



Natural Health News

TREATMENT AGAINST HEAD LICE

Need a solution to a head scratching problem?

Now that school is starting again, the problem of head lice seems to pop up again. We sure don't like to see our children miss school because of this annoying problem. There are a few different things you can do. Tea Tree Therapy Shampoo is widely used both in Australia and overseas as a safe and effective treatment against head lice and nits.

In cases of heavy lice infestation simply add 20 drops of pure Tea Tree Oil to the dispensed quantity of shampoo required for one hair wash. Regular washing with Tea Tree Shampoo is essential to prevent re-infestation with lice from the home, school or work.

Or try: "HairClean 1-2-3" it is safe and natural. It's made from essential plant oils - coconut, anise and ylang ylang. There are four full treatments of HairClean 1-2-3 per 2 oz. bottle and two treatments per 1 oz. bottle.

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Major redevelopment...

to shift its production space to Milton) it will free up 20,000-square-feet of space, which could be used for professional offices. He said all three existing buildings could also be demolished for redevelopment on a "bigger scale" encompassing all three properties, two of which have access to both Main Street and Willow Street.

"That (idea) probably has the most weight right now, it's something we're...we're looking towards something on a bigger scale that would encompass most of the property there," Gates said, cautioning, "it may go nowhere."

Gates said they see the

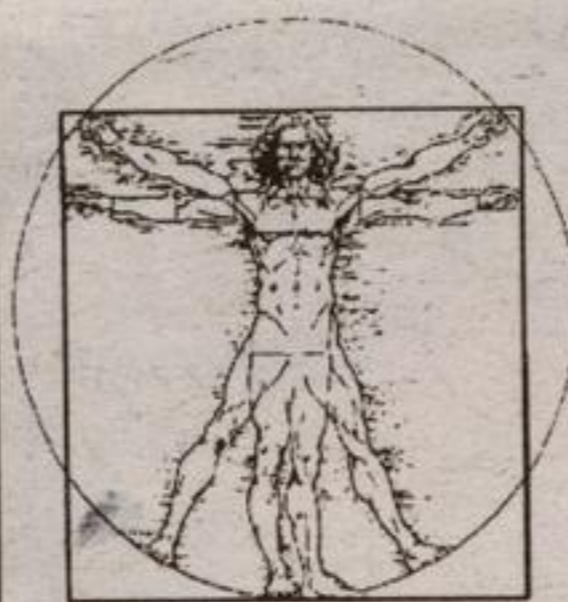
cable building being used for office space and the Manor, the old Legion building, possibly being used as a traditional hotel with transient overnight stays and meals.

"It's well suited to that for an economical, overnight stay and our planning is now seeing exactly what is feasible. The other-option is to have apartments above and a mini-mall on the lower level with storefronts opening into a courtyard between the (former) printing place and (former) Legion."

Gates expects to get a report from their planner outlining the most viable options next week.

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THINKING SAFETY: Five year old Cassie Engleby was learning how to ride the school bus safely at the annual kindergarten orientation day this past Saturday. Helping teach the children was Tyler Transport employee Christine Wile. — Angela Tyler photo

Recovering addicts' club is in financial trouble

Without a quick and substantial infusion of cash, Acton's Your Place, a clean and sober club, may close its doors within days.

The volunteer-run Mill Street drop in, which has been open for just over a year, offers a drug and alcohol free spot for recovering addicts to eat and socialize. A number of local teens also drop in throughout the week to play pool and hang out.

The club is run by George Norton, a recovering alcoholic, who started the non-profit club with a partner (who has since left due to ill health) to offer a haven for recovering addicts.

"We sell burgers and fries, breakfasts and snacks and that's how we pay the \$800 a month," Norton said on Thursday, adding they have about \$185 in the bank and may not be able to stay open any longer.

Norton said self help groups, like Alcoholic Anonymous and Narcotics Anonymous hold regular meetings at the club, and for a while they held monthly dances, but the interest in the dances dropped off when they started charging a \$2 entrance fee.

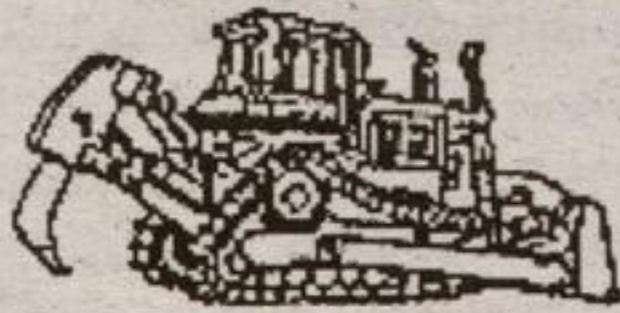
He said some of the people in recovery programs complained about the noisy teens playing pool and stopped coming.

"I told them all that this place can't survive with just people in recovery or just with kids, everybody needed to work together and then we all lose," Norton said, adding food sales have dropped dramatically and they've lost several volunteers who helped cook and clean.

"I've put between \$500 and \$1,000 in so far, and I don't know if I can afford to put any more in, but if I thought the place would turn around once the summer is over, I'd put more in," Norton said, adding he wishes he knew where and how to apply for funding, or that local business owners would "get together" and help.

"It's needed. There's nothing else like it that I know of," he said, adding they host an AA meeting every Sunday morning and a NA meeting every Friday at midnight and money from those rentals helps pay the bills.

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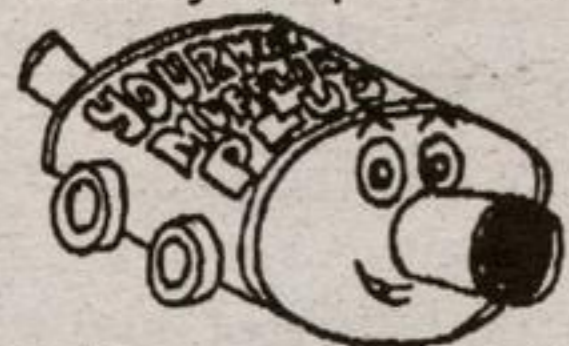
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It's Almost Time

Our children have enjoyed a long, fun-filled summer vacation.

Very soon it will be time to return to school.

Now is the time for a refresher course on safety rules, when travelling to/from school.

★ Whenever possible, walk with a friend or group of friends.

★ Stay on the sidewalk. If there are no sidewalks, walk facing traffic.

★ Look both ways, before crossing the street.

★ Obey traffic lights. Cross at crosswalks or street corners.

★ Walk, don't run when crossing the street.

★ If you ride a bicycle to school, remember that bicyclists must follow the Rules of the Road. Wear your bicycle helmet.

★ When in a car, wear your seatbelt.

★ Encourage your children to be extra careful when getting on an off the school bus. They should always double check to ensure all traffic has stopped, before crossing the street.

★ When riding on the school bus, follow the school bus safety rules.

Parents, please review the above safety rules with your children.

Thank you.

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