

board & batten

ALL THE COMFORTS OF HOME & GARDEN

Clutter is in the mind

Recently at a fundraiser for Wellsprings Cancer Counselling Centre, Janet Trinder of North Oakville won professional decluttering services from Chrissie Godin of Clutter Rescue. Janet said, "I was so excited to win a raffle item at the fundraiser, it was for 6 hours of Chrissie Godin's Clutter Rescue Services!"

When Chrissie came to help her declutter, Janet asked her why she became a decluttering coach. She explained, "I'm attracted to other people's clutter because I see how their clutter impacts their lives and I can see the therapeutic effect of clearing it from their space and from their minds".

Janet constantly searches for things and loses so much time and energy moving stuff around. She's stressed every day by the amount of stuff she has and does not use, and has to find places to store it.

Chrissie helped Janet focus on her behaviour patterns that lead to clutter - such as buying stuff that she doesn't need. She will save a lot of money and time by having things organized and knowing what she has and where it is.

Chrissie also helped her see the light in a gentle way, helping her understand that her children may have too many toys. Imagine the shock when Janet found her daughter had over 30 Barbies and almost 20 Bratz. Was she teaching her kids to clutter?

With Chrissie's help Janet is becoming aware of her habits and am learning

to change the way she lives.

If you want to get in touch with Chrissie, call her at 416-562-9066 her web address is under construction - www.ClutterRescue.ca



kitchen kapers

COOKING UP A TREAT WITH GLENDA BENTON

As I dug the dandelions out of my strawberries the other day this recipe from my mother's collection came to mind. If the flowers on the plants are any indication of fruit to come, it looks like a bumper crop again. Enjoy!

STRAWBERRY RIBBON SQUARES

First Layer - Mix 1 1/4 cup crushed graham wafers

- 1/4 cup brown sugar
- 1/4 cup melted butter

Press into a 9" square pan

Prepare 1 strawberry jello powder (85 g size) with 1/4 cup white sugar (my mom had a very sweet tooth) I tend to use less sugar. (and I don't always measure!) and 1-1/4 cup boiling water

Let this start to gel before adding 1-1/2

cup crushed strawberries and 1 Tbsp. lemon juice

- Blend well and set aside
- Cream together
- 1 (8 oz.) pkg. cream cheese
- 1/2 cup icing sugar
- 1 tsp vanilla
- a dash of salt

Whip 1/2 pint whipping cream and fold half of it into the creamed mixture.

Alternate layers of strawberry and cheese mixture.

Top with rest of whipped cream. Chill until time for serving, if you like you can sprinkle 1/2 cup chopped or slivered almonds on top.

This recipe can also be made using a lemon jello powder and crushed pineapple or a raspberry jello powder and raspberries instead of the strawberries.

Cool Whip would work as well as the real whipping cream.

This is tasty as well as colourful.



**GREAT LAKES
LANDSCAPE
CONTRACTORS INC.**
OUTSTANDING QUALITY SINCE 1978

- flagstone & interlocking brick
- decks of distinction
- landscape design & consultation
- rural estate management
- small woodlot management
- lawn & garden sprinkler systems
- pruning & hedge trimming
- tree & shrub planting
- ponds & waterfalls
- spring clean-up
- outdoor lighting

(519) 853-4994



The Flower Shed

**Best Quality & Prices
Long Lasting Hardy Annuals**

Mon. to Fri. 9-6, Sat. 9-5, Sun. 10-5

389 Bronte St. N. • 905-878-1663

Contractor's Corner

WITH RICK THOMAS

Dear Mr. Contractor

We are new in the area, and looking for a good contractor. We have called and set up appointments for quotes, and the contractors we called did not show up. We are losing faith in local contractors. Any advice?

Mr. and Mrs. B.

Dear Mr. and Mrs. B.



Choosing a contractor is as important as choosing any professional. You must build a professional relationship based on good faith and trust. Personally speaking, we treat our clients in a way that makes them feel important to us, not only do we want to keep their business, but we want them to recommend us to their friends and families as well. We feel that word of mouth is fabulous advertising. If there is something wrong tell us, if there is nothing wrong tell everybody else.

We suggest that you talk to a friend or neighbour whom you trust about their experiences.

Note to all you contractor's out there. Every potential customer out there deserves a call back, even if it is to tell them that you are too busy, and remember that from tiny seeds grow mighty oaks.

Rick

Contractor's Corner will run again on July 1st, keep your questions coming

Taylor Nursery

Your Town and Country Gardening Centre

ONE STOP SHOPPING!

- **SOILS, AGGREGATES & MULCHES** - Good quality soil is how your garden grows and thrives. Mulches beautify, save work and help retain moisture. We've got it all-take it home or we'll deliver!
- **GORGEOUS BASKETS & CONTAINERS** - Filled with colour, our baskets are healthy and in full bloom to enjoy now.
- **TREES & SHRUBS** - We have an excellent selection of evergreen, flowering and deciduous shrubs and trees, ready to plant.

905-876-4100

7429 Fifth Line, Milton
Right at the east end of Main Street



HOURS: Monday to Friday: 7-7
Saturday: 9-7 • Sunday: 10-5