

# Register Now

## You're never too old to learn to ride!

**Too old to learn?**  
There's no such thing as too old. Find yourself a good school with a mounting block, reliable horses and qualified instructors and go for it! Sure you'll creak and groan sometimes but lets face it that's not just while you're riding!

**What can you expect?**  
Don't expect to be a contender for the Olympic show-jumping team anytime soon. If you are a complete novice just spend some time getting used to the size and height of the horse and becoming comfortable around them. If you're relaxed you'll learn faster and your horse will be more relaxed too. You may decide that all you want is to be able to ride out on your own and feel confident that you can control your horse. That's fine, not everyone has to want to own a



horse or compete. Do what you enjoy doing! Your instructor should be able to respect your wishes and help you achieve whatever goals you set.

**What do you need?**  
Not much. A good sense of humour is essential. Some comfortable old clothes that give you a good degree of freedom and a pair of flat heeled shoes or boots. Sneakers aren't really recommended but if you're just going for one lesson, to see if you like it, don't go to the expense of buying boots. Later on you may want to buy some boots and perhaps gloves, some people also like to buy their own helmet and/or riding crop but that's completely up to you. (If your in-

structor or school do not provide safety helmets BUY ONE! This is an essential piece of equipment.)

### POWER PLUS HOCKEY

with Scott Malcolm 

**FALL SESSION**  
**AT ACTON ARENA**  
starting September, 2001

Spaces Still Available  
**LIMITED ENROLMENT**  
FOR INFO CALL SCOTT  
AT 853-1629

### TODDLERS GROUP MUSIC CLASSES

- ★ For toddler development ★
- ★ Parent/Child participation ★

For information call 822-3325

### VOICE OR PIANO LESSONS

Ages 6 & Up (Adults too!)

Call 822-3325

## GUELPH SCHOOL OF ART

### FALL 2001

Classes for all ages, beginners and experienced.  
Drawing, painting, open life, botanical illustration, mixed media, bags, boxes and papers, teddy bears, hand-tinting photos, bookbinding, young artists' classes and more.



Classes fill up fast.  
Register early

Brochures at Wyndham Art Supplies  
164 Wyndham St. N., Downtown Guelph  
**767-1317**

## The Basics of Curling

Ever wanted to curl but don't know how to play? Here are the very basic rules of the game.

Curling is played on ice with (approximately) 42-pound granite stones. The size of the playing surface (a 'sheet') is 138 feet long by approximately 14 feet wide. The goal is, after all 16 stones are played (8 by each team), to have a stone of your team's closest to the centre of the house, called the 'tee'. This is accomplished by sending your stone to rest in scoring position (a 'draw'), by knocking your opponent's stones out of scoring position (a 'takeout'), and by guarding your own stones with others. The team with the closest stone, inside the house, scores a point, or more if they also have the second closest stone and so on. Each round is called an 'end' and consists of two stones delivered by each player on each four-player team. The stones are delivered from the hack on one side of the sheet to the house on the opposite side. This consists of the player pushing off from the hack with the stone and releasing it with a spin, or 'curl', which gives Curling its name.

## Halton Hills

COMMUNITY SUPPORT AND INFORMATION

### Acton Parent Child Resource Centre

- Drop-In Program • Resource Library
  - Toy Lending Library • Caregiver Theme Kits
  - Informative Workshops
- Located at 85 Wallace Street, Acton  
(Acton Citizens' Band Hall)

**Fall Hours:**

(commencing Monday, September 17)  
Monday, Wednesday and Friday, 9:30 - 2:30

### Acton's Children's Corner

- Drop-In • Parenting Discussion Groups
  - Support and Referral
- Located at 114 Mill Street East, Acton  
(The Salvation Army Church basement)

**Fall Hours:**

(commencing Tuesday, September 18)  
Tuesday and Thursday, 9:30 - 11:30 am

A partnership of: The Region of Halton Children's Health Services, Acton FoodShare, Acton Salvation Army, catc/P.A.T.H. Program, and HHCSI.

Come out and join in the fun this fall!  
For more informaton, call **853-3310**

Indulge yourself this Autumn!  
Start a New Hobby & Meet New Friends

## Acton Curling Club

### YOU ARE INVITED TO AN OPEN HOUSE!

Enjoy free curling every night from 7:00-9:00 pm from October 9-12, 2001

Instruction and equipment provided

- ★ Registrations due by Oct. 14th ★



BRING A FRIEND!

Free Brooms for Every New Adult Member

General Rates (excluding tax)

Men	\$220.00
Ladies	\$210.00
Couples	\$390.00
Kids	\$50.00
Seniors	\$120.00

For further information, call Lori @ (519) 856-4033 or leave a message at the Club @ 853-0110

## Don't Miss Out!

Register for the New Fall Season



Enroll Now at our Academy located at Ballinac Community Centre (downstairs) Any Saturday 10am-3pm

TAEKWONDO KARATE KUNG FU

Come join our team & learn from our professional instructors how you can achieve Self Esteem, Respect, Discipline, Balance, Concentration, Awareness, Co-ordination Skills

Our Academy is located at Ballinac Community Centre downstairs

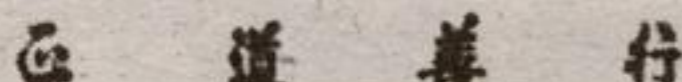
One of the best & most Advanced Martial Art Systems in North America

Children 4 yrs & up depending on their attention span & their learning ability. A pre-evaluation is necessary

For more information and Rate Structure call  
**ANDREW G. PATON, President**  
7th Degree Black Belt T.K.D.  
World Black Belt Bureau Canadian Representative  
International Martial Arts Master Instructor  
119 Mill Street West, Acton  
Tel: 519-853-5657



LIFE MEMBER



You are important You owe it to yourself

Special Black Belt Course Available