One Man's fight with MS

Naturopathy helps Nassagaweya man

BY ANN KORNUTA



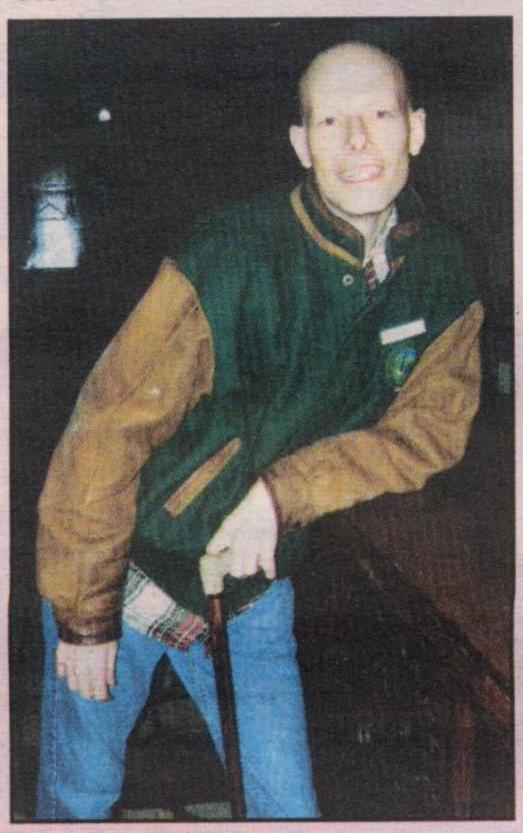
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ou might have seen Nassagaweya resident, Vasil Sprostranov skiing down the slopes at Glen Eden or know him from his family business, Halton



Vasil SUBMITTED PHOTO

Country Inn. Wherever he goes, he is always being recognised. He is welcomed smiles "Hey! and Glad you could make it" from friends he has not seen in a But while. recently, Vasil has had some problems getting out since the Multiple Sclerosis has spread to his legs making it hard to get

Vasil is thankful for every day, thanks to his new Naturopathic treatments. He recently discovered he might be restricted to a wheelchair by his doctors, but after his treatments with his naturopath, Vasil can make it out to social gatherings with the use of a cane.

Vasil, 31, diagnosed with MS six years ago just as he was completing his level one ski instructor's course. "The right side of my body is slower than the left. I noticed when I was walking along a trail one afternoon that things looked funny on the right side. I saw my doctor who recommended I see a doctor in Toronto to go in for a MRI. That's how they found out I had MS."

"WHEN I LEAVE THERE, I WALK OUT WITHOUT THE USE OF MY CANE,"

Vasil sees his naturopath once every two weeks for treatments. Each time he sees his naturopath he says he feels so much better. "It is unbelievable. When I leave there, I walk out without the use of my cane," Vasil said. "I feel awesome. I just go in and I leave feeling great. I always tell her WOW- this is really working."

Naturopathic medicine focuses on curing the patient rather then the illness. Naturopathic physi-

cians try to view multiple sclerosis they would

any other disease, from a whole perspective. MS can be looked at as a combination of physical and mental patient. Naturopathic physi of therapeutic modalities ra drug therapy to diet and physical medicine, acupui plants or botanical medic whole person, not necessari

Before, Vasil was taking drugs. He still sees his regi along his treatments but Vas ications he takes for his illne me so tired. I always feel t Vasil explained. "Afterward doing anything." Vasil restricted to his house. Si naturopath though, Vasil fe before and not as reclusive things such as walking wit every now and then is cor one young man.

"I feel more confident n not as hard as it once was to see his friends and take part whim.

It is still a long road for part in his life, but since h Vasil will not give up just ye I am seriously thinking I sh ing again," Vasil said recen is unpredictable, but I am g



around.

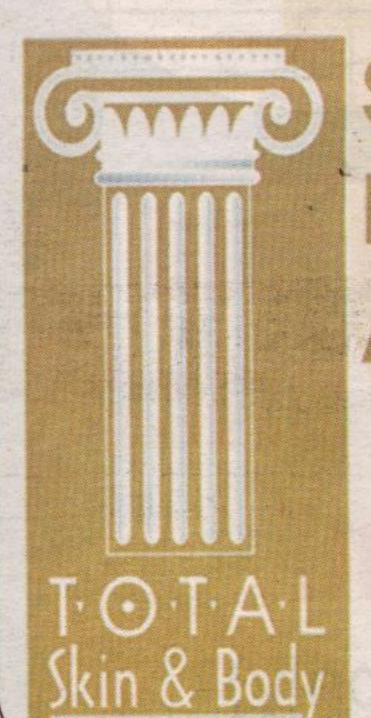
Mike Boughton Ward 2 Councillor (left) cu opening of Milton's Naturopathic Clinic o is pictured here with Kate Rhéume and K owners of the clinic, along with Peter Bros

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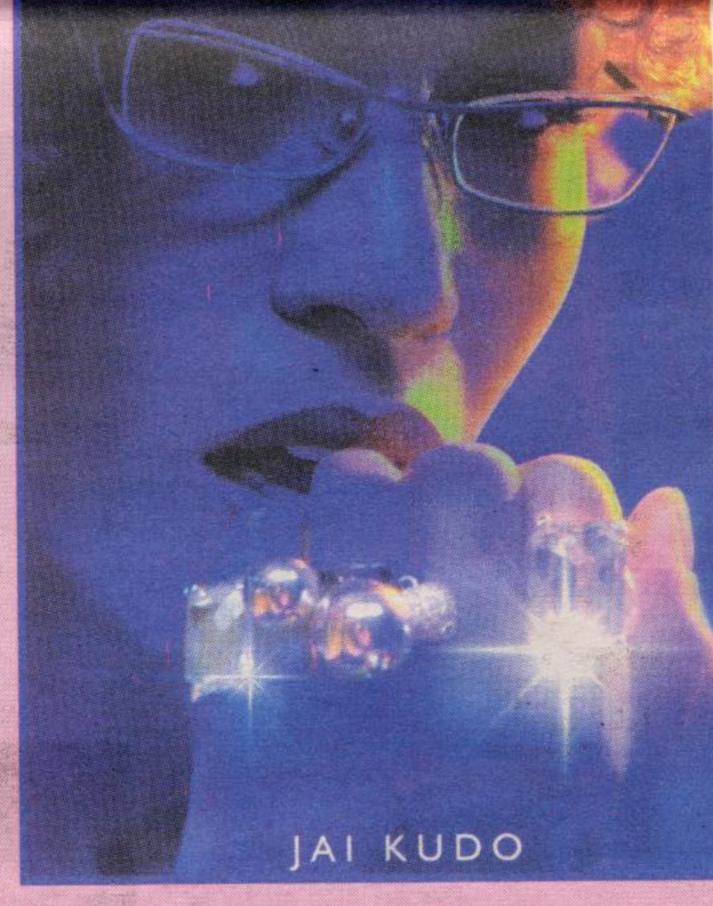
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