

Everest mountaineer shares secrets of success

By GLORIA HILDEBRANDT

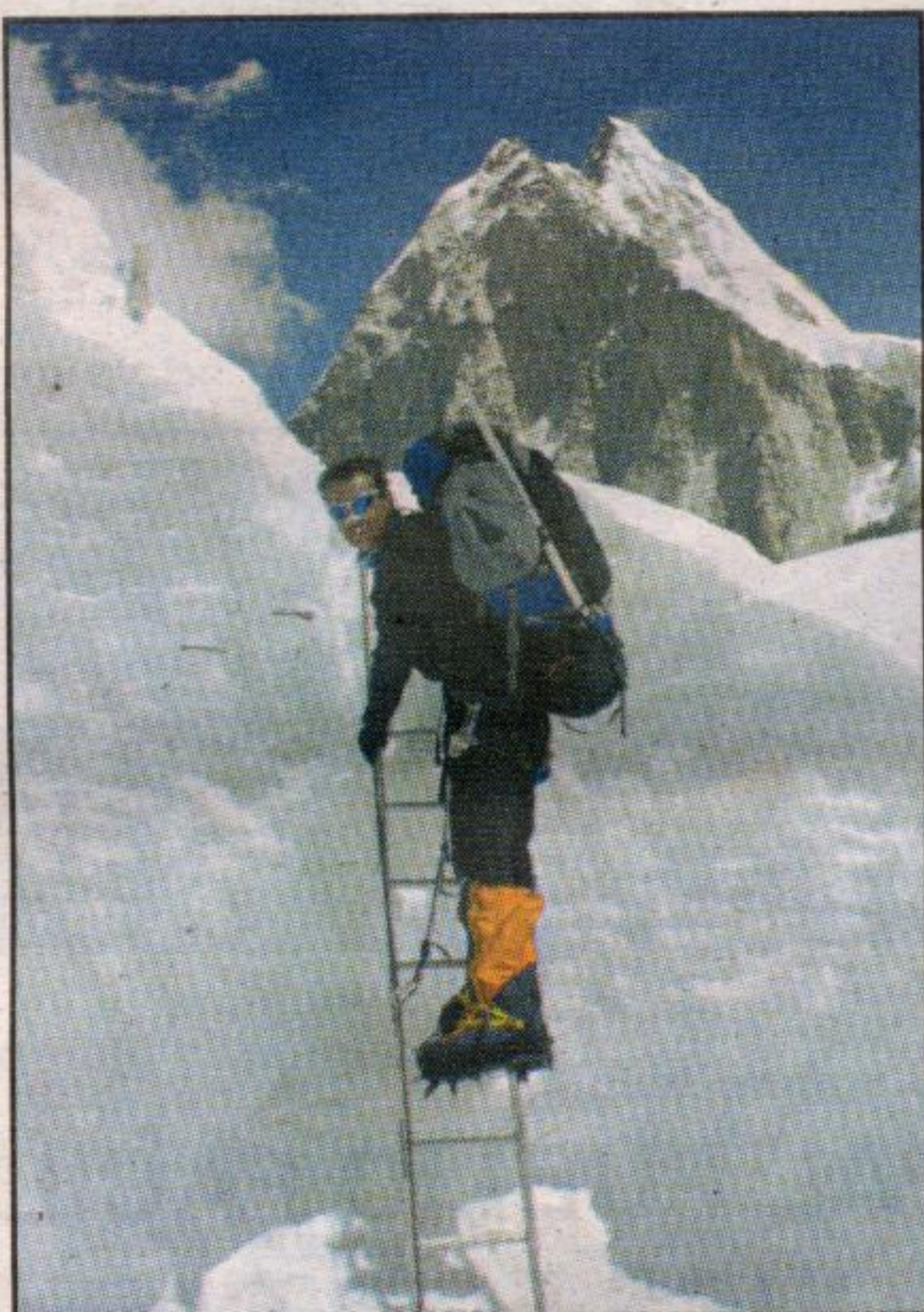
Glenn Edwards, a Mt. Everest climber, will give a free presentation called "Climbing Your Own Everest" at the Halton Hills Cultural Centre, 7:30 p.m. on January 6, 2004. Mr. Edwards, formerly a 30-year resident of Georgetown, will share his five steps to personal success.

In May 2003, Mr. Edwards and his father, Steve, made their climb up Mt. Everest.

Glenn's original goal was to be the first Canadian to reach the summit of Everest without the use of supplemental oxygen. He regards this as cheating, saying, "By using oxygen you are, in essence, reducing the altitude of Everest by 3,000 feet. Why climb Everest if you only want to climb a 26,000-foot mountain?" Another goal became the

raising of funds and awareness for the Children's Wish Foundation of Canada.

Glenn and Steve achieved different results on the actual climb. Steve was able to get through the treacherous Kumbu Ice Fall before his lingering sinus infection forced him to return to Base Camp. Glenn reached an area named the Lhotse face, below Camp 4 on the South



Glenn Edwards at Everest

SUBMITTED PHOTO

His diary, published on his web site at www.heroesinmotion.com, reads "At 7500 m. and without oxygen, my pace was very slow, my legs felt like they had 20-pound weights on each foot, and my ability to concentrate was beginning to dull...It was here that I thought of my fami-

continued on page 5

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