

kitchen kapers

COOKING UP A TREAT WITH GLENDA BENTON

Guess what! I bought a new cookbook, just what I needed, says Bert. Anyway it was for a good cause. It is called "Cooking your way Home to Allendale". My Dad is a resident there and when we were at their bake sale I couldn't resist. One recipe title gave me a chuckle and the more I read it, the better I liked the sound of the recipe. I always make shortbread at Christmas and sometimes I have trouble getting them off the board in the shape I've cut. This one says you drop teaspoon size. Anyway I certainly will be trying this recipe this year. Here it is and I give credit to Sandy Royds. I don't think I'm breaking any copyright laws since the book was put together by staff and friends of Allendale to raise money to take residents on a mini-vacation.

My Second Husband's First Wife's Shortbread Recipe

Preheat oven to 325° (f)
 1 cup butter
 1-3/4 cups flour or 1-1/2 cups of flour and 1/4 cup cornstarch
 1/2 cup icing sugar

Place all ingredients in mixing bowl and beat 10 minutes with electric mixer. Drop teaspoon size on cookie sheet. (I assume you would press with a fork) Watch carefully, do not fully brown. Yields 48 cookies.

Now Sandy doesn't say what kind of flour but in my recipe I use all purpose. For comparison sake, my recipe is 1/2 cup corn starch, 1/2 cup icing sugar, 1 cup all purpose flour and 3/4 cup butter softened. Blend together and chill for an hour. Either shape into balls or flatten with a fork or roll to 1/4 inch thickness and cut into desired shapes. Depending on thickness it takes 10-12 minutes for a tray to cook.

About Many Things...

By BRUCE HOOD

As Stompin' Tom sings in 'The Hockey Song' "Hello out there....." - Well this time it's a hello from me. I have the honour of being able to grace the pages of this fine publication each week with views and thoughts 'About Many Things...'

In reading the 'North Halton Compass' way back when, I was very impressed with the personal approach in its many interesting articles, and heard many similar comments from other folks. Then while on the campaign trail during the federal election earlier this year I met Stephen Baker, the new owner, who also immediately impressed me with his interest and attitude to community matters. One day recently during a conversation about the newspaper with Stephen it came out that I had written many columns for the Canadian Champion in Milton, and had also written two best-selling books on hockey. I now live in the rural area of Erin In Wellington County, north of 'Halton Hills' and am still very much in touch with Halton and have lots of family living there. It was agreed that a column from this neck of the woods was something that we should give a whirl.

And you can join in and let me know what your thoughts are - at the end of this column is my email address and I'd like you to use it to pass on your views and thoughts on subjects that I cover in my column, or on your own subjects. The areas for discussion will be all encompassing and will not lack for interest, or controversy - there was a lot of that when I was a referee in the NHL....., so here goes!

'About Many Things...' will touch on subjects close to my heart. There'll be hockey (of course) - who can believe the NHL is shut down - you can bet that I have strong opinions on this;

Political views (of course!) - isn't it interesting that the press can be used as a way for some to critique but not to comment on what they are actually doing;

Seniors - our favourite people 'cause that's our age bracket.

Farming - what a world - we have so much to share and learn;

Travel - I've been there - done that in many situations and can share good tips, (how about that 'new' Air Canada - I still sat 20 minutes on the phone the other day trying to contact them);

Pets - we have two special dogs and I have strong viewpoints on the proposed new dog ban by-law. Our daughter and son-in-law have four horses, a pony (we were up at 4am recently putting them back into the field when they went visiting the neighbours front lawn) a goat, a rooster, two dogs, and two cats;

Environment - a favourite subject of mine - it's the water we drink and the air we breathe;

Hospitals (the Georgetown Hospital situation!!!!!!), accessibility;

Highway 407; and so much more

Should be fun, so look for 'About Many Things' each week.

Email address is bruceh@stn.net, or by mail to the Compass address.

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