GRAPEVINE

Trinity helps Youth

Proceeds from the Trinity United Church booth at the Acton Trunk sale on Saturday, Aug. 14 are going towards the Youth Centre in Acton. The church has a booth at the trunk sale every Saturday dispensing refreshments.

Galling the Bullpen

Canadian Blood Services has enlisted the support of Toronto Blue Jays' pitcher Kelvin Escobar with the slogan, "Pitch In and Save a Life," for its blood clinics. Summer is traditionally a tough time to keep the 59 hospitals in central Ontario stocked with blood then need for emergencies and surgeries as many donors are on vacation. So the call is out to the bullpen for the Acton blood clinic at the Acton legion hall, 15 Wright Ave., on Thursday, Aug. 19 from 3:30 p.m. to 7:30 p.m.

Healthy individuals between the ages of 17 and 71 can give blood every 56 days, although first time donors must be 60 or younger.

All blood types are needed, with a special need for type 'O'.

Free job workshops

Looking for a job? Sheridan College is holding free workshops during August at Georgetown and Milton to aid job seekers. You can choose from Resume Writing, Contact Card/Cover letter, Interview and Presentation Skills, Hidden Job Market and labour Market Trends and The Internet.

Seed money for the workshops comes from the federal government and further information is available by contacting Georgetown HRC at (905) 877-4639 or Milton HRC at (905) 876-9828.

Need volunteers

The Arthritis Society of Halton/ Peel is seeking phone volunteers, leaders and convassers to help in their September residential campaign this year.

Four million Canadians are afflicted with the different forms of arthritis, including hundreds from Acton and district. Funds from the September campaign go towards

research into the alleviation.

For more information or to volunteer call Jos Bosboom who is in charge of the Acton and district campaign at (519) 853-0738.

Georgetown gets help

Georgetown Hospital is among the 27 hospitals which will receive part of the \$30 million from the Province to help retain and recruit physicians to work in emergency departments.

MPP Ted Chudleigh said the money is only an interim step taken while the whole issue of physician supply and distribution is considered. He announced the appointment of Dr. Robert Kennedy who will examine the scope and cause of current physician supply and distribution issues.

Health and Long Term Care Minister Elizabeth Witmer acknowledged the government is responding to an urgent need and hopes funding will help stabilize emergency services in the 27 hospitals.

Improvements, changes

Business improvement and changes in Acton and area include the installation of new freezers at MacMillan's Frozen Fruit and Vegetables on Highway 7 west. The business was closed for a week at the end of June so the improvements could be installed.

Another wrinkle: the LCBO store on Queen Street has extended its hours to 9 o'clock every weekday from the usual 6 o'clock closing.

Look for some of the vacant stores in Acton to be open again from the fall season. Several tentative deals are in the works and could be announced soon.

Bereavement group

For those who have recently experiened loss of a loved one and are seeking support, a bereavement group is starting on Monday, Sept. 13 of this year. The location is The Hinton Room at St. Alban's Anglican Church in Acton at the corner of Willow St. and St. Alban's Drive.

To register contact Carin Pelka at 853-2091 after 5 p.m. or Joan Waldie assisstance for those afflicted and for Jenkins at 853-3758 after Aug. 28.

Between A Rock ...

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eral caucus to see if it makes politi-

cal sense.

Cynics would suggest that the committee might have been a stalling device to let the issue drift into oblivion, and into the next election. But the committee has gone about its work. You have to stay optimistic in this business - perhaps Mr. Rock's innovative approach will actually lead to a ministerial announcement now that the committee has presented him with its report. And maybe the government will finally bring forth legislation to replace S-

The cautious part of me is keep-

ing a successor to S-13 in my back pocket - a successor that I think will stand a better change of surviving procedurally.

But none of us want to mobilize to fight again. It's a punishing proc-. ess, with uncertain prospects for success. Wouldn't it be wonderful if Allan Rock actually came through on his promise? One thing I know: a lot of Canadian toddlers who don't even know what a cigarette is yet are counting on him.

Senator Kenny is the author of Bill S-13, The Tobacco Industry Responsibility Act. For further information, his website is located at: www.sen.gc.ca/ckenny.

Dealing with grief

Death strikes. Grief hits. They leave a community to mourn its sudden losses.

The recent tragic deaths of three young people in North Halton remind us of the vital support role played by adults as well as peers when a friend dies. Grief and mourning takes many forms. Teens (like adults) may feel shock and disbelief, anger/irritability/hostility, confusion, sadness, loneliness, fear, anxiety, and guilt. These feelings have no set patterns or timeframe. They are further compli- expectations

cated by the teenage struggle for independence.

How can adults reach these teens?

provide opportunity for ex-

pression of feelings offer support- give permis-

sion to grieve validate and acknowledge feelings

provide open and empathetic communication

maintain family routines and



Scout Reserve, a scant three miles from Acton, Scouts Tom Watson, Dirk Van Goozen and George Johston obviously had to do the dishes after the rest of the troop were out on some exciting expedition. It's a George Mason photo rescued from the archives.



From the desk of J. 7. Marks

To: My Bank Manager From: J.T. Marks

The banking business has certainly changed since I was a kid. I can remember saving all year. If I had an extra penny, nickel, dime or quarter I'd put it into my piggiebank (the kind that you have to break to open - ones that you can't became too full to accept more and break it open right in front of the cashier. She would help count it and fill out a deposit slip for me. After she updated my book she would hand it back with a candy deposit.

dreaming about all my money never on spending it - just on having it. I really loved the bank. It was where 'my' money was; a nice, safe place filled with friendly faces - faces that even knew my pay.

Sometimes I wish I didn't have to grow up. But I did and as the years pass I notice that you people at the bank have grown up too. Just like my brother Bart's kids say all the time; "Gee, when you grow up - you're no fun anymore." It's true. What happens?

Last Wednesday I was at my branch. As I approached, I saw that the line-ups of customers was almost out into the mall's main aisle. I had my pay-cheque to cash and some rather important bills to take car of so I had to wait. It was while I was standing in line that I noticed the strangest thing. When

there was 12 of us in line you had three tellers open. When the line got down to eight you opened a fourth. Then the cinema next door let out and 10 people joined the line to bring us up to 18.

It was then that I had a revelation and your system finally became known to me because at that precise seem to get nowadays). When it minute, two of the tellers went on a break. So your formula for determincoins I would take it to the bank ing how many tellers you keep open is directly proportionate to the amount of people you have waiting in your bank. In other words, the more people you have waiting, the less number of tellers you make and I would be on my way, confi- available. It doesn't make sense to dent that my vast fortune would me but I am sure there must be a be safe until I made next year's good reason for it - just like why you consider business hours to be 10 a.m. I would spend the next two days to 3 p.m. (I once suggested those just looking at my bankbook and hours to my boss, Adolph, and almost got fired.)

I eventually got to a teller and it was there that the fun really started. I offered her my pay-cheque, my bankbook and the two bills I had to

"More than one transaction?" she

"Yes," I said, with a smile. "Well, all right this time, but would ask that in future you have more consideration for the other customers and keep your transactions to a minimum." (What on earth did that mean?)

Before I could respond I was informed that there would be a 75 cent charge for paying bill number one and a \$2 charge for the money order to cover bill number two. (Good thing I'd filled out my own deposit slip this time.) That was okay - I guess - but I really wanted to know what this mysterious \$1.75 'auto-

matic computerized bank debit' was all about. It appeared on my account every so often but not on any regular basis I could figure out. I asked her what it was. She looked at me in utter frustration (oops, another transaction, I suppose) and said it was as much a mystery to her as it was to me, (I wasn't surprised), but I could ask the girl on the customer service counter about it if I wanted.

I looked over to where she was pointing and noticed one girl looking after a line of about 11 customers. I thought if I dared join the line she's liable to be asked to close it down. So I decided to come back when there were only two customers and five people to look after them.

Well, after some more grumbles about having to get a signature because I was over her limit, (\$231.37 is over her limit? Why is she there?), I had all my banking done - and it had only taken me 45 minutes this time. This, of course, doesn't count the amount of time she spent telling me about not accepting coins unless they are wrapped in your bank's own wrappers and clearly display the stamp of the Government's official Weights and Measures Division to certify that each roll contains the correct number of coins.

Piggie-banks? She just looked at me as if I had a piece of spinach in my teeth and asked me what that was.

Sure isn't like the old days. I think I'll take my over-draft some place else.

See ya later.

be patient

be willing to talk about death be aware of the stages of grief and help your teen to understand

them help identify and support partment

healthy coping patterns. accept that there are no answers to some questions

As adults, we often feel unable to cope with our own grief. Sometimes, Centre we have trouble explaining things to young people that we do not understand ourselves. There are commu-

nity resources that can help you in supporting youth as they work through the emotions that come with grief/loss.

Halton Regional Health De-

Halton Family Services Canadian Mental Health As-

sociation Burlington Bereavement

Family Doctor

Private Family Counsellors Your local library, crisis lines

or funeral homes

Acceptance, support and time will help you and your young person through this very difficult process.

For more information about teens dealing with grief, please call Halton Regional Health Department at (905) 825-6060, ext. 7835 - TTY (905) 827-9833. For local calls from Acton 853-0501; Georgetown 878-8113.