

Fighting for the championship

STORY AND PHOTO BY DONNA DANIELLI

"Are you standing on an earthquake zone I don't know about?" Sifu Glen Doyle teases a wobbly young student before patiently adjusting the boy's stance. Sifu means teacher and it is a role that Glen Doyle, owner of the Cead Bua Fighting Arts Centre in Milton clearly takes to heart. His good humour and gentle teaching style go a long way to inspire this class of "Little Warriors". "We just like to have fun," says Doyle. "I was taught through encouragement, not intimidation. You have to keep your humour." Doyle may be world-renowned as a three time Canadian Kung Fu Champion, but it is his friend, figure skating champion Elvis Stojko who receives a request for an autograph as the students leave the studio. "To me, if it brings joy to them, that's great," shrugs Stojko when the impromptu autograph session is mentioned. "I'm not really caught up in the celebrity fame thing. I tend to focus on what I enjoy doing and when you do that, you reach people differently than just because you were on TV."

There's a slogan posted at the fighting arts centre that reads "When it's too tough for everyone else, it's just right for us." That pretty much sums up Stojko's and Doyle's attitudes. What they offer through their teaching at Cead Bua is tough, competitive, and extraordinary. "The World Karate Association (WKA) calls it a soft style," scoffs Doyle. "The style we do has power. It's very aggressive. Every time you move, you hurt your opponent." The uniqueness of their style became readily apparent when they presented a seven-minute demonstration at the World Wushu Championships in Baltimore. "The combat style, one on one, looks really intense," admits Doyle.

Aside from running his own martial arts business and teaching, Doyle has also taken on the new role of coach to Stojko and teammates Michael Morris and Richard de Borja as they prepare to represent Canada at the WKA World Championships in Niagara Falls at the beginning of November. "I feel confident, it's going to be fun," says Stojko who will compete in both hand and weapon forms. "For Elvis, it's like visiting an old neighbourhood to represent Canada," voices Doyle, referring to Stojko's figure skating career. Stojko looks on it a little differently though. "I love it because I don't have to bring my skates with me, I have a different set of blades," he laughs, referring to the double daggers he will use in competition. The daggers were a gift from Doyle at least a decade ago and are inscribed "Whatever it takes" and "Strong Horse, Strong Punch" (in reference to the main stance, the horse, that is used in kung fu.) "There's always a weapon that becomes yours," explains Stojko of his affinity for the daggers. Doyle himself was world renowned for his combat in the mid-nineties with an unlikely weapon, a wooden bench. "That bench took me around the world," he reminisces. Making the shift from competitor to teacher and coach was an easy choice for Doyle though. "I like the fact that I can put "undefeated" in front of my name," laughs Doyle. "I had done everything that I wanted to do. Now I want to help others and teach them the road that I was on." Still he admits, "I'll probably pace more than them," as he coaches Stojko, Morris and de Borja at the World Championships. There are expected to be representatives from 42 countries and approximately 2,000 competitors at the Championships in Niagara Falls. "The Austrian team is very strong," says Doyle.

"Apparently, there's a rivalry between them and Canada. When the World Championship is in your own country though, it's a big effect. You have to step it up and bring a good showing." He looks over at Stojko, grins and predicts: "Those Austrian will know how to spell Milton when we're done."

Three time Canadian Kung Fu Champion Glen Doyle poses with student, world renowned figure skater Elvis Stojko at the Cead Bua Fighting Arts Centre in Milton.



Classic Horse Show to be held in Oakville

When the Oakbridge Equestrian Centre in Oakville was first built in the 1960's it was considered one of the premier horse show facilities in southern Ontario. This year, in keeping with the dream of Dave Hryzulak to once again host premier equestrian events, Oakbridge will be hosting their first annual Fall Classic Horse Show.

The current Oakbridge team led by Barbara McLeod, with hard work and dedication from staff, students and their families, has brought this dream to reality.

The primary show will be held on October 14 and is offering \$2,500.00 in prize money, coolers for Champion and Reserve as well as other prizes to be competed for by top riders from the GTA. It will also feature a Mini Prix at 1:00 p.m.

What makes this show even more unique is that the jumper ring will feature a pink horse jump, entitled Jump for Hope in support of the Canadian Cancer Society and Breast Cancer Awareness month.

During the show, Oakbridge riding students will be canvassing for donations and distributing the famous pink ribbons to all attending. All money donated will be given to the Oakville Cancer Society and designated for breast cancer research.

The 2005 Primary Fall Classic begins at 8:00 a.m. For more information please contact the Oakbridge Equestrian Centre at 905-257-3999, fax 905 257-5806 or by e-mail at oakbridge@hotmail.com. The centre is located at 1354 Burnhamthorpe Road West in Oakville.

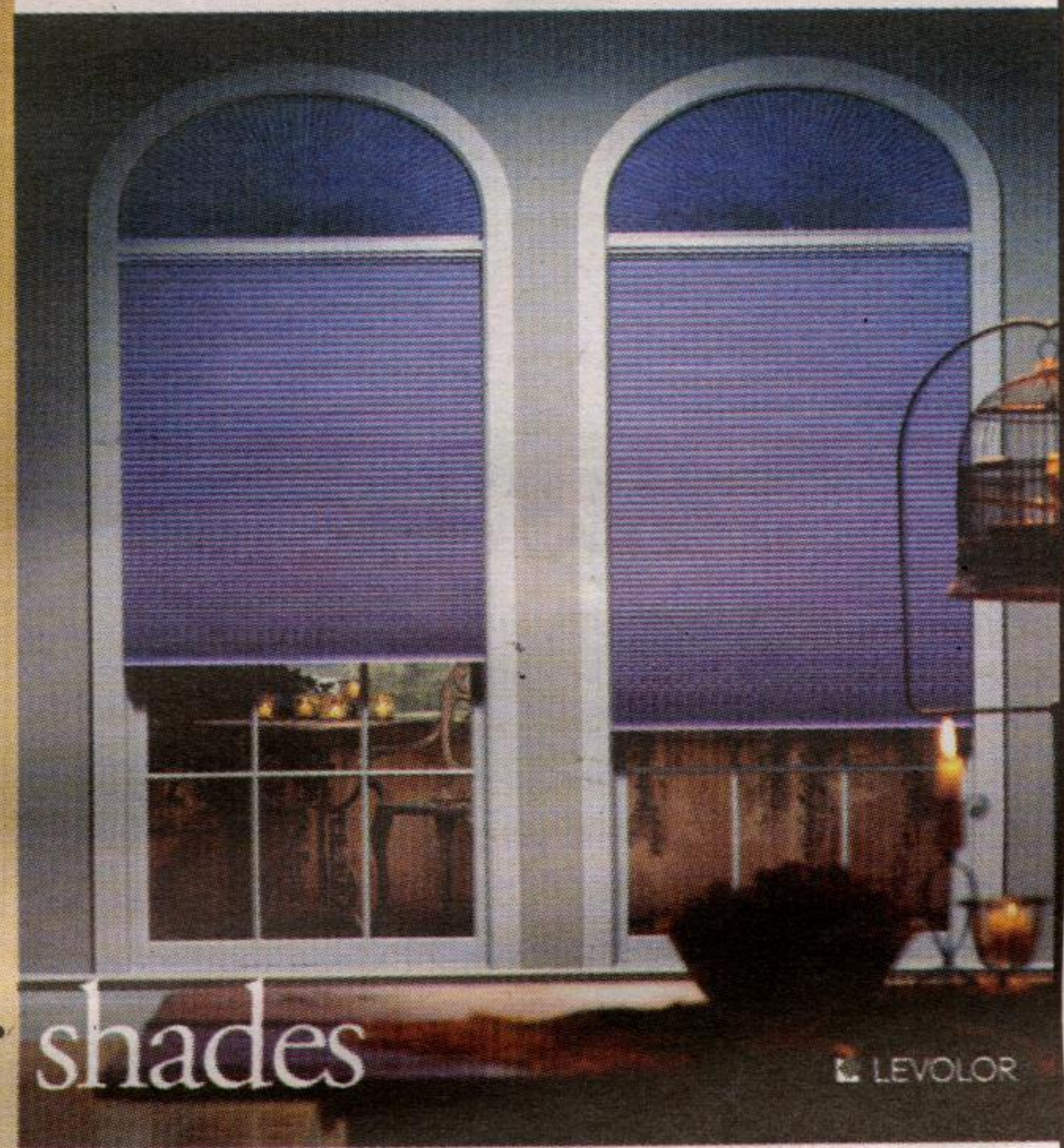


Barb McLeod pictured with Scotty in the paddocks of the 98 acre equestrian centre.

LEVOLOR

ELEVATE YOUR STYLE WITHOUT PULLING A CORD.

Express your individual style with Levolor® Cellular Shades. Rich vibrant fabrics and colour make this stylish collection a great addition to any room. Choose Cordless for a clean, easy-to-use shade without cords.



cellular shades

LEVOLOR

Cool in the summer...warm in the winter...a collection of great style, colours and fabrics.

NOW SERVING YOUR AREA

Blinds Are Us

Call Annie at 905-693-9318

35b Sasaga Drive at Manitou, Kitchener | 893.8687 | www.blindsareus.ca
1-800-640-1717

NEW FURNITURE AND ELECTRONICS BY UNRESERVED PUBLIC

AUCTION

Saturday, October 1, 2005
Mainway Community Centre
4015 Mainway, Burlington, On.
Preview 10am/Auction 11am

Norm Webster, Auctioneer, has been instructed to liquidate this superb collection of new furniture and accessories at a "NO RESERVE" auction. **3 piece sofa sets** from traditional to contemporary to designer looks, from **100% Italian leather** to the highest grade fabric on the market. **Gorgeous Dining room suites**, some with matching buffets, hutches and sideboards, some in solid wood and in wood veneer; cherry, walnut, mahogany, pine, and maple finishes. **Elegant bedroom outfits** to include a stunning **8pc Queen Bedroom Suite** in medium oak, and a fabulous **8pc Queen Sleigh Bed Suite** with hidden drawers. Gigantic Cherry Finish Poster Bedroom Suite. Texas Holdem Poker Table, clay poker chips, home entertainment Slot Machines. Huge assortment of coffee, end tables, gifts, and lamps. **Huge assortment of electronics and home theatre: 19"- 61" wide screen TV's**, DVD players, all under warranty. Selection of electric hand tools; 1/2" hammer drill. Many framed pieces of art, Limited Edition numbered "Group of Seven". Bombé Chests. **Quality mattresses and box spring sets** in single, double, queen and king from the most economical to the **highest quality pocket coil pillow top sets on the market**. 19th Century Reproduction French Commodes with gold overloom, Remingtons, Satsuma, Limoge vases, sign boards, and crystal. 32pc pots and pan sets from Germany. 65-98pc China dish sets. Cutlery and Knife sets. Tribal Art, masks, porcelain dolls, 8x11 & 5x8 carpets, Handmade 100% Persian Wool Carpets, baker's racks and Tiffany lamps. This is a partial listing. Many more stunning items not listed. Subject to additions and deletions.

THIS MAY BE THE BEST AUCTION YOU HAVE EVER SEEN

Ample parking. Delivery Service Available. Payment: Cash, Visa, M/C, Debit. 10% Buyer's Premium. Everyone Welcome! For more information call 519-821-9331 Or visit www.unclejoesauctions.com And www.auctionsfind.com/unclejoes/index.htm