$160.00**

Fitness Classes - \$8.00 each or 6 for \$42.00.
 We recommend you E-mail or call to register in advance. Limited number of students per class.
 Pilates Classes - Once a week for a 6 week session \$70.00 Advance registration is mandatory.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Variation Class 7:30 - 8:30 am		Tai/Chi Yoga 9:15 - 10:15 am		Class Choice 9:15 - 10:15 am	Cardio Stretch/Flex 9:15 - 10:30 am
Power Yoga 9:15 - 10:15 pm	Teen Stability Ball 4:00 - 5:00 pm		Teen Power Yoga 4:00 - 5:00 pm		
Kickboxing 6:00 - 7:00 pm	Power Yoga 6:00 - 7:00 pm	Pilates 6:00 - 7:00 pm	Kick Boxing 6:00 - 7:00 pm		
Body Sculpting 7:30 - 8:30 pm			Body Sculpting 7:30 - 8:30 pm		

Hairstyling, Aesthetics, RMT Massage, Spa Tub and Fitness Classes.

CLOSING UP TO 90% OFF

BARGAINS BAZAAR

9 MAIN STREET NORTH, ACTON

WE ARE CLOSING THIS LOCATION ONLY! FOREVER

- * STOCK UP ON YOUR X-MAS GIFTS, DECORATIONS, TOYS, AND EVERYDAY ITEMS FOR A FRACTION OF THE COST
- * NO RAINCHECKS. WHILE QUANTITIES LAST
- * EVERYTHING IN THE STORE IS ON SALE INCLUDING FIXTURES
- * SOME SALE ITEMS ARE AT BOTH LOCATIONS FOR YOUR CONVENIENCE
- * MAKE AN OFFER ALL REASONABLE OFFERS WILL BE CONSIDERED
- * CLOSING SALE UP TO 90% OFF. JUST IN TIME FOR CHRISTMAS!
- * EVERYTHING MUST GO TO THE BARE WALLS
- * WE ARE CLOSING THIS LOCATION AFTER A DECADE
- * DEALERS ARE WELCOME
- * OUR LOSS IS YOUR GAIN. CLOSING SALE FOR HOLIDAY SEASONS

AMBUSH PERFUME 2PC. GIFT SET **\$7.99**
 REG \$39.99

DURACELL BATTERIES **69¢** EACH
 REG \$2.00

NAVY PERFUME 2PC. GIFT SET **\$7.99**
 REG \$19.99

BUSHY SHOES SETS **\$1.50**
 REG \$9.99

ENGLISH LEATHER 2PC. GIFT SET **\$7.99**
 REG \$15.99

FRENCH VANILLA 2PC. GIFT SET **\$7.99**
 REG \$24.99

BATH ROBE **\$4.99**
 REG \$20.00

SURGE PROTECTION DEVICE POWER TRACKER **\$9.99**

GRANDFATHER CLOCK **\$499.00**
 REG \$4999.00

WATER DANCE PERFUME 3PC. GIFT SET **\$4.99**
 REG \$19.99

HAIR GROOMING 6PC. GIFT SET **\$12.99**
 REG \$49.50

HEALING GARDEN 4PC. GIFT SET **\$3.99**
 REG \$19.99

X-MAS DECORATIONS **10¢** EACH
 REG \$1.00 EACH

WOOLEN CARPETS **50% OFF** TICKET PRICE

TERRY PAJAMA SET **\$4.99**
 REG \$19.99

MINK BLANKET GIFT SET **\$29.99**
 REG \$60.00

WATCH 4PC GIFT SET **\$19.99**
 REG \$199.99

BARGAINS BAZAAR
 372 QUEEN STREET,
 ACTON (IGA PLAZA)
 OPEN 9AM-9PM

BARGAINS BAZAAR
 9 MAIN STREET, ACTON
 (GIANT TIGER PLAZA)
 OPEN 9AM-9PM

CLOSING
 this location only!