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For Valentine

Just

A brief history of

By:
Each February across North America, lovers exchange candy, flowers, gifts and cards all in the name of St. Valentine. The history of Valentine's Day is a subject of debate; however, one of the most famous explanations lies in the death of a saint who was martyred during the third century. The legend declares that Valentine was actually a cleric who served under Emperor Claudius in Rome. When Claudius decided that single men made better soldiers than those who were married, he decided to outlaw marriage for those involved in the military. When Valentine heard this he decided that this command was not fair and instead married young couples in secret. Upon realizing what Valentine was doing, Emperor Claudius immediately had him put to death.

A different account on the history of Valentine's Day tells of Valentine as an imprisoned

Simple Valentine's

- Ingredients:
- 2 3/4 cups all-purpose flour
 - 1 cup butter, softened
 - 1 teaspoon baking soda
 - 1 1/2 cups white sugar
 - 1/2 teaspoon baking powder
 - 1 egg

Directions

Preheat oven to 375 degrees F (190° C). In a small bowl, mix flour, baking soda, and baking powder. Set aside. In a large bowl, cream together the butter and sugar until light and fluffy. Add egg and vanilla. Gradually blend in the dry ingredients, rounded teaspoonfuls of dough into balls, and place on greased cookie sheets. Bake 8 to 10 minutes in the preheated oven, or until golden brown. Stand on cookie sheet two minutes before removing to cooling racks. After completely cooled, frost and decorate.

Baskets Over The Bridge

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