

# Local instructor heads Canadian Jiu-Jitsu Ass'n.

BY MAGGIE PETRUSHEVSKY  
The New Tanner

Rockwood martial artist has been elected president of the Canadian Jiu-Jitsu Association (C.J.A.).

Linda Squires-Bromley, formerly of Milton, teaches two jiu-jitsu classes at the Acton Boathouse each week along with classes for the physically disabled in Toronto, Oshawa and Whitby. She also teaches self defence classes in high school.

Squires-Bromley began studying jiu-jitsu for fitness when her 12-year-old son began his lessons. The more she worked at it, the more she loved the sport. When downsizing ended her career with an engineering firm she decided to turn her hobby into a new career. She now can't imagine retiring because she's having far too much fun to consider this working.

A vice-president with the C.J.A. for nine years, she was

in charge of the group's public relations. Now the C.J.A.'s first female president, she will work to expand and promote the sport, including going to England in 2001 to represent the association in its bid to host the 2004 World Championships.

The Canadian Association was founded in 1963 and hosted the first World Championships in 1984. The Canadian team members were the big winners at that meet. They were also the world leaders when England hosted the championships in 1986, and Australia held them in 1988. Earning three consecutive titles put Canada in the Guinness Book of World Records and set Canadian practitioners' on quite a pedestal among their international peers, Squires-Bromley says with a chuckle. It has even earned them applications for membership from enthusiasts in distant places, like Israel.

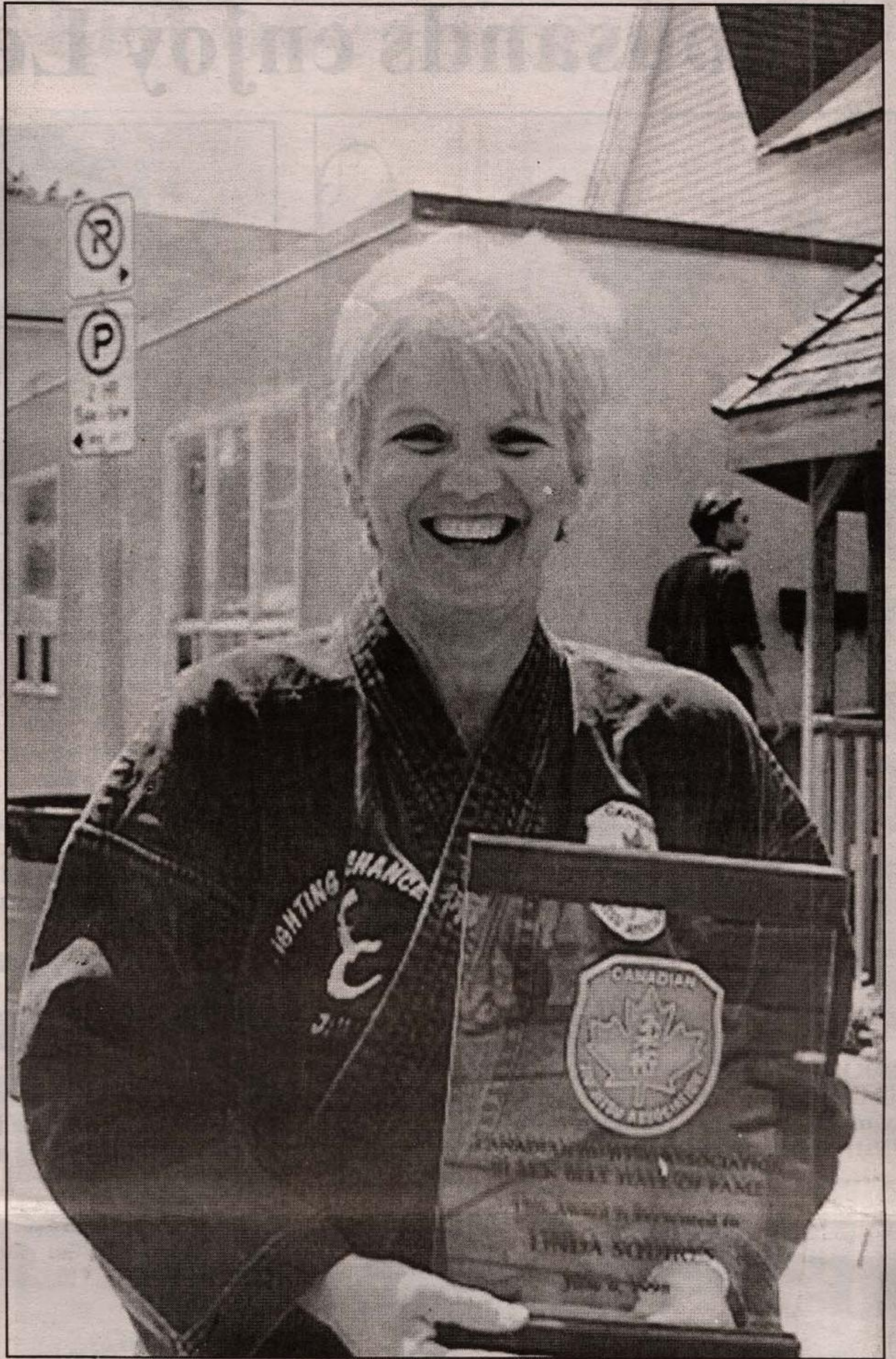
The Ontario Ministry of

Tourism and Recreation, which sponsors the Ontario Games for the Physically Disabled, has accepted jiu-jitsu as an event for the games and Squires-Bromley hopes to see jiu-jitsu accepted as an Olympic sport, too, in the near future.

Jiu-jitsu originated in Japan more than 2,000 years ago. Judo, aikido, hapkido and many styles of karate came from jiu-jitsu.

The art teaches respect for oneself and for others while building self confidence and self esteem and providing tools for self defense, Squires-Bromley says.

Jiu-jitsu offers from other martial arts mainly because of the ground defenses and grappling. At least 90 per cent of all confrontations do end up on the ground. Because of the joint locking techniques which require little body strength, jiu-jitsu is very useful for women, children, the elderly and the disabled, she says.



**NEW PRESIDENT:** Linda Squires-Bromley, a second degree black belt, has been elected president of the Canada Jiu-Jitsu Association. Last year she was also inducted as a member of the association's Black Belt Hall of Fame. In 1997 she was the CJA instructor of the year, certified as a national referee, and presented with a Special Achievement Award from the province for her contributions to amateur sport.- Maggie Petrushevsky photo

## Minor Soccer Report

### GIRLS Under-15 Select

Lindsay Rogers and Emily Henderson shared the shutout as JTA Business Services blanked Caledon 5-0 in an away game last Thursday. Nicole Findlay scored twice and Kim Freeland, Danielle Young and Heather Moon had singles. Assists went to Jasmine Stofast, Alicia Roza,

### Sabrina Fread, Stephanie Christie and Megan Colvin.

Visiting Brams downed JTA 3-0 on Sunday. The game was scoreless until the second half when, despite outstanding efforts by Heather Moon and Jasmine Stofast, Brams scored three unanswered goals.

### Under-13 Select Acton Musicland had a tie

and a loss against Bolton last week. Laura Pacevicius had Musicland's lone goal in a 1-1 tie away game. Both Katie Banks and Heather Ellis had strong games. The next night, visiting Bolton edged Acton 2-1. Bella Wolfer scored for Acton and a great kick from Ava Stofast hit the crossbar. Leanne Marcoux and Kasia Sitarz played well and netminder Allison Clemmens made some amazing saves.

### Under-15 House

Acton I battled to a 2-2 tie with Bev Gray Design last Tuesday at Acton High. Jenny Oudesluys and Nicole Findlay scored for Acton I with help from Heather Moon and Mandy Johnson. Jennifer Morin and Becky Taylor play well in midfield. Ava Stofast scored twice for Gray with help from Jasmine Stofast and Danielle Young.

### BOYS

#### Under-13 Select

Joe Douglas booted a pair of goals to help Halton Hills Furniture to a 4-4 tie with Georgetown Eagles in an away game on Monday. Paul Sharples had a single and two assists and Jason Beattie scored once. Simon Sharples played a strong defensive game.

Visiting Erin defeated Halton Hills Furniture 3-1 last Thursday. Paul Sharples had HHF's lone goal.



**AND SHE CONNECTS!** This little T-ball player put her whole heart into her swing and made a good, solid hit.

## Bowen on Ontario team

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When Team Ontario competes at the national volleyball tournament in Montreal in mid August, 15-year-old Josh Bowen of Acton will be one of their members.

Bowen, a member of Oakville's Bronte Beach team, was picked for the team during the Ontario Regional games in Ottawa earlier this month.

A volleyball enthusiast for the past four years, Bowen says the local teams in Region 3 - from London to Toronto - attracted 150 kids to compete for spots on the Regional Team during the Ottawa meet.

To make up Team Ontario, organizers watched all the kids play, then selected individuals from the various regional teams for the provin-

cial one.

Bowen was surprised to be picked for the team because he is a year younger than his teammates. The team is off to Kingston for a couple of weeks of training and playing together before heading to Montreal to meet teams from each of the other provinces.

Members of these teams are potential members of Team Canada and the Canadian Games, Bowen says. However the provincial teams disband after the Montreal events unless they are the tourney winners. In that case there are still further tournaments for them.

Thrilled to have been selected to play with the 16 to 18-year-olds, Bowen says he hopes to earn a sports scholarship when he's ready to attend university.

He also plays golf but his main focus is volleyball.

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