## Ontario Government provides additional funding for **Nutrient Management**

The provincial government is helping farmers further protect the environment and water supply by providing additional funding under the Nutrient Management Financial Assistance Program (NMFAP),

The government is providing an additional \$3.7 million under the program to help farmers make environmental improvements on their operations and meet the requirements of the Nutrient Management Act. These additional dollars mean that all eligible applicants will receive funding to help with nutrient management projects.

The program provides up to 60 per cent of the funds. When combined with financial assistance available from the federal government under the Agricultural Policy Framework, up to 90 per cent of a farmer's total costs could be covered.

Cheques covering the provincial portion of completed projects will be issued this week. Letters of approval for other applicants will also be issued as soon as possible.

This program, combined with other projects and practices Ontario farmers have implemented over the years, has reduced the risk to the water supply by ensuring the proper management of more than 4.2 billion litres of liquid animal waste and more than 740,000 tonnes of solid animal waste each year.

## **Effective Diabetes Management** A free seminar presented by Halton Healthcare

embers of the public are invited to attend a free seminar entitled "Maintaining Effective Diabetes" Management" on Tuesday, November 8th at 7:00 p.m. in This event has been organized by Halton Healthcare Services (Milton District Hospital site) in partnership with the Halton Diabetes Program and the Canadian Diabetes Association. The event is made possible due to an unrestricted educational grant from Abbott, AutoControl Medical and GlaxoSmithKline, with appreciation to Milton District Hospital Foundation, Siemens Hearing Instruments and Unitron Hearing Canada.

Dr. Gail Macpherson, M.D., Family Physician with Halton Healthcare Services, will provide a comprehensive overview of diabetes. Leah Heinze, Registered Dietitian, will emphasize the importance of sound nutrition on diabetes management while Tracy Hasselfeldt, Fitness Specialist, will discuss the benefits of physical activity concerning diabetes.

November is Diabetes Month in Canada. More than two million Canadians have diabetes. By the end of the decade, this number is expected to rise to three million! The theme this year is "Diabetes-Get Serious!" With so many people affected by this chronic, progressive disease, it is important that everyone works together to diagnose, manage and prevent complications.

Today, more than ever before, people with diabetes can expect to live active, independent and vital lives if

they make a commitment to careful diabetes management. If left untreated, or improperly managed, diabetes can result in a variety of complications such as kidney disease, eye disease, and nerve damage. Blood sugar control is a key component of diabetes management. A recent study in Canada has shown that only one in two people with type 2 diabetes have their blood sugar under control.

Diabetes is a complex disease, but it can be managed by education and a healthy lifestyle. Physical activity and fitness, good nutrition, medication and good blood pressure are instrumental in diabetes management.

Individuals with diabetes and their families, and anyone interested in learning more about the disease are encouraged to attend this seminar. The event will be held at the Milton District Hospital Classroom in Milton on Tuesday, November 8 with displays and refreshments from 6:30 p.m. and the seminar commencing at 7:00 p.m. The Hospital is located at 30 Derry Road East, which is west off Bronte Road.

To reserve a seat for this free event, please contact 905-338-4379 or elittle@haltonhealthcare.on.ca. If you are unable to attend the event and would like more information on this topic, speak to your physician and contact the Canadian Diabetes Association at 1 866 429 3681 (2511) or www.diabetes.ca

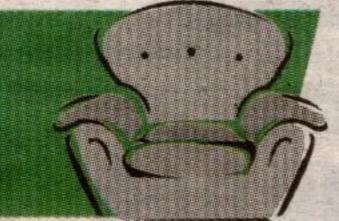
ASL interpreter service is available and must be pre-booked by fax at 905-878-0498 or email at cpopp@haltonhealthcare.on.ca



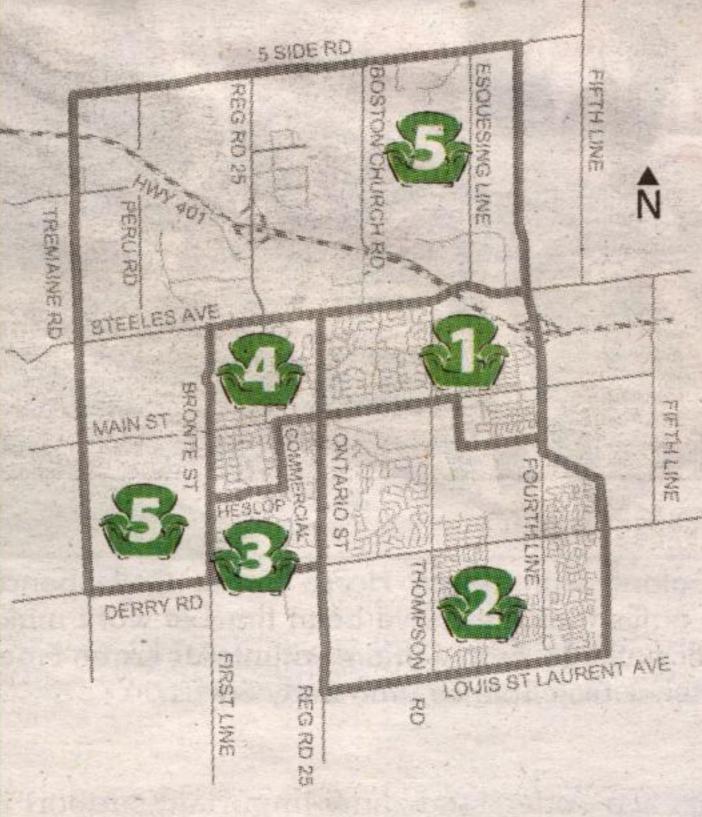
# The Regional Municipality of Halton



## Milton Urban Bulk Collection



Place items at curb by 7:00 a.m. on your designated bulk collection day. Check the map for your corresponding collection zone. Items will be collected on the day designated for your zone.



If you have unwanted items that are in good condition, consider donating them to a charitable organization or reuse centre. You will be diverting material away from Halton's landfill and helping people in need at the same time!



#### Metal and Appliance Call-in Collection Service

Metal items and appliances will ONLY be collected on a call-in basis, and therefore will not be collected on your scheduled Bulk Collection day.

To receive collection, please call Halton Region at 1-866-4HALTON(1-866-442-5866).

Metal items and appliances include refrigerators, freezers, dishwashers, stoves, washers, dryers, metal furniture, broken down swing sets, etc.

#### **Bulk Waste Collection**

Zone 1	Wednesday, November 9
Zone 2	Wednesday, November 16
Zone 3	Wednesday, November 23
Zone 4	Wednesday, November 30
Zone 5	Wednesday, December 7

#### The following materials will NOT be collected:

- Automobile Parts\*
- Propane Tanks
- Tires
- Building and Demolition Debris
- Concrete and Bricks
- Household Hazardous Waste
- Cardboard Boxes
- Tree Branches
- Tree Stumps\*\*
- Soil and Rocks

These items may be disposed of at Halton's Waste Management Site (HWMS), 5400 Regional Road 25, Milton

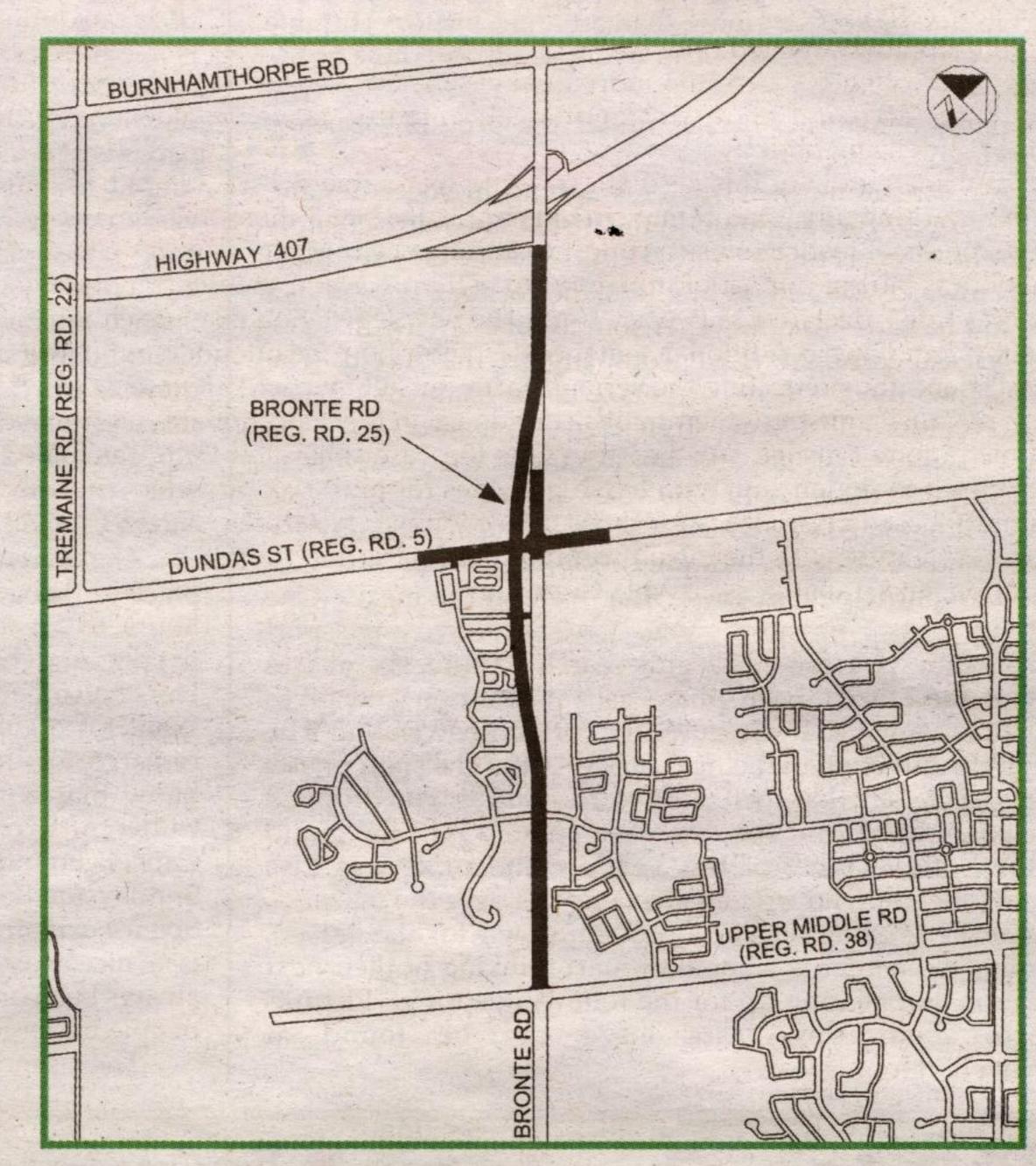
Open Monday - Saturday 8:00 a.m. - 4:30 p.m.

\*Only small non-hazardous automobile parts can be accepted at the HWMS.

\*\*Only small tree stumps under 30 cm (1 ft) in diameter can be accepted at the HWMS.

### NOTICE OF CONSTRUCTION

**BRONTE ROAD (REGIONAL ROAD 25)** RECONSTRUCTION FROM **UPPER MIDDLE ROAD (REGIONAL ROAD 38)** TO SOUTH LIMIT OF HIGHWAY 407 TOWN OF OAKVILLE



CONTRACT NUMBER: SCHEDULED START DATE: SCHEDULED COMPLETION DATE: CONSTRUCTION SUPERVISOR:

R-2048B-05 OCTOBER 27, 2005 SPRING 2007 **BOB WICKLUND EXT. 7607**