

Acton athlete prepares for world life saving title

By FRANCES NIBLOCK
The New Tanner

Getting a base tan so he doesn't burn and turning his body clock to Australian time are part of John Eddolls' preparations as the Acton athlete tunes up for the World Life Saving Championships in Sydney, Australia.

Eddolls, 21, and the six-member men's and women's teams leave Sunday, to compete in Australia's national championships in Brisbane, and then at the International Life Saving Federation's world competition - Rescue 2000 - in Sydney in late March.

"We're not going to strut our stuff at the Australian nationals," Eddolls said recently.

"If anything, we don't want the Australians to know what we have in our bag. We'll go to the nationals to get used to the media and train for the worlds."

Sport is an important part of lifesaving in Australia where there were 305 preventable water-related deaths last year. Top lifesaving competitors are treated like NHL hockey stars and lifesaving will be a demonstration sport at the Sydney Olympics in

September, featuring the top six world teams.

Competitors are a blend of lifeguard and athlete, tested for skill, fitness, knowledge and judgment in still and open water rescues, line throws, manikin rescues, obstacles, resuscitation knowledge and skills and staged emergency responses.

Eddolls, who took a year off university when invited to join the Canadian team, said along with the endless pool laps and land training, the

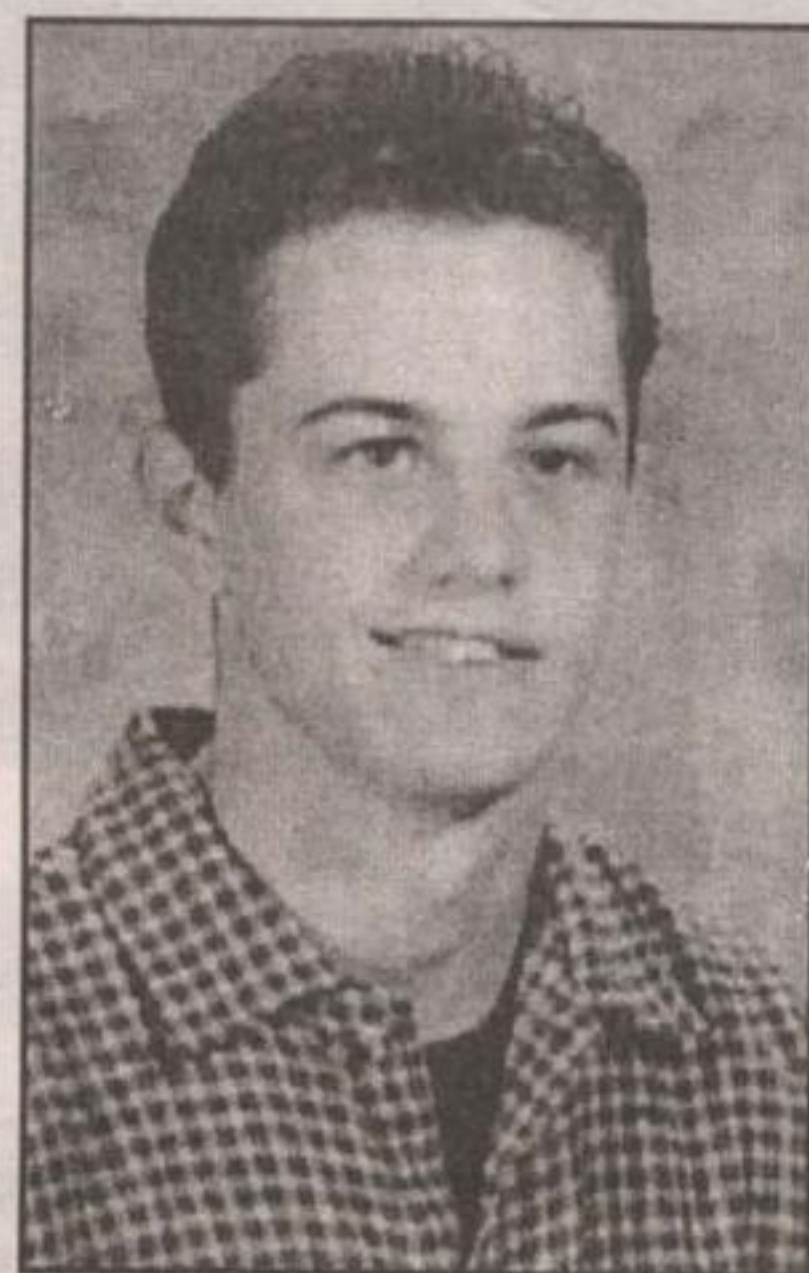
team has been versed in how to proudly represent Canada.

"We'll be meeting with Canada's ambassador to Australia and attending a few other official functions. We're not just down there to compete - we're ambassadors for Canada, our sport. We're there to win, but we'll do it with style," Eddolls said.

Eddolls began his swim career at Acton High school and joined the Acton Aqua Ducks (who he still trains with)

before swimming with a club in Guelph. A longtime lifeguard at the Acton Indoor Pool, Eddolls learned about the national lifesaving team after his boss received a brochure about the program.

"It's been a year that's kind of flown by and provided great changes in my life," Eddolls said, adding he couldn't have done it without all of the generous emotional and financial support from his family, the Acton community and the Town.



John Eddolls

Halton Region Council HIGHLIGHTS

Council was reminded that there is positive news for the long-term situation because the Provincial Health Serviced Restructuring Commission has called for the significant addition of rehab and acute care beds and an increase in long-term care beds is expected.



Medical Pharmacy

(in the Medical Building)
93 Mill St. E. Acton
853-5780

- No \$2 copay (for eligible ODB)
- Free Medication Advice
- Free Local Delivery
- 10% Seniors Discount EVERY DAY



Why not celebrate St. David's Day?

by KAREN COLEMAN
The New Tanner

Yesterday, March 1, 2000, was St. David's Day.

For those who are not familiar with this Saint, he is the Patron Saint of Wales, and lived some time between 400AD and 600 AD. He is said to have founded many monasteries and churches throughout Wales, and many stories and legends about his journeys and teachings strengthened the Church in that country.

Although, the date of his birth is not known, he is thought to have died on March 1st, at the age of 82 - quite an age for that era. Every year, on or close to March 1st, people of Welsh origin all around the world congregate to celebrate their Welsh heritage.

Although I am not Welsh, and not particularly religious, St. David's Day has always meant something to me. Not only was my father born in

Wales, his name is David. My husband is also called David, and my youngest brother (by my dad's second wife) and a cousin also share the same name.

St. Patrick's Day is just around the corner, March 17, 2000. As part of my job I have noticed several graphics representing this Irish day, and stores are stocking greeting cards to celebrate. There are no doubt many Canadians with a Welsh heritage and Welsh immigrants in Canada, yet St. David isn't even mentioned in Canadian calendars.

The national flower of Wales is the daffodil, a symbol of Spring. Many people in the UK celebrate St. David's Day by wearing a daffodil on their lapel, or with a bunch of these bright, colourful flowers. I've never heard of anyone buying a bunch of shamrocks to bring spring into their home!

Why is it, then, that St. David's Day is not celebrated to the same degree as St.

Patrick's Day in Canada? Is it a coincidence that St. Patrick's Day just happens to fall during the March break? Not a bank holiday (yet), but for many Canadians, the first holiday of the year.

It was recently suggested to me that the Irish like to drink, and therefore it is a good excuse to have a party (no offence meant). Well, the same could be said of the Scottish, and the English are renowned for enjoying a beer or two.

St. George, Patron Saint of England (April 23rd) and St.

Andrew, Patron Saint of Scotland (November 30th), also appear not to be recognized on North American calendars. Since there is a strong English and Scottish heritage in both Canada and the US, I find this very strange. Perhaps it is different in other provinces.

As a newcomer to Canada, maybe I have got it wrong. I wonder if there is anyone out there who could enlighten me!

(Karen Coleman is a staff member of The New Tanner)

LEGION NEWS BRANCH No. 197



By Joyce Buchanan

Well, once again I can't complain about the weather. But wait till March shakes her tail.

Seems the fellows were away playing Crib, but sad to say they didn't win. As always, they had a good time. Three euchre teams will be going to Port Credit on March 1. We wish them well and at least a good time.

Finally, we have having an Open House on Sunday, March 26 from 1 to 6 p.m. to celebrate our 70th anniversary. All we ask is you purchase a 2 ticket ahead of time. This will give us an idea of how much food to order. The money will be all given to the poppy fund. Tickets are available at the bar. Cut off date is March 18 so come on down and join the party.

The General Meeting and Initiations are set for Monday, March 13 at 8 p.m.

To all who are ill, a speedy recovery.

See you at the Branch.

dublin improvements



kitchens & baths and so much more!!!

FREE ESTIMATES

Dave Dawkins 853-2887

isn't it time for a change?

CARPET & VINYL REMNANT SALE

Carpet 6ft to 35ft Long

Vinyl 6ft to 12ft Long

clear out price

CASH & CARRY



Carpet & Hardwood Outlet

128 Guelph St, Georgetown • 702-1217

OPEN 7 DAYS A WEEK: Mon-Fri 9-7 • Sat 9-5 • Sun 12-4

Sunquest

ACAPULCO

You'll be captivated the moment you see the stunning beauty of Acapulco Bay! Enjoy the long beaches that rim the calm, blue Pacific. By day, her bay is full of activity. At night, Acapulco glitters with discos & nightclubs!

Costa Club Acapulco Beach Resort



SUN & FUN CLUB AT LAS TORRES GEMELAS

All-Inclusive. Ideally centred in the hub of Acapulco's finest shops, restaurants and exciting nightlife. Every room offers a great view of the bay. 2 kids 10 years & under stay & eat free!

\$1049 Studio Ocean View. Thursday, March 16 departure, 7 nights

PLAZA LAS GLORIAS PARAISO

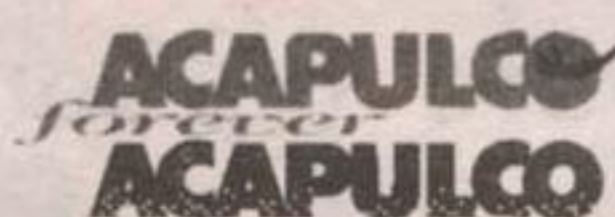
Receive access to nearby Continental Plaza & Plaza Las Glorias Mirador. Includes domestic drinks daily, activities & nightly entertainment. 2 children stay & eat free 5 years and under.

\$899 Hotel Room. Thursday, March 16 departure, 7 nights

COSTA CLUB ACAPULCO BEACH RESORT

All-Inclusive. This popular beachfront resort is ideal for singles, couples & families, and offers a great all-inclusive program. Its prime location has great shopping nearby. Enjoy the 'adults only' Oasis Health Club.

\$1249 Hotel Room. Thursday, March 16 departure, 7 nights



Prices are per person, double occupancy from Toronto and subject to availability. Applicable taxes, surcharges and related fees are additional. Flights are via Skyservice. Sunquest Reg. #04555793.

TED TYLER TRAVEL SERVICE LTD.

"Best Price, Best Service Since 1972"

519-853-1553 • 888-833-8953 • Fax: 519-853-1559

379 Queen St., Acton, Ont. L7J 2N2