

# Halton 4-H Ontario Roundup

"Learn to do by doing"

Join 4-H

You don't know what you're missing

All young people between the ages of 10 and 21 years of age, both rural and urban, can become involved in the Ontario 4-H program.

This unique program provides youths with project-related skills, while allowing them to develop self-confidence, leadership and communication abilities.

4-H members can participate in a variety of conferences, exchange trips, scholarships and competitions held during the year at local, regional, provincial, national and international levels.

The four H's are Head, Heart, Hands and Health, and signify how the program allows young people and volunteers to develop problem-solving skills, gain new friendships, learn new project related skills and become better citizens in their community.

The 4-H Motto, "Learn to Do by Doing" reflects the program's focus on providing members with a fun, "hands-on" learning environment.

Based on the interests of the leaders and members, there are over 65 different project topics from which to choose including: conservation, social recreation, gardening, bread making, animal husbandry and field crops.

Each club involves six or more members, which participate in at least 12 hours of meetings and an

achievement program. The meetings include tours, guest speakers, demonstrations and hands-on activities.

In addition to club activities, members can participate in many different events. Regional and provincial conferences provide members with the opportunity to develop leadership, communication and team-building skills, while developing self-confidence and new friendships.

National and international exchange trips provide members with exciting travel opportunities.

Scholarships, provided by dedicated sponsors, allow 4-H members an opportunity to receive funding for post-secondary education.

Since its beginnings in Waterloo County in 1915, the 4-H program in Ontario has provided thousands of young people with the opportunity to learn personal development skills, to participate in exciting opportunities, to make new friends and have fun.

Last year, over 7,000 young people were involved in over 1,200 clubs and completed over 12,000 projects.

To learn more about the 4-H program in Ontario visit the web site at [www.4hontario.ca](http://www.4hontario.ca) or call the 4-H Ontario office at 1-877-410-6748.

## The Halton 4-H Association 2002 Board of Directors

President: Tom Parker  
1st Vice President: Patty Lasby; 2nd Vice President: Kenda Nurse  
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## Press Reports Good Foods Fast

by Megan Kados

Where the fourth meeting took place was at St. David's Church and the day that this event took place was Wednesday, February 20, 2002.

At this meeting we had eight people present and we made S'mores and chili. Everybody thought the S'mores and the chili were okay.

The game that we played was a tennis ball game. What we had to do was call each other's names and then throw the ball to them. If the person didn't catch the ball they were out.

The topic that this meeting was about was taking the mystery out of microwaving.

The fifth meeting took place on Thursday March 14, 2002. This meeting took place at the biggest grocery store in southern Ontario, the Zehers store in Guelph. Good foods fast met at Zehers from 2-6.

We made a display board for Good Foods Fast and we made a collage on it. After that we got a tour of the store from Tracy and what we learned there was that they went through 200 pounds of coffee beans a day.

They had this special machine for flour and you only needed to punch in the numbers of the amount of flour that you needed.

## Safety Club

by Sarah Breckon

We started with the 4-H pledge. Then we watched as a 4-H member (Scott) fixed an engine switch that had wires sticking out and could catch on fire.

The Safety Club got a tour from Mr. Glasgow. We identified hazardous machines and other dangers. He told us how he trains his employees and what machines are used.

Their juicy hot/cold cyder is amazing and their donuts were delicious.



4-H Newsletter

Please contact Brenda Mathies at 519-822-0285

## 2002 Projects

On March 27, 2002 the Halton 4-H Association held their annual KICK OFF NIGHT. This was a chance for all members (current and new) to pay their annual membership fee and sign up for their summer projects. The following clubs are currently being offered:

- Alternative Farming • Beef • Competitive Judging
- Dairy (Junior and Senior) • Explore 4-H • Heavy Horse
- Leadership • Light Horse • Member's Council • Photography
- Poultry • Rabbit • Sheep • Soil and Crop

If you have not already signed up for your 2002 projects it is not too late. Any interested members or volunteers please contact Brenda Mathies at 519-822-0285 for more information.

## IMPORTANT DATES

- April 6: Region 4 Volunteer Development Session - Ancaster (to register contact Brenda at 519-822-0285).
- April 6: Gencor Beef Education Day (West) - London.
- April 13: Region 4 Volunteer Development Session - Orangeville (to register contact Brenda at 519-822-0285).
- April 15: Early Bird Registration Deadline for JF Leadership Camp.
- April 19-24: Great Lakes Recreational Leaders Lab (Camp Cavall - Lexington Michigan).
- May 1: Deadline for the Co-Operators 4-H Scholarship Award & Harvest Trust 4-H Scholarship Fund applications as well as applications for the National 4-H Volunteer Leaders Conference (Toronto) and the National 4-H Conference (Toronto - both member and chaperone opportunity)
- May 15: Deadline for the Ivomec 4-H Trust Fund applications.
- May 24-26: JF Leadership Camp - Country Heritage Park (Milton)
- June 6: Entry Deadline for all Gencor Challenge competitions. For more information visit [www.gencor.ca](http://www.gencor.ca).
- June 28: Deadline for the Holstein Canada education Award applications.
- July 1: Deadline for applications to the Canadian Red Angus Promotion Society bursaries.
- July 11 & 12: Gencor Dairy Challenge (West) - Stratford.
- July 31: Gencor Beef Challenge (East) - Markham.
- August 1 & 2: Gencor Dairy Challenge (East) - Markham.
- August 10: Gencor Beef Challenge (West) - Stratford. Go For the Gold Competition - Region 4.

## Canadian Red Angus Promotion Society

The Canadian Red Angus Promotion Society is offering \$1000 bursaries to two 4-H members to assist in offsetting the purchase price of a purebred Red Angus female, obtained through public auction.

They also sponsor a breed award to every 4-H member who exhibits a Red Angus influenced animal as well as free semen for artificially inseminating their 4-H project animal.

For more information contact Shelly Ann Dodgson at 780-785-3205 or [kcangus@tellusplanet.net](mailto:kcangus@tellusplanet.net). Deadline for application is July 1, 2002.

## Scholarships, Bursaries and Awards

### The Co-operators 4-H Scholarship Award

- One scholarship of \$1000
- Submit a presentation in any medium (500 - 1000 word essay, poster, video, speech) with a theme of farm safety or safety in the home. Applicants are asked to focus on accident prevention.

### Harvest Trust 4-H Scholarship Fund

- Two scholarships of \$500
- Submit a 500 - 1000 word essay (see the Opportunities Guide or website for topics).

### Ivomec 4-H Trust Fund

- \$1000 scholarships
- submit a presentation in any medium (500-750 word essay, video, speech on audio cassette, poster). Watch the 4-H Ontario website for the release of topics.

### Holstein Canada Education Award

- Three \$1000 University (degree) scholarships and three \$500 College/University (diploma) Scholarships available.

• For more information check out the website at [www.4hontario.ca](http://www.4hontario.ca).

## Host Families Needed

From July 26 - August 24, 2002, Ontario will be hosting 15 Labo students from Japan. These young teens need to be placed in 15 homes with a person of the same age and sex to experience a typical Canadian summer.

If you know a family who would be interested please have them contact Darlene Smith (877-410-6748 or [dsmith@4hontario.ca](mailto:dsmith@4hontario.ca)) as soon as possible. The host family does not have to be a 4-H family.

## Host a UK delegate

Several 4-H families are needed to host a delegate from the United Kingdom for approximately one week during the period from October 4 - November 6, 2002.

The delegate will be 18-23 and a member of the National Federation of Young Farmers (similar to 4-H).

For more information contact Darlene Smith at 877-410-6748 or [dsmith@4hontario.ca](mailto:dsmith@4hontario.ca).



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