

BODY DYNAMICS

Look great and feel great for 2002!

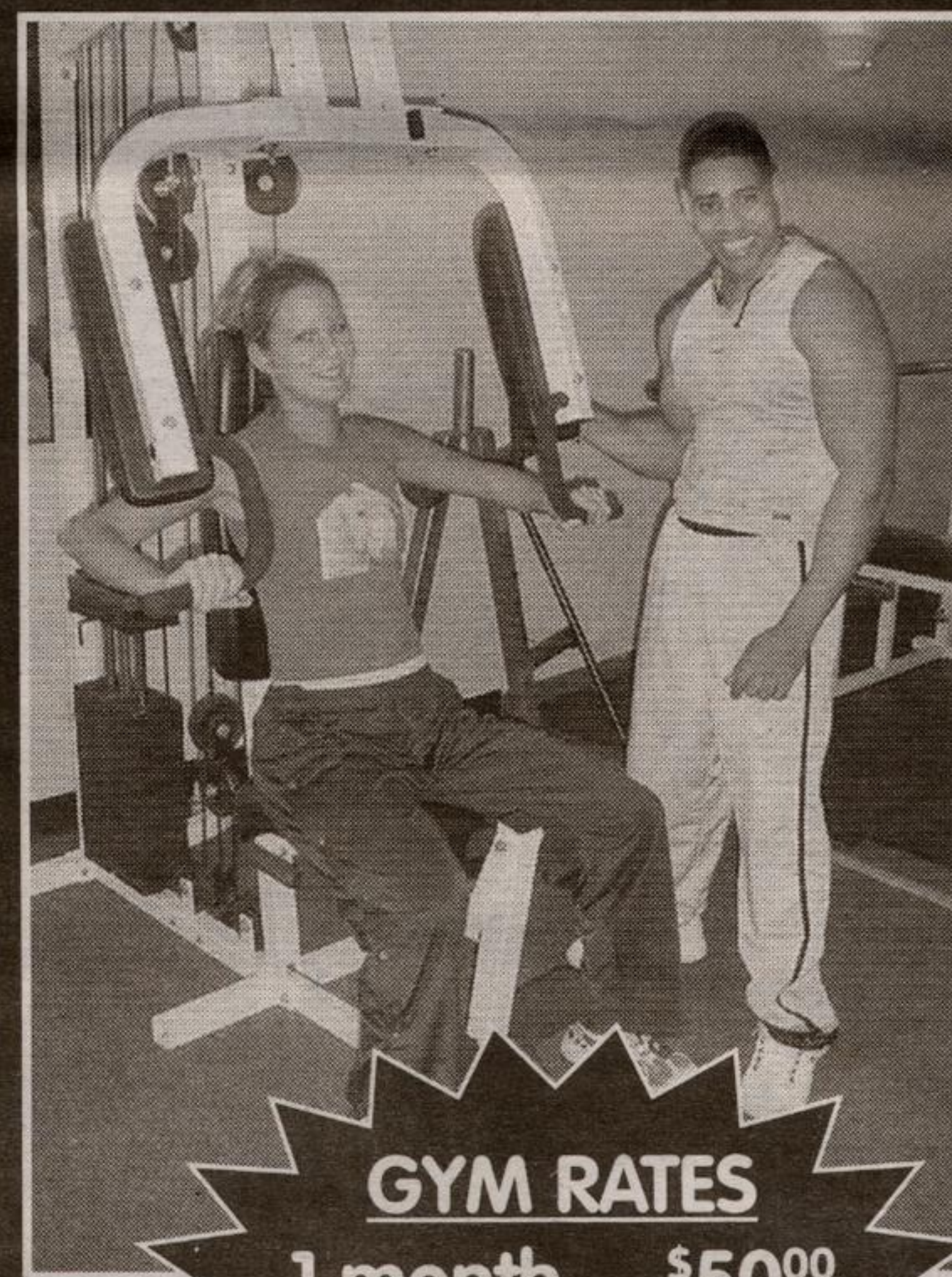
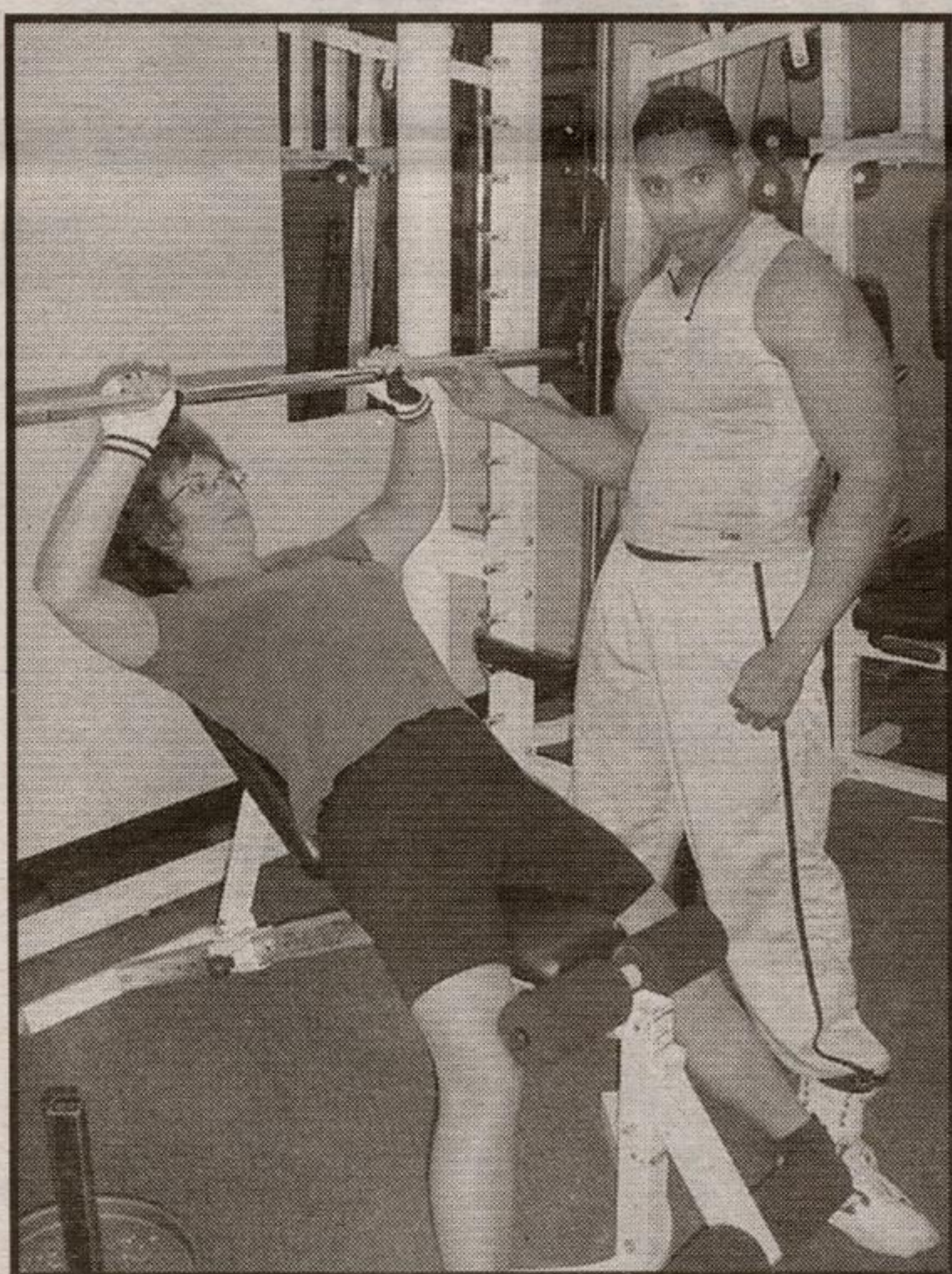


Your invitation to come in and see the changes

- Try a totally new experience in our revitalized surroundings
- Fresh new change rooms and showers
- Retail Area...Supplements...Gift Certificates
- Private membership assessment area
- New management

In addition to many years of experience we also offer:

- Personal training
- 12 Week Program - Lose 30-40 lbs**
- Diet & Nutrition Programs
- Gift Certificates available for Christmas
- Guest Membership Area



GYM RATES
 1 month.... \$50⁰⁰
 6 months.... \$275⁰⁰
 1 year... \$500⁰⁰



Personal Training can lift you to greater heights

Body Dynamics

7 Mill St. E., ACTON

We focus on results
519-853-0539



PERSONAL TRAINING
Different packages and prices available come on in and check us out for a **NEW YOU!**