

# Top 10

THE MAGIC OF THE MOVIES

## This week's top 10 video rentals at Rogers

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|-----------------------|---|
| 1. Hidalgo            | 6. Confessions of a Teenage Drama Queen |
| 2. 13 Going On 30     | 7. The Big Bounce                       |
| 3. Hellboy            | 8. The Human Stain                      |
| 4. The Whole 10 Yards | 9. Secret Window                        |
| 5. Starsky & Hutch    | 10. Cold Mountain                       |

### Hidalgo

"Based on a true story of the greatest long-distance horse race ever run, Hidalgo is an epic action-adventure and one man's journey of personal redemption, a 3000 mile survival race across the Arabian desert."

### 13 Going On 30

"Thirteen year-old Jenna becomes 30 overnight, with everything she ever wanted, except for her best friend Matt. Now, this grown woman must create some magic of her own to help the little girl inside find the true love she left behind.."

## A Capella Showcase goes 'Gold'

A Cappella Showcase has re-issued a CD of its music entitled *A Cappella Gold* that includes not only award-winning material sung by the women's singing group, but also an eclectic mix of music including country, rock n' roll, swing and spiritual tunes. And there's also some barbershop music for listeners.

The CD, which was issued originally in the summer of 2002, includes songs such as *Show Me Where the Good Times Are*, *In the Still of the Night*, *Crazy* and *Good Old A Cappella*. It's what A Cappella's publicity coordinator, Jane Provins, describes as upbeat easy listening music. This is material that anyone familiar with the group will recognize as part of A Cappella's repertoire. But Mrs. Provins says there's a surprise thrown in too. The term A Cappella means without accompaniment, but the group defies its chosen name by singing Doo Wop Medley to background music.

The award-winning women's chorus is a member of Harmony Inc., an international organization of women that sing in four-part harmony, a capella style. Each year, the group competes against other choirs that belong to Harmony Inc., both at the local level and internationally. For the last four years, A Cappella Showcase has won gold at local competitions. And the group has placed second, achieving silver, at international competitions. The CD includes Original One Step Dixieland and If You Love Me, two songs that A Cappella performed during competition.

Mrs. Provins says working on the emotional impact of their singing has made it possible for A Cappella to do well in competition. She explained that singers are not only judged on their music and singing, but also on their presentation. "Presentation would entail emoting, body movements, and facial expressions."

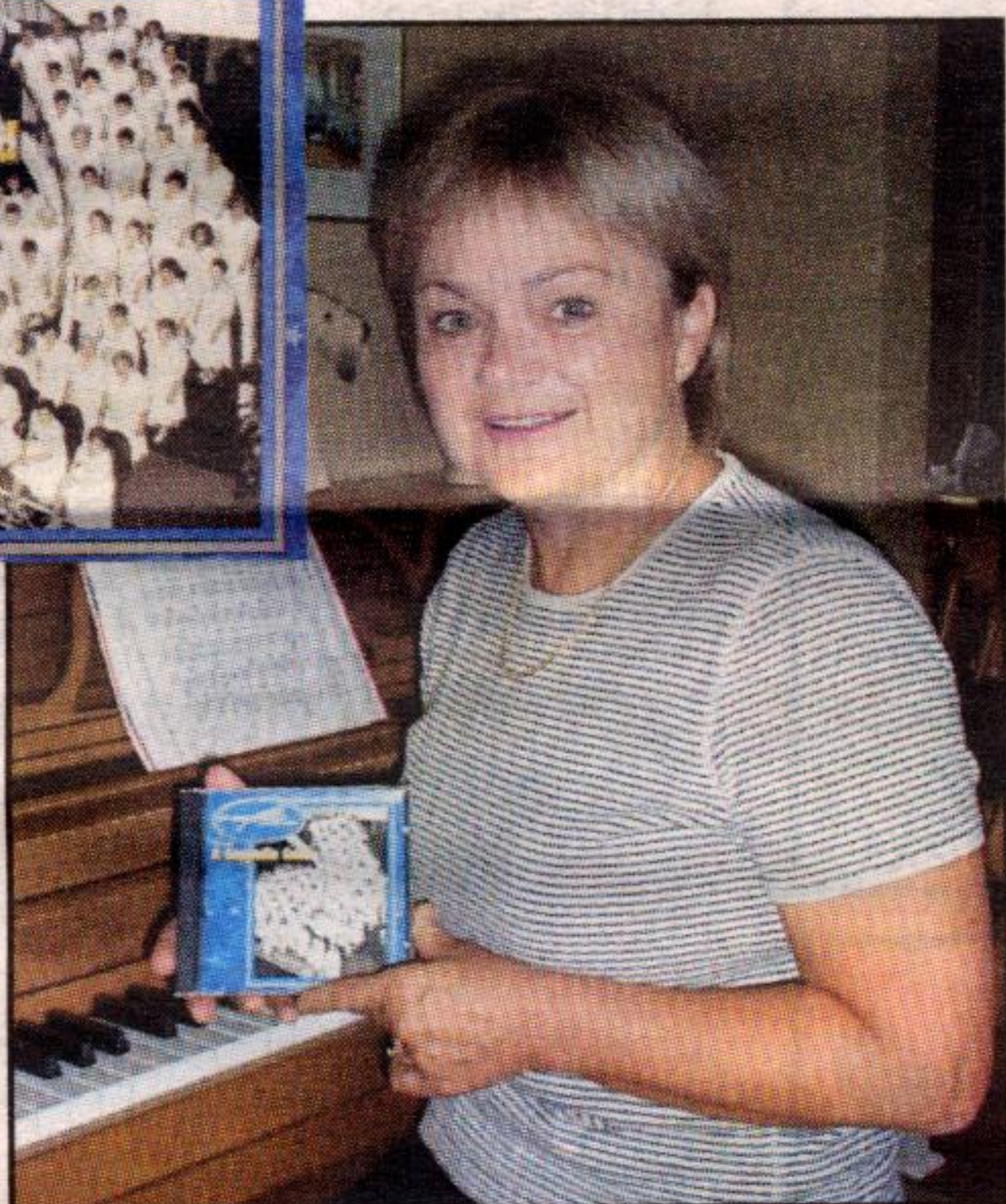
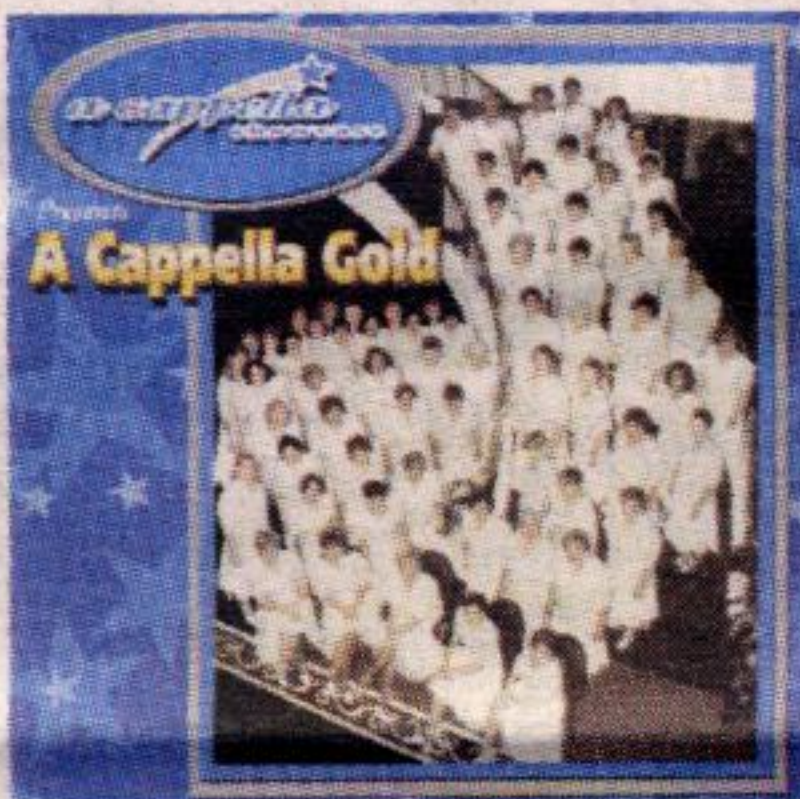


PHOTO BY JENNIFER ENRIGHT

A Cappella Showcase's Jane Provins displays the vocal group's CD, proceeds of which will be donated to the Autism Society.

A few years ago, A Cappella Showcase caught the attention of Elaine Overholt, the vocal coach for the movie Chicago. Mrs. Provins says someone in the chorus knew Elaine and decided it would be a nice idea to have her hear some of A Cappella's music. "She was extremely complimentary of our chorus and our director."

The group rehearses each Tuesday at the Ramada Inn in Milton beginning at 7:30 p.m. Anyone interested in joining the group, can come for an audition at that time.

Sales of the CD, which costs \$10, benefit the Autism Society. Half of the selling price is donated to the Autism Society, a charity supported by A Cappella Showcase. To purchase a CD, contact Jane Provins at 905-842-5494.

The group's next singing engagement will be at The Mississauga Living Arts Centre located at 4141 Living Arts Drive in Mississauga. A Cappella will present a variety show at the centre on Saturday, September 11 at 8 p.m. To buy tickets, contact Audrey at 905-875-3719.

# Chef at home

WITH RENI TOST

As I write this month's column and look out my window it is a grey, rainy day – not at all conducive to outdoor cooking! Lets hope that August will be more agreeable so that we can move outdoors for some more casual and easy Summer entertaining.

This is a versatile recipe to take advantage of local produce. You can add or omit vegetables to suit your taste. Although the recipe calls for oven roasting, you can throw the pan on the barbecue if you don't want to heat up the kitchen.

Besides being a great, hot, side dish the vegetables are excellent served at room temperature with a drizzle of olive oil over them. Refrigerated leftovers are terrific added to a tossed salad the next day. My favourite way to eat them is on a crusty roll with cheese – very yummy. Enjoy!



## Balsamic-Roasted Summer Vegetables

- 3 tbsp. balsamic vinegar
- 2 tbsp. olive oil
- 1 1/2 tsp. dried Italian seasoning
- 1/2 tsp. salt
- 1/4 tsp. freshly ground pepper
- 3 cloves garlic, crushed
- 1 1/2 cups asparagus (cut on an angle into 1 1/2 inch slices)
- 1 medium zucchini (cut on an angle into 3/4 inch slices)
- 1 medium yellow squash (cut same as zucchini)
- 2 large portobello mushrooms, stems removed and cut into 1/2 inch slices
- 1 large red onion cut into 8 wedges
- 1 large red bell pepper (cut lengthwise into 1/2 inch slices)

Preheat oven to 425°F. Combine first six ingredients in a large bowl and stir with a whisk. Add vegetables; toss well to coat. Arrange vegetables in a single layer on a jelly roll pan coated with cooking spray. Bake for 40 minutes or until tender and lightly browned, stirring occasionally. Serves 6.

THE CORPORATION OF THE TOWN OF MILTON

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## Get Involved, Share Your Ideas

The Town of Milton invites you to help make decisions and provide input as part of the **Milton Public Library Board**.

The Milton Public Library Board is an autonomous Board of the Corporation of the Town of Milton with the authority to govern Milton Public Library, in accordance with the Public Libraries Act and as authorized by Milton Council in accordance with By-law No.15-74. In summary, the Library Board's mandate is to provide a comprehensive and efficient public library service that reflects the community's needs.

The successful applicant must be a resident of Milton, or an owner or tenant of land in the municipality, or the spouse of such an owner or tenant, or employee of a business located in the municipality or student attending a school located in the Town of Milton, must be a minimum of eighteen years of age on the date of appointment, and must not be employed by the Board or by the municipality.

**Membership Requirement:** 1 citizen

**Contact:** Leslie Fitch, CEO / Secretary / Treasurer, Milton Public Library Board - 905-875-2665 Ext. #3252 for inquiries only.

Application forms are available on our website [www.milton.ca](http://www.milton.ca) or from the Office of the Town Clerk, Town of Milton, 43 Brown Street, Milton, ON, L9T 5H2 between 8:30 a.m. and 4:30 p.m.

**Completed application forms must be received at the Office of the Town Clerk no later than August 20, 2004, at 4:30 p.m.**

Only qualified applicants will be contacted.

Troy McHarg, Town Clerk