Valentine's Day

who fell in love with his jailor's daughter. helping young lovers escape from prison, tine wrote his love a letter, signing it "Your tine", a phrase that is still used today in tine's Day greeting cards. Soon after this inci-Valentine was discovered and put to death. In versions of the story, Valentine was put to on February fourteenth, the day that we now ate as St. Valentine's Day.

Although we may never know the true story d the saint named Valentine, February is y a month that has traditionally celebrated for centuries now. One of the most popular to celebrate Valentine's Day with your sweetis with a special meal or favourite food. Since trant reservations can be hard to come by this of year, the following recipe is a great way up some love in the kitchen!

Sugar Cookies

1 teaspoon vanilla extract 1 container vanilla frosting red or pink food colourings sprinkles

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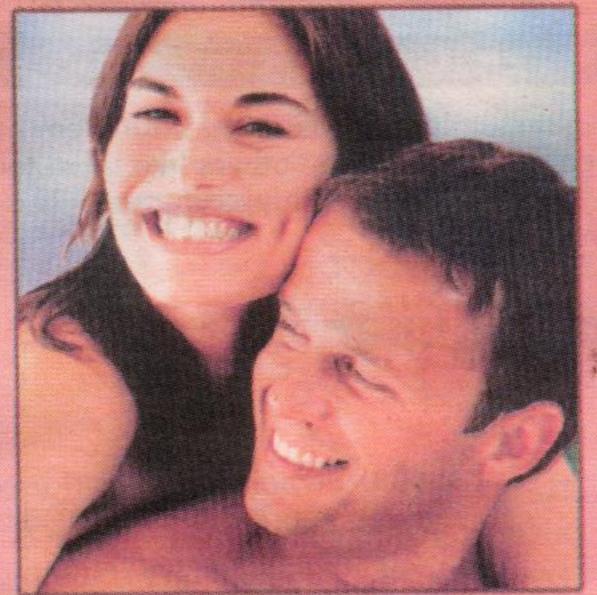
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