TO SHE

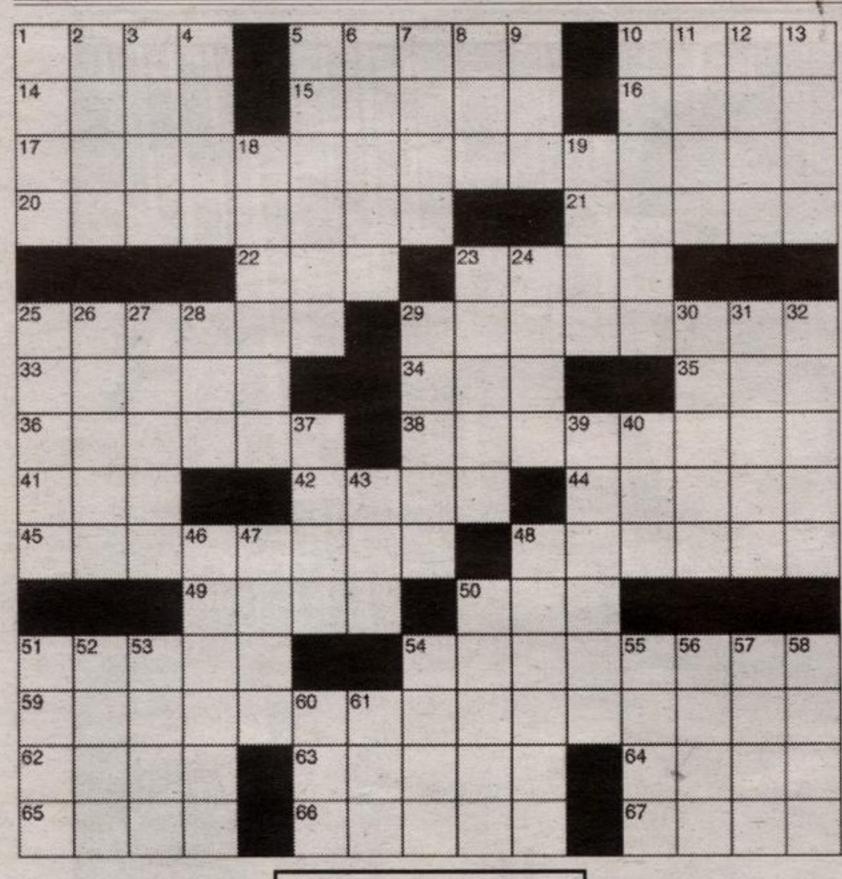
KIP MAR 7

CHESTONG E MART AT NOW

MEXICOGRAM T. AT SEN

Angel Consider Legion & 147

Jen Thorond -



Clues ACROSS

1. Norse goddess of fate

5. Walk

- 10. Biology and chemis-
- 14. Ancient Greek city 15. Misfits
- 16. Double curve
- 17. Martin Luther King
- pronouncement 20. Entirety
- 21. Mother of Ishmael 22. Fifth sign of the
- zodiac 23. Carbon particles
- 25. Objected repeatedly 29. Therapist of sorts
- 33. Wing-shaped
- 34. Complete 35. Samuel Haya a,
- U.S. senator 36. With many branches

- 38. One who forsakes his
- religion
 41. 7th letter of the Greek alphabet
 - 42. Golf scores
 - 44. Flop
 - 45. Legislators
 - 48. Groups of females
 - 49. Pedestal 50. Sun
 - 51. Mongol emperor of India
- 54. Plant pigment 59. Fight nonexistent
- foes 62. Asian mountain range
- 63. Way to decrease Vonnegut Jr.,
- novelist 65. Plucks
- 66. Loin muscle 67. Czech river

Clues DOWN

- 1. Salamander
- 2. Type of spread 3. Pause for relaxation
- 4. Ryukyu Islands city (Japan)
- 5. United
- 6. Much (Italian) 7. Float on the surface
- of water Steel
- 9. Compass point
- 10. Make out
- 11. Highly excited 12. Type of speaker's
- platform 13. Illusionist
- 18. Lanes
- 19. Greek letters
- 23. Minute marine tunicates
- 24. Capital of Norway
- 25. Concerns
- 26. Having wings 27. Sir Chandrasekhara , Indian physi-

- 28. Athlete who plays for 29. Volcanic craters
 - 30. Edict of the Russian
 - 31. Language category 32. Pitchers
 - 37. Epic
 - 39. Ski event 40. Hill (Celtic)
 - 43. 100 square meters 46. Defensive obstacle
 - 47. Scarlett's home
 - 48. Droves
 - Claus 51. Mauritanian city
 - 52. Weight unit 53. Divulge a secret
 - 54. Type of goodbye 55. Small person (var.)
 - 56. Hebrew month 57. Mediation council
 - 58. This (Spanish) 60. Beg (informal)
- 61. One point south of due west

New website devoted to business

The Town of Halton Hills is pleased to announce the launch of our Economic Development Web Site www.haltonhillsbusiness.com. The new web site provides information on available business opportunities in the Town of Halton Hills.

"The new web site gives Halton Hills exposure to the global market, and allows companies searching for a new site to easily obtain accurate information about the Town of Halton Hills," says Mayor Kathy Gastle.

Emphasis has been placed on the 401-407 Gateway Business Park, a 1000 acre prestige Industrial Park in south Halton Hills at the intersection of Highways 401

The web site provides:

- · a Town of Halton Hills on-line business directory
- information on the 401-407 Gateway business park
- information on Acton and Georgetown industrial
- · an overview of the facilities and attributes found in Halton Hills.

For more information contact: Allan J O'Neill, Economic Development Officer, Town of Halton Hills, 905-873-2601 x2343 or 905-873-2267 or email allano@town.halton-hills.on.ca.

Town DIGEST

Skateboard plans roll out

Plans for an Acton skateboard park become more than just a wish next month when a steering committee, set up with Town help to make the facility a reality, meets for the first time.

Town staff will "facilitate" the March 12 start-up session with boarders, parents, school staff, and others who volunteered at a skateboard park open house this spring at Acton High School. The meeting is in the Senior's Centre at the arena from 7 to 9 p.m.

After deciding how the committee will work, members will discuss core objectives and a program to design, market and fund raise for an Acton facility.

The Town's 2004 capital budget forecast, approved in principal by Council, includes \$120,000 for an Acton skateboard park.

resist seeking help largely due

Guelph.

ize what is going on. It takes courage to take the first step toward getting help. But it doesn't have to be done alone.

Alberta Premier Ralph

Klein last week admitted that

he had a drinking problem

after he was publicly embar-

rassed at a men's shelter. He

acknowledged he would be

seeking help to overcome the

way of coping with life's

problems, because it can

mask the pain, take away the

fear - for a while. Eventually

the solution becomes the

problem - a problem that of-

ten destroys relationships and

decimates families. And it can

happen before we even real-

Many turn to alcohol as a

problem.

Today, the Centre for Addiction and Mental Health launched the second phase of a multi-year public education campaign, which will reach out to the one in 10 people who struggle with problems of alchohol misuse. The campaign, entitled "There is Help...There is Hope", aims to remove the barriers impeding people from seeking treatment for addictions and mental health problems.

The first wave, launched in October 2000 focused on depression. It was successful in reaching out to the millions of Canadians who struggle with this condition yet who

20 Mill ST. E., Acton

853-9993

You never know

what you'll find

DORAR DAYS

ALL CHILDREN'S,

MEN'S & WOMEN'S WEAR

From Now until

Saturday March 9th

to the stigma related to the condition and its treatments.

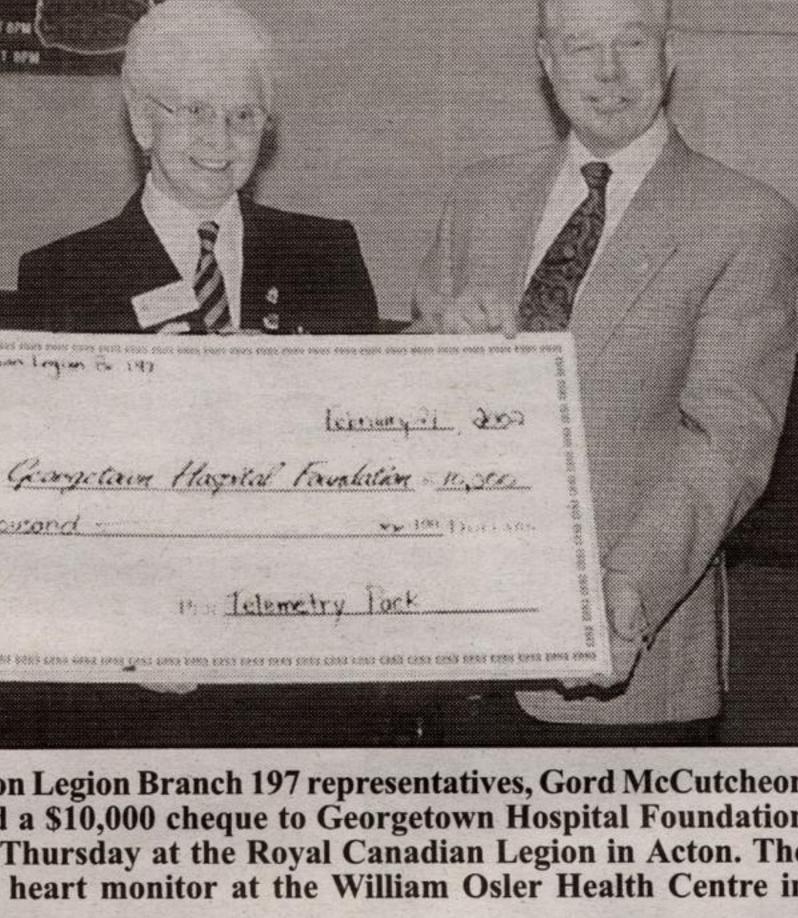
Dr. Graeme Cunningham, of Guelph, became a champion for people with addictions after a long personal struggle with alcohol. "Following my own recovery, I realized early on that I drew strength through helping others with addictions," says Cunningham, Director of Addiction Medicine for Homewood Health Centre in

Through public service website, ads, www.thereishelp.org, community education forums and programs targeted at specific audiences including workplaces and schools, the Centre will be bringing information and resources closer to the people who need them.

"Our surveys demonstrate that Ontarians are hearing these messages – almost 47% of those surveyed indicated that, after reading the first set of ads on depression, they would seek help," says Dr. Paul Garfinkel, President and CEO of CAMH.

"Alcohol misuse is greatly misunderstood and those misconceptions often contribute to reluctance to seek help," states Dr. Garfinkel. "Our goal is to help to increase understanding of problems related to alcohol misuse - everything from the shared responsibility we all have to ensure responsible alcohol use among our own friends, family, and colleagues to improved understanding of the factors that contribute to an individuals' readiness to seek help."





BIG MONEY: left to right: Acton Legion Branch 197 representatives, Gord McCutcheon and Joyce Buchanan presented a \$10,000 cheque to Georgetown Hospital Foundation member, Paul Armstrong last Thursday at the Royal Canadian Legion in Acton. The money will go towards a new heart monitor at the William Osler Health Centre in Georgetown.

One in 10 people struggle

with alcohol problems All services for this project, including creative concepts, production, ad space, web design and public relations have been donated by corporations and media outlets equally committed to this important issue. It is esti-

Hope" campaign. The Centre will provide increased and convenient public access to support and educational resources

mated that, to date, approxi-

mately \$850,000 in services

has been donated to the

"There is Help...There is

through: · A highly visible storefront information Centre in Toronto

· An expanded and enhanced toll-free information

 A comprehensive web strategy designed to disseminate addiction and mental health information broadly.

 A telephone support line staffed by volunteers to provide informal and/or peer support to people with mental health and addictions problems.

• The opportunity to reach out to diverse communities with well-developed resource materials and an effective dissemination strategy.

The Centre for Addiction and Mental Health is Canada's largest centre in the area of mental health and addictions. A World Health Organization Centre of Excellence and a teaching hospital fully affiliated with the University of Toronto, the Centre was established in 1998 through the merger of the Addiction Research Foundation, the Clarke Institute of Psychiatry, the Donwood Institute and the Queen Street Mental Health Centre.



SOLUTION

