



SUNDAY'S SNOW: Big gobs of fresh wet snow fell on this area late Sunday, enveloping bushes, trees and buildings into a winter wonderland. The special effects lasted only a few hours, however, as warmer weather continues to fend off winter.

Tips for seniors on avoiding winter falls

Winter is a hazardous time for anyone who walks outdoors, but especially for Seniors. Slippery roads, snow and ice, and cold temperatures create unsafe conditions that can lead to a fall.

Poor balance, arthritis in the knees and poor vision, combined with boots with worn soles and icy sidewalks can all work together to cause slips and trips for an older person.

Here are some tips for Seniors to help stop a winter fall before it happens:

1. Wear well-fitting boots and overshoes with a deep tread.
2. If you use a cane, attach an ice pick to it.
3. Keep all walkways and steps clear of snow and ice. Have a shovel and ice melter on hand.
4. Watch out for ice when you are walking ... wearing sunglasses can reduce glare.
5. If you must walk on

ice, slow down and take small steps.

6. When using stairs, hold on to the railing.

7. Carry parcels by your side so you can watch your step.

8. Take a taxi home from a shopping trip when conditions are unsafe. The money you spend is well worth it if you avoid falling and hurting yourself.

9. If your balance is not good, stay indoors on icy

days. Be active inside your home and wait until the weather improves.

For more information on falls prevention, please call the Halton Region Health Department, Injury Prevention Program at 905-825-6060 ext. 7113. Toll free 1-866-4Halton (1-866-442-5866). TTY 905-827-9833. Visit our Web site at www.region.Halton.on.ca/health.

New Oakville facility named after old inn

The Post Village Inn is the chosen name of the 228-bed long term care facility opening in Oakville next year, Joyce Savoline, Halton Region chairman, announced.

Scheduled to open in the Oak Park Urban Village in the summer of 2003, the name Post Village Inn was chosen because of its historical roots and tie-in with the area. In the early 1800's, a Mr. Post owned an inn on the southwest corner of the crossroads of Trafalgar and

Dundas called the Post's Inn. The inn, known for its unusual design, which included five fireplaces, was used as a change-house for stages running along Dundas St.

Halton Region currently operates Allendale, a 300-bed long-term facility in Milton. Plans are underway to open a 144-bed facility in Burlington in late 2003 and, coupled with the new residence in Oakville, will help relieve the demand for such facilities.

POLICE BEAT

Repeat drunk arrested

A 21-year-old Speyside area man, arrested and charged with public intoxication at 8:20 last Thursday morning appears in a Milton court again today (Friday) for a bail hearing.

Police found the man walking on Mill Street after receiving a complaint about someone banging on an office door. Police arrested the man and determined he was under conditions not to drink and jailed him in Oakville until a hearing last Friday, when bail was denied.

Tool theft

Turning his back cost a worker his tools at the olde Hide House parking lot last Thursday afternoon between 2:30 and 3 p.m.

The man told police he was working on light standards in the north parking lot when he put his tool belt down and moved to another area for a short while.

When he came back, his dark leather, Ideal brand tool belt and an assortment of electrical tools valued at \$500, were gone.

Sex charge appearance

A former Acton teacher charged with sexually assaulting a Grade Eight student of McKenzie-Smith Bennett School appears in Milton court on January 24 to set a

date for trial.

The woman, who was 36 at the time of the alleged assaults in 1998, was charged with 13 counts of sexual assault, 12 counts of sexual exploitation and one of sexual interference last October.

The teacher, who has not been named to protect the victim, was relieved of her classroom duties by the Halton District School Board and is now working at home.

Cold drunk

An obviously drunken

man standing shirtless in the centre of Arthur Street at 10:30 on New Year's Eve was arrested and charged with being intoxicated in a public place.

Police found the 21-year-old Campbellville Court man when they answered a complaint call about a loud party.

B&E

Thieves left empty handed in a break-in at the RHI Canada Perth Avenue plant during a Christmas shutdown.

The suspects entered through an unlocked window and tried to pry open a door to the machine shop and storage area, but couldn't.

UnitedWay
of Halton Hills

CAMPAIGN TOUCHDOWN

CHILI JANUARY DANCE

Saturday, January 12, 2002 - Casual Dress
7pm at Acton Legion - 10 Wright Ave.

\$10 Admission
\$5 with a Crock Pot of Chili.

- Best Chili Contest
- 50/50 Draw
- Refreshments
- Door Prizes
- Cash Bar
- Dance with Sparky's D.J.

Bring your Crock Pot of Chili & help us celebrate

Contest Open To All Residents.

Tickets Available At:
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Also available at the Door or Call 853-3315.

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Locally owned and operated by Steve Turkosz

Register now for the Halton District School Board's JUNIOR or SENIOR KINDERGARTEN program

We look forward to welcoming your child to school!

Junior Kindergarten 2002-2003:
Children must be 4 years old by December 31, 2002.

Senior Kindergarten 2002-2003:
Children must be 5 years old by December 31, 2002.

Parents/guardians must be public school supporters.

Please bring the following **original** documents with you*:

- your child's immunization record
- your child's Ontario Health Card
- proof of address
- proof of your child's age (birth certificate or passport)

*If you are not the child's parent, please bring proof of custody (court order).

To determine your designated home school, you can access our website at www.haltondsb.on.ca and go to School Locator (click on "Schools" and "School Attendance Boundaries") or call the Planning Department at (905) 335-3663, 842-3014 or 878-8451, extension 3307.

Drop by your designated elementary school by **February 15, 2002** and register for the Halton District School Board's **Junior or Senior Kindergarten** program. The Halton District School Board is committed to providing quality learning opportunities for its students!

Halton District School Board

Dusty Papke, Ed.D.,
Director of Education

Ethel Gardiner
Chair of the Board

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