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## Almost 90% of Terry Fox Run funds go to research

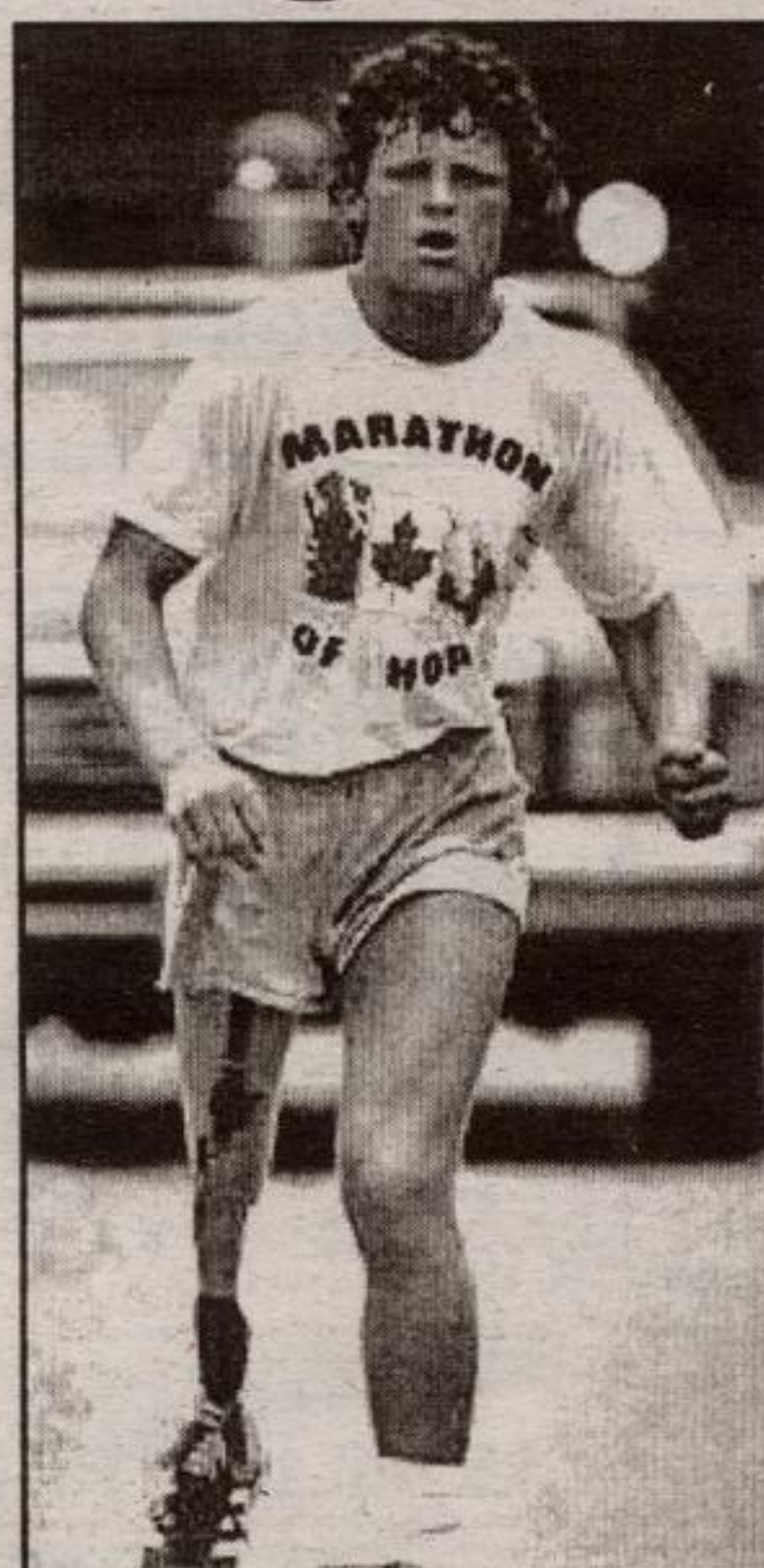
By Jen Hurst

On Sunday, September 16, Acton continues an unwavering 20 year commitment to Terry Fox and the ongoing fight against cancer. The 21<sup>st</sup> annual Terry Fox Run will once again be held at the Acton High School track from 8 a.m. to 3 p.m.

The Terry Fox Foundation has a very straightforward mission statement, "To maintain the vision and principles of Terry Fox while raising money for cancer research through the annual Terry Fox Run, bequests and memorial donations." All funds raised support innovative cancer research and are distributed by the National Cancer Institute of Canada.

The Foundation currently contributes 35% of all funds allocated by the NCIC and is proud to report administration costs have dropped to 1.6%, while fundraising costs have dropped to 9.1%—both all-time lows. This means that almost 90% of all funds raised go directly to its intended destination—cancer research.

There are 10 Terry Fox Foundation offices in Canada with only 25 full-time employees overseeing the thousands of dedicated and hardworking volunteers at over 6,000 run sites in Canada and around the world. But the continuing success of the run can most certainly be attributed to all Terry Fox Run participants and their sponsors who have walked, jogged and biked to honour Terry and his Marathon of Hope.



Have you done anything physically demanding lately? Did you find it a little tough? Just imagine getting up at 4 a.m. and running 26 miles. Imagine doing that for 143 days in a row in rain, snow, under the blazing sun, in all weather conditions. Throw in busy highway traffic, media interviews, banquets and other distractions. Sounds challenging, doesn't it? Now imagine doing it with one leg.

In the minds of most Canadians, Terry's Marathon of Hope

continues to be the single most heroic, emotional, awe-inspiring event in Canadian history. It's no wonder that in a 1999 poll, Terry was chosen Canada's greatest hero. His courage and determination continue to be an inspiration to us all.

You can access the complete Terry Fox story and other information by visiting the Terry Fox Foundation website at [www.terryfoxrun.org](http://www.terryfoxrun.org).

Please join us on Sunday, September 16, or be sure to sponsor a participant, as together, we continue Terry's dream of finding a cure for cancer.

## Acton Vets edged out of the playoffs

by Breanna Campbell, Joanne Weaver and Thea MacMillan.

Erin/Hillsburgh edged Acton Veterinary Clinic 4-3 in Under 13 girls' soccer at the Ballinafad field on Tuesday, August 28.

The Vet Clinic played their best game of the season but were eliminated from further playoff action by the loss.

"They were outscored but showed everybody that success is measured by a winning attitude," coach P. Moddle said. "Special congratulations to Rosamarie Umbrello who played marvelous goal."

Acton goals were scored

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### Attention all drivers

The school year has begun and this means school buses are once again travelling on our highways and byways.

No matter what route you travel, you are likely to meet up with a school bus.

Plan ahead, give yourself those extra few minutes of travelling time so you won't become impatient. We all know school buses make frequent stops to pick up and drop off our children, so it shouldn't come as a big surprise that our daily commute will be longer.

It is also important to remember that school bus routes and stops change year-to-year and sometimes day-to-day. As a responsible driver, you must be ever alert for school buses travelling in your area.

School buses are purposely made to be as visible as possible, with their bright colour, flashing lights and stop bars. Do not expect any leniency when school buses are involved, if stopped by the police for disobeying the law.

You will receive a fine, of several hundred dollars, and be assessed six demerit points.

Take the time to be a responsible driver, so everyone arrives safely at their destination.

Thank you.

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