

Sap's on tap at Mountsberg

Mountsberg is home to one of the area's best and biggest maple syrup programs. Our sugar bush provides families and groups with an excellent opportunity to learn about maple syrup production. The quarter mile self-guided trail has interpretive

signs and exhibits to explain the history of maple syrup production from its discovery by Ontario's First Nations people to various modern methods used today.

The sugar bush also boasts the Sugar House where you can watch the whole process

as sap boils down into golden, delicious maple syrup in our modern evaporator. The Candy House is always a hit, with demonstrations and sample of maple sugar candy. New this year is the Sugar Bush Express that takes you on an old fashioned horse drawn sleigh ride through the sugar bush while an interpreter tell you all about forest environment, maple syrup and maple trees.

Mountsberg Wildlife Centre is located on Millborough Line, 5 km west of Campbellville between Hwy. 6 and Guelph Line. For further information call the Centre at (905) 854-2276.



Natural Health News

Spring is the Time to Energize and Heal!

Have you been wanting to help your body eliminate toxins naturally by cleansing but weren't sure where to start? Now there is a simple way. It's the 3 day Sambu Elderberry Mini Cleanse. After the cold, dark months of winter most of us feel the need to rejuvenate our lives. Many of us put on a few pounds from spending far too much time indoors, in front of the TV. Excessive toxins and environmental pollutants, overeating or eating the wrong foods, sluggish digestions, stress, parasites and food allergies can all cause fatigue. Sambu cleanses the skin, colon, lungs, kidneys, liver and sinuses of accumulated toxic sludge. Weight loss of approximately ten pounds may be achieved.

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Arena mural depicts Acton's sports heritage

BYMAGGIE PETRUSHEVSKY
The New Tanner

The first of two murals depicting Acton's cultural, sports and historical heritage is in progress at the Acton arena and is expected to be completed by week's end.

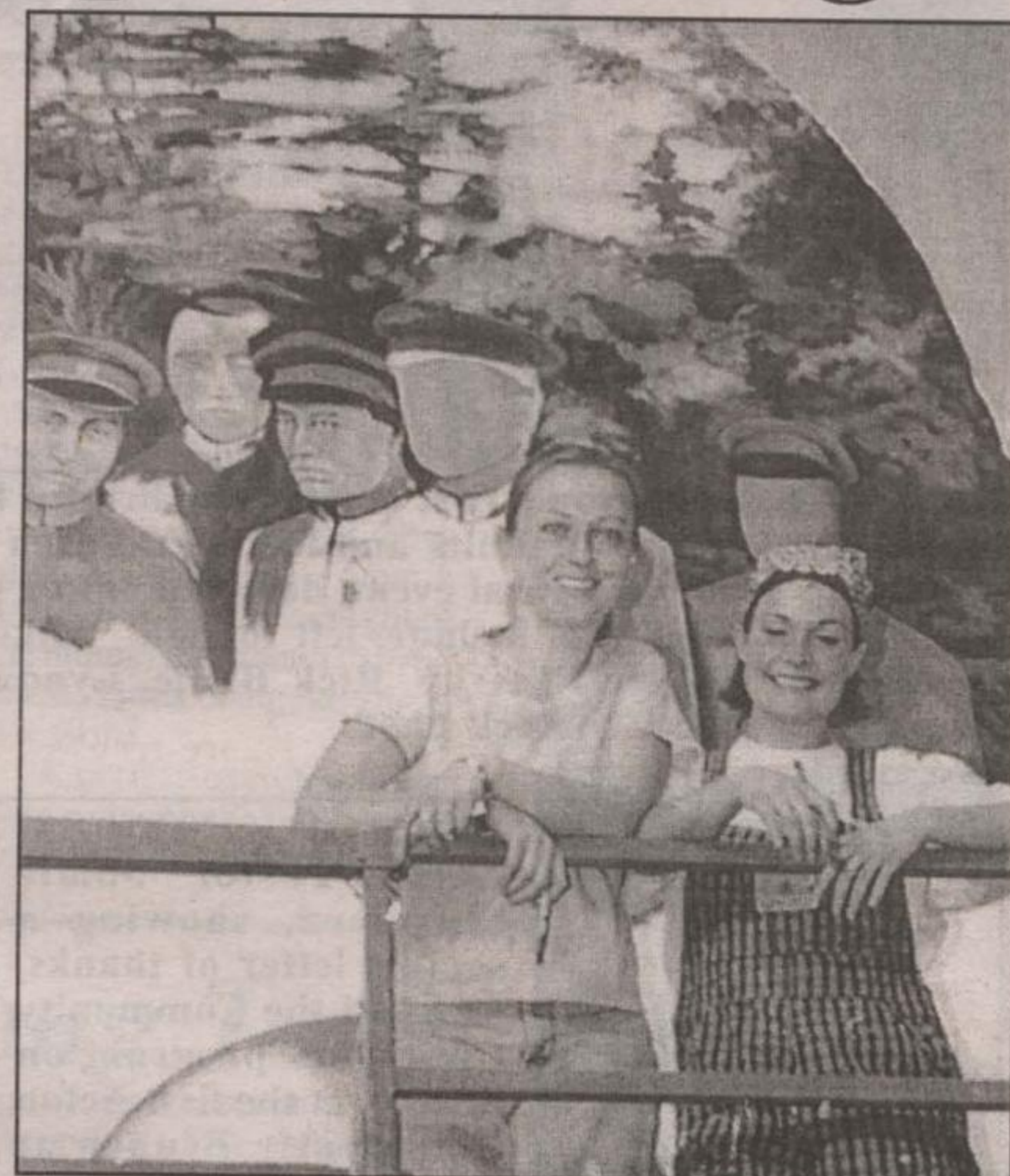
Last weekend, artists Michelle Loughery and Liz Allardice of Vernon, B.C. began drawing and painting their design on the wall opposite the arena entrance.

It has been blocked into three sections. On the left is a picture of the Acton Citizens' Band; on the right is Henderson's Pond. Both of these will be in sepia tones "like an old photograph," Loughery says, while the centre panel, done in full colour, will show hockey, lacrosse and baseball players in authentic uniforms of an earlier era.

Later this spring the two artists will return to do the outdoor mural on the wall behind the Mill/Main Parkette. That one will depict commercial and industrial sites from Acton's past, says Business Improvement Area manager, Janis Fread. Work on that mural cannot begin until repointing and repairs to the wall have been completed.

The idea for murals was raised by the BIA and others, then supported by Heritage Halton Hills, which did some fundraising for the project and applied for grants for it.

Halton Hills Recreation director Joy Thompson says the two murals are expected to cost more than \$17,000. The



IN PROGRESS: British Columbia artists, Michelle Loughery, left, and Liz Allardice pause for the photographer before resuming work Tuesday morning. The band members have only received a base coat, they say, so uniforms will appear quite different in the finished work. - Maggie Petrushevsky photo

project has already received a federal grant of \$8,670 from the Millennium Bureau of Canada, but no word has been received yet on an application to the Trillium Foundation. Donations have also been received from the Acton Rotary Club and promised by a number of local businesses.

Thompson said the choice of artists to do the murals was made by a group of community representatives called the Acton Heritage Mural Committee. They also decided what themes and what individual facets of Acton's history should appear in the murals.

Loughery says she feels a responsibility to portray details accurately when she does a heritage mural for a community. She has already

completed 46 murals, most of them in her native British Columbia. She has done one in Japan, one in Alberta and this is her first in Ontario. She has also been hired for a project in Georgetown and is being considered for one in Toronto to do with the Olympics.

Although she has no formal art training, she was raised in an artisan-oriented family and taught herself the techniques she uses in her work now while she was administrator for an art centre in Sparwood.

Allardice began working with Loughery as a high school student, continued their association during her training at the Alberta College of Art and Design, then returned about a year ago when she graduated.

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POLICE BEAT

Buses vandalized

Vandals did \$6,000 damage to four school buses parked at the rear of Tyler Transport on Queen Street between 9 p.m. Friday and 8 a.m. Monday. The rear exit windows were smashed on all of the buses and 24 seats were slashed and torn on one of them.

Sign smashed

Vandals smashed an Acton Subway sign at the IGA plaza last Sunday night, causing \$1,000 damage. It's the third mobile sign that's been vandalized at that plaza.

Uneasy chair

Firefighters were called to Acton High school at 2:12 p.m. last Wednesday to deal with a burning chair. When they arrived the deliberately set smoldering fire in a recliner chair, located outside the school, had been extinguished.