# recreation Oment entertainment

YOUR GUIDE TO WHERE TO GO & WHAT TO DO IN HALTON



Ontario Federation of Agriculture Farmers working for Farmers

40 Eglinton Ave. E., 5th floor Toronto, ON M4P 3A2 phone: 416.485.3333 fax: 416.485.9027 www.ofa.on.ca email: info@ofa.on.ca

## Maintain focus on farm safety!

Canadian Agricultural Safety Week (CASW) is being marked March 9th to 15th across Canada.

At the Ontario Federation of Agriculture we are aware of the economic crisis Ontario farmers are experiencing. It is important that farmers and their families maintain a focus on working safely on their farms at all times.

Farming with a shortage of dollars is difficult at any time, but farming with missing or injured limbs is a much larger challenge!

Canadian Agricultural Safety Week is jointly sponsored by the Canadian Federation of Agriculture, the Canadian Agricultural Safety Association, Farm Credit Canada, and Agriculture and Agri-Food Canada.

HELPLING FOR FARMERS AND THEIR FAMILIES

1.888.451.2903

### Ontario Farmers take it to Queen's Park

Weather conditions were not friendly, but deteriorating economic conditions on Ontario farms drove about 8,000 farmers to demand action at Queen's Park as part of the 'One Voice March' on March 2.

Farm leaders from commodity organizations and general farm groups delivered agriculture's message to the provincial government with a single voice.

### MPPs were told

- Crops may not get planted this spring because there's no money on the
  form, and market foregoets point to a continue time of the city time.
- farm, and market forecasts point to a continuation of that situation

   Government legislation and regulations continue to add to farming's
- cost of production while doing nothing for the revenue side of the books
   When Ontario farmers speak with a single voice and they are all saying the same thing, government must show leadership and take action to solve the farm income crisis
- Farmers and their organizations have presented solutions to government, but government continues to ignore the advice given
- Multi-million dollar investments have been made recently by the Ontario government in the tourism and automotive sectors and now it's time for a wise investment in Ontario agriculture
- Ontario farmers need and deserve a minister of agriculture who will be a champion for them at the provincial cabinet level and at the national and international levels

### **OMAF WRITES TO FARMERS:**

OMAF Minister Peters issued an 'open letter to Ontario's farmers' immediately following the 'One Voice March.' This letter cannot divert focus from the responsibilities of the province.

The letter outlines past efforts, programs and initiatives the government has taken on behalf of Ontario farmers, and suggests the federal government needs to step forward and play a role in solving agriculture's economic crisis.

The 'One Voice March' clearly demanded that the Ontario Government must take a lead role and commit to agriculture immediately. Farmers will support their province when it then negotiates with the Federal Government.

# prime time radio All Time Favourities

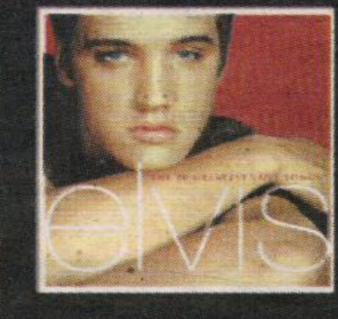














\* BEATLES \* FRANK SINATRA \* NAT KING COLE \* TONY BENNETT \* DIONNE WARWICK \* TOM JONES

NEWS . WEATHER . SPORTS . TRAFFIC . ENTERTAINMENT

WWW.AM740.CA

# from the bookshelf

A REVIEW BY DONNA DANIELLI

# Hockey-ology

### New coaching handbook for budding NHL stars

evin Huhn brings more than thirty years experience as a player, coach, scout, manager, and instructor in minor hockey to bear in his new book, *Hockey-ology*. Those three decades of experience result in a concise and well-written guide that answers every conceivable question you might have about minor hockey.

This exceptionally well-researched tome is unique in its conversational style, laying out the tricks of the trade in an easy to read manner that draws the reader in. Much of the underlying focus of the book lays in the theme of the importance of respect, respect for yourself, for your opponent, for your teammate and for your coach. Author Kevin Huhn acknowledges the importance of the sport in the social fibre and economics of the Canadian landscape, but he never loses sight of the bigger picture: that sportsmanship and grace are as big a part of the game as winning.

Hockey-ology offers something for anyone

interested in the sport of hockey. It addresses the needs of all involved in the game, from the players to the coach to the scout, looking at the requirements for each individual position. Charts outline details such as equipment need and costs, and rules in a simple, informative way, designed for ease of use. Chapters on nutrition and mental preparation provide a well-rounded view on the requirements for players and coaches alike.

If you or someone you know, has any interest in the sport of minor hockey, *Hockey-ology* is a must read, with its insightful tips, step by step procedures and secrets that surround the different roles in hockey. Whether player, coach, parent or manager, *Hockey-ology* has the answers you need.

Hockey-ology is available through www.thehockeysource.tv/sectionshop/sh opresource.php and 25% of the book's proceeds are being donated to minor and youth hockey teams.

# Nop 10 Renfals

THE MAGIC OF THE MOVIES AT HOME

This week's Top Ten Movie Rentals brought to you by

### () ROGERS VIDEO

- 1. Ladder 49
- 2. Flight of the Phoenix
- Phoenix
- 3. Exorcist: The Beginning
- 4. The SpongeBob
- SquarePants Movie
- 5. I \* Huckabees
- 6. Ray
  7. The Notebook
- 8. Saw
- 9. Taxi
- 10. Shall We Dance

### New Releases

### Ladder 49

John Travolta, Joaquin Phoenix

As part of a tightly knit brother-hood of skilled firefighters, Jack Morrison (Phoenix) grows from inexperienced rookie to season's veteran as he faces a dangerous job that makes him a hero to strangers but often shortchanges his wife (Jacinda Barrett - The Human Stain) and kids. Then, when he becomes trapped in the worst blaze of his career, the things Jack holds most important - family, duty, courage - come sharply into focus.

### Man Of The House

irected by Stephen Herek, this Texas sized comedy is the tale of five cheerleaders entrusted to the care of one particularly serious Sheriff. Played by Tommy Lee Jones, Sheriff Sharpe is working for the local authorities when a murder takes place and is witnessed by five girls. When Sharpe learns of the witnesses, he is forced to put them under constant supervision in order to protect them from the criminal who is still at large. In order to ensure their protection, Sharpe moves in with the girls and keeps them under tight supervision. Rules like no cell phones, no guests and no unsupervised outings cause the girls to go stir crazy as they are trapped in their house. As he begins to slowly give in to the girl's requests, Sharpe eventually lets them out to a cheerleading event where their lives are threatened. Besides the girls' lives being in jeopardy, another element comes into the play when Sharpe discovers that one of his coworkers is crooked.

While the majority of the film plays out like an old sitcom episode, it begins in an unusual format of split screen action



demonstrating the events leading up to the present story. By displaying the two events occurring simultaneously, the directors choose to give the audience an omnipotent perspective on the story. As witnesses to both the murder and the enforcement officers chasing the criminals, audiences are able to understand the events of the story as they unfold for Sharpe. The effect is a more involved viewer who feels like a part of the story rather than just a mere spectator.

With an MPAA rating of PG-13 for violence, sexual content, crude humour and a brief drug reference, the film is hilarious. Jones' character uses cynicism at every opportunity, poking fun at the girls and their cheerleading personalities that definitely do not rub off onto the serious Sheriff. Although most of the jokes are aimed at a younger audience, the average viewer would not be able to resist laughing at this lighthearted comedy.