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Local Jiu-Jitsu members spar and grapple to national medals

By FRANCES NIBLOCK
The New Tanner

Four Acton Jiu-Jitsu members were double medal winners at the Canadian Jiu Jitsu championship last weekend in Acton. Six other club members sparred and grappled to medal finishes and the club also captured 12 fourth place finishes.

"I like the Acton kids. They have enough aggression to be competitive, but not to be so focused on only winning," Sensei Linda Bromley

said after the competition that drew over 300 competitors in various martial arts disciplines.

"There was a lot of stiff competition and we did really well and had a lot of fun. I'd rather someone say the Acton kids were nice than that they are aggressive fighters and they proved they can do both and have encompassed the whole philosophy of respect and honour and integrity," Bromley said.

The highlight of the daylong competition for

Bromley was the competitions for the physically challenged, which drew nine adults and ten children, all Bromley's students.

"The smiles on the faces of my little students was also great because they worked hard," Bromley said, adding the parents of the Acton students showed their support by volunteering to be time and score keepers and for staying behind at the end of cleanup, without being asked.

"I was also very proud of the Acton arena for our

venue. Everyone thought the building was great and staff were really helpful."

Acton Junior winners in both continuous sparring and grappling were Ianin Wright, Chelsea Wrights, Catherine Hynds, Devon Bailey, Cassie Hunter, Samantha Russell, Jay Humphrey, Shaun Morin, Tavis Rosengren and Mark Humphrey. Sparring winners were Daniel Decker, Brandon Decker and Carly Vickery. Grappling. Adult winners in continuous sparring were Troy Winters and Grant Richardson.



NOW IT'S LIKE THIS: Canadian Jiu-Jitsu Association president and Acton Jiu-Jitsu owner Linda Squires talks to a couple of competitors before their match begins, during the Canadian Jiu-Jitsu championship in Acton. Over 300 competitors from 15 clubs, most from Ontario, competed in various martial art competitions. - Frances Niblock photo

Aqua Ducks swim to medals

There were plenty of personal bests - 36 in all - and 22 medals as the Acton Aqua Ducks swam smart and fast at a Scarborough Swim Club meet earlier this month.

Alicia Roza, 14, medalled in all five events she entered and set two personal best times in the 100 Fly and the 200 IM. Megan Colvin, 14, captured gold, silver and bronze medals and had three other top five finishes, including four personal best times. Both girls were on the 13 and over girls' relay team that churned out a 1:0197 time for the Gold in the 100 freestyle relay.

Victoria Fritz, 11, had the best swims of her first season with a Gold, two silvers and a bronze and two personal best times in the 2100 breast and the 100 breast. Kimberly Galvin also had a great meet

with two Bronze swims, one of them a personal best.

Both Jordan Dunn and Kaitlin Carr, swimming at their first meets, did well. Dunn won two Bronze medals and had four other top 10 finishes. Carr had six top 20 finishes, including an 11th in the 50 free.

Coach Doug Galvin said it was one of the best meets of the season for the team and it's nice to see of their hard work pay off. The Aqua Ducks have two more meets this season.

"The club was very small at the beginning and we were a little worried that we could actually make a go of it," Galvin said on Friday, adding a lot of new people came on board to help and it was a good year.

GIRLS * personal best
KIM ALPIN, 12 yr: 50 free

- 28th, 200 breast - 13th, 200 free - 27th, 100 free - 31st*, 100 breast - 21st

CEILI ANDREW, 11 yr: 100 free - 20th, 200 Back - 9th

HEIDI ANDREW, 10 yr: 50 free - 9th, 100 breast - 15th, 200 free - 17th, 100 free - 12th*, 50 breast - 11th, 25 free - 6th, 50 back - 11th*

ERICA BOWES, 11 yr: 50 Free - 32nd, 200 Breast - 15th*, 200 Free - 24th, 100 Free - 29th*, 100 Breast - 29th

MARGARET BOWES, 13: 100 Back - 12th, 50 Free - 9th, 200 Free - 10th*, 100 Free - 9*, 200 Back - 10th*

ADRIANNA BURTON, 14 yr: 100 Back - 14th, 50 Free - 18th, 200 Free - 18th, 100 Free - 17th, 200 Back - 13th

KAITLIN CARR, 10 yr: 50 Free - 11th, 100 Breast - 19th, 100 Free - 14th, 50 Breast - 13th, 25 Free - 21st, 50 Back - 19th

MEGAN COLVIN, 14 yr: 100 Back - 5th*, 100 Fly - 4th*, 200 Free - Silver, 200 IM - Bronze*, 400 Free - Gold*, 200 Back - 4th

LOSINA FABER, 12 yr: 100 Back - 9th, 50 Free - 13th, 200 Free - 6th*, 100 Free - 8th*, 400 Free - 6th, 200 Back - 22nd

VICTORIA FRITZ, 11 yr: 100 Back - Bronze, 50 Free - 11th, 200 Breast - Gold*, 100 Free - 7th, 100 Breast - Silver*, 200 Back - Silver

KIMBERLY GALVIN, 100

Free - Bronze*, 200 back - Bronze*

EMMA GODDARD, 13: 100 Back - 13th*, 50 Free - 14th*, 200 Free - 14th*, 100 Free 13th, 200 Back - 12th

SARAH KILEY, 12 yr: 50 Free - 22nd*, 200 Free - 19th*, 100 Free - 24*, 100 Breast - 10th

NICOLE PITRIE, 10 yr: 50 Free - 10th*, 100 Breast - 21st, 200 Free - 11th, 100 Free - 13th*, 50 Breast - 15th*, 25 Free - 15th, 50 Back - 17th

ALICIA ROZA, 14 yr: 100 Back - Bronze, 100 Fly - Bronze*, 200 Free - Gold, 200 IM - Silver*, 200 Back - Bronze

BOYS
JORDAN DUNN, 10 yr: 100 Back - 4th, 50 Free - 6th, 200 Free - 4, 100 Free - Bronze, 25 Free - 9th, 50 Back - Bronze

ASHTON ROZA, 12 yr: 100 Back - 4th, 50 Free - 7th, 200 Free - 8*, 100 Free - 9th*, 100 Breast - 10th*, 200 Back - 4*

Relay
Acton Aqua Ducks A, Girls 13 & Over, 100 Freestyle Relay - Gold*

Ducks B, Girls 13 & Over, 100 Freestyle Relay - 6th
Ducks C Girls 13 & Over, 100 Freestyle Relay - 4
Ducks A Girls 11-12, 100 Freestyle Relay - Silver

Ducks B Girls 11-12, 100 Freestyle Relay - 6th
Ducks A Girls 13 & Over, 100 Medley Relay - Gold



OPENING DAY: Acton Minor Soccer passed out uniforms and put players through their paces at McKenzie-Smith Bennett School Saturday as they kicked off their new season. Above, A&S Engraving in green faces off against Outdoor Power Equipment in gold. - Maggie Petrushevsky photo

PeeWee Bulldogs lose

The Ramrock Electric PeeWee 1 Bulldogs had a couple of tough exhibition game losses last week. Braden Artem had a pair of goals and Jordan Kuenzig had a single as Guelph Downed Halton 7-

3. Artem, Kuenzig and Brett Maltby had assists.

Justin Gibson and Robert Fuller had singles as Orangeville tripled Halton 6-2. Zach China and Mitch Thompson had assists.

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Message of Thanks

I would like to thank the Rotary Club and its members who nominated me as Citizen of the Year 2000. Many thanks to my family, relatives, neighbours and friends who attended my dinner on 5 May 2000. Special thanks to the speakers who spoke on my behalf and to the Legion Ladies Auxiliary for providing such a lovely meal. This evening will always be remembered.

Harold Townsley

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