

Halton Hills Recreation Department is e-volving to make your life e-asier!

The Town of Halton Hills Recreation and Parks Department is implementing a new system to make it easier for families and individuals to register for Recreation Programs. The latest technology in telephone and online program registration software is being installed and will be phased in over two stages between

December 1 2004 and Spring 2005. By using the new Reg-e online registration system or the Tele-Reg telephone registration system, registrants will be able to get immediate confirmation of their registrations and will be able to register from any remote computer or telephone using either a VISA or MasterCard.

Phase One of the project will be available for Winter 2005 Learn to Swim and Aquatic Leadership courses only. Registration starts December 1 2004. Phase Two will encompass most other programs and will be implemented in time for Spring 2005 registration. In the meantime, registrations for all Fall 2004 and Winter 2005 programs will continue to be accepted using the traditional methods of fax at 905-873-1587, drop-off at the Civic Centre, Acton Arena or the Gellert Community Centre or by mail. Details are listed in the Registration section of the Recreation Fall and Winter Activity Guide distributed to all house-

holds in Halton Hills in August.

In order to use the new system, every family will need to apply for a Family PIN number. Application forms for PIN numbers are available at all Town Facilities, at the Civic Centre and also in the new Recreation Fall and Winter Activity Guide. PIN # applications can also be downloaded off the Town's Website www.haltonhills.ca by clicking on the Reg-e logo on the home page and following directions for downloading.

For further information about the new system please consult your Fall and Winter Activity Guide, visit www.haltonhills.ca or call the Tele-Reg line at 905-873-2498.

The Regional Municipality of Halton
A Partnership That Works!



Curb Appeal

Halton Hills Urban Areas

Special (Bulk) Collection



Place items at curb by 7:00 a.m. on your designated special collection day. Check the map for your corresponding collection zone. Items will be collected on the day designated for your zone.

Special (Bulk) Waste Collection

Zone 1	Monday October 4
Zone 2	Tuesday October 5
Zone 3	Wednesday October 6
Zone 4	Thursday October 7
Zone 5	Friday October 8

The following materials will NOT be collected:

- Propane Tanks
- Tires*
- Building and Demolition Debris
- Concrete and Bricks
- Household Hazardous Waste
- Cardboard Boxes
- Tree Branches
- Tree Stumps
- Soil and Rocks
- Automobile Parts

*Old tires filled with water can be mosquito breeding sites. These materials may be disposed of at the Halton Waste Management Site, 5400 Regional Rd # 25, Milton. Open Mon. - Sat., 8:00 a.m. - 4:30 p.m.

Georgetown



Acton



NEW

Metal & Appliance Collection in the Urban Areas



Appliances and metal items are collected on a call-in basis only and therefore will not be collected on your scheduled Special (Bulk) Collection day.

To receive collection, please call Halton Region at 1-866-442-5866.

Metal items and appliances include refrigerators, freezers, dishwashers, stoves, washers, dryers, metal furniture, broken down swing sets, barbecues (no propane tanks), bicycles (no tires), etc.

Please ensure appliance doors are removed for safety.

If you have unwanted items that are in good condition, consider donating them to a charitable organization or reuse centre. You will be diverting material away from Halton's landfill and helping people in need at the same time!

Dear Tracey



Tracey McGrath, Senior Consultant for Investors Group and a Halton resident for 30 years, answers questions about Tax, Estate and Financial Planning.

This week I am going to discuss something that no one wants to talk about - we often feel that it will never happen to us, but it must be discussed. We are all vulnerable to accidents and illnesses that can change the way we live. Recent Canadian health studies tell us that 1 in 4 individuals will suffer from a heart condition or stroke, and 1 in 13 people over the age of 65 will suffer from Alzheimer's disease and related illnesses. If this were to happen to you are you ready for it? What kind of effect will it have on your retirement savings?

Long term care insurance may be purchased to protect your nest egg and ensure you proper care in the event of suffering from diminished mental abilities or being unable to perform at least 2 out of the 6 activities of independent 'daily living'. Activities of 'daily living' include bathing, dressing, eating, and toileting and transferring positions such as a bed to a chair. You will receive a weekly income from your insurance plan to buy whatever long term care services you wish; home care, facility care, or you can even choose to pay a family member or a friend to help with your personal care.

We must all be aware that the expense of nursing home care can range between \$18,000 and \$36,000 per year. How quickly could long-term care costs deplete your savings? You do receive a tax break from either medical expense credits or property tax credits but that I will leave for another article.

Do not live with the fear of not being able to take care of yourself. Find out the monthly cost of keeping your investment in place. Call or write, but do ask your financial advisor for more details... it's worth looking into.

Have a great week with this beautiful weather we are having.
Tracey

Chef at home

WITH RENI TOST

Although we have been enjoying some warm, sunny days, fall has definitely arrived. The leaves are changing colour and there was a definite nip in the air last week when I strolled down to the Farmers' Market. Bright, orange pumpkins, squashes and all the other amazing fruits and vegetables are another indicator of the season. Enjoy the local produce while it lasts!

Crisp, new crop apples are also in abundance and that brings me to this month's recipe. It's an apple pie with a twist. You can serve it as is, or with a drizzle of warm maple syrup or butterscotch sundae topping. Enjoy!



Apple Cream Pie

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| Pastry for a single crust, deep-dish pie | 1 large egg |
| 1/2 cup sugar | 1 cup sour cream |
| 3 tbsp. all-purpose flour | 2 tbsp. milk or cream |
| 2 tbsp. cornstarch | 1/4 cup sugar |
| 6 cups of peeled, cored, cooking apples, cut into wedges | 1/2 tsp. cinnamon |

Preheat oven to 350 degrees F. Roll out pastry to fit a deep-dish, glass, pie plate. Combine 1/2 cup sugar, flour and cornstarch in a large bowl. Add apples and mix well to coat. Turn into pie shell and spread out evenly. Mix egg, sour cream and milk in a small bowl and spoon over the apples. Combine 1/4 cup sugar with cinnamon and sprinkle over sour cream mixture. Bake on bottom rack of oven for about 1 1/4 hours until crust is lightly browned, and apples are cooked, but not soft. Let cool to room temperature before serving. Serves 6-8.