

North Halton Happenings

APRIL 4

Canadian Federation of University Women - Milton & District will meet at Hugh Foster Hall, at 7:30 p.m. for "Pesticide Awareness in Milton" with Erica Ristok of P.A.N. For information call 905-878-2421.

APRIL 6

Sweet taste of Spring. Enjoy pancakes, real maple syrup, maple baked beans, and maple sweets at the Limehouse Women's Institute Sweet Taste of Spring. 9 a.m.-1 p.m. at Limehouse Memorial Hall. Adults \$5, children 6-12 \$3 and children five and under free. Proceeds to the Hall Fund. Baked goods and maple syrup for sale.

APRIL 6

The Halton Chapter of the Crohn's and Colitis Foundation will have an information booth at the 13th Annual Milton District Hospital "Passport to Wellness" Fair. The Fair is held at the Milton Mall, (55 Ontario Street South, also known as Hwy #25) from 9:30 a.m. to 3 p.m. The purpose of this event is to increase awareness of crohn's and colitis and other inflammatory bowel diseases. For more information please call 905-381-0258.

APRIL 8

Campbellville Minor Baseball will host its general meeting at 7:30 p.m. in the Campbellville Lions Hall. For information or questions contact Steve Smith at 905-854-2156.

APRIL 9

The Nasagiweya Historical Society meets at 8 p.m., Jean McLean. For more information contact Eli Daigle at 905-854-2628.

APRIL 12

Euchre in Eden Mills Community Hall at 8 p.m. Sponsored by the Eden Mills Friendly Seniors. Admission is \$3. Prizes. Refreshments. All proceeds for the Hall Accessibility Renovation Project (H.A.R.P.). Your support would be appreciated, all are welcome.

APRIL 13

The Cancer Society Dinner & Dance with all proceeds to the Cancer Society. D.J. Music. Doors open at 6 p.m., dinner is served at 7 p.m. Holy Rosary Church Hall, 139 Martin Street, Milton. Tickets \$30 per person, call Azzura Faggion at 905-878-2759 or Lidia Zampieri at 905-876-1596.

APRIL 15

The regular meeting of the Milton & District Horticultural Society will be held at the Royal Canadian Legion Hall, 21 Charles St., Milton at 7:30 p.m. Guest speaker is Frank Kershaw, well-known horticulturalist of television and media and instructor at Royal Botanical Gardens. His topic is "Attracting Wildlife to your Garden - plants to lure bird and butterflies." Visitors and new members welcome.

APRIL 22

The Halton Hills Quilters Guild will meet at Centennial Middle School in Georgetown at 7:15 p.m. For information call Wendy McHugh at 519-833-0483.

APRIL 25

As part of the Healthy Living series held by Halton Healthcare, the Halton Chapter of the Crohn's and Colitis Foundation is holding an education night at the Oakville-Trafalgar Memorial Hospital. Displays and refreshments available at 7 p.m., program starts at 7:30 p.m. It will consist of a seminar with Dr. Irvine, Gastroenterologist from Hamilton Health Sciences Corporation - McMaster University site. Admission is free, parking is \$3. For more information please call 905-381-0258.

APRIL 28

The Halton-Peel Branch of the Ontario Genealogical Society will host its regular meeting at the Chinguacousy Branch Library, lower level, 150 Central Park Drive, Bramalea at 2 p.m. The guest speaker will be Ruth Burkholder, the topic is "Records of Birth, Marriage & Death after Confederation." Visitors are welcome.



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Keeping the home fires burning

Glenda's Kitchen Kapers

by Glenda Benton



As I write this it is coming up mid-March and as we returned from our early morning walk today, Bert and I saw robins and watched and listened to a red-winged blackbird welcoming spring. I wonder what they thought of the wind Saturday and Sunday. Speaking of Sunday, I always try to come up with something a little different for after church lunch. Bert has sandwiches all week and so it is usually something hot. Here are three of our favourites.

OVEN CHEESE OMELET

- 6 beaten eggs.
- 1/3 cup skim milk powder
- 1 cup water
- 1 cup soft bread crumbs
- 3/4 cup grated cheese
- 2 tsps. melted margarine
- 1/2 tsp. salt

Combine ingredients. Pour into greased 8-inch square baking dish. Bake at 325F until knife inserted in centre comes out clean (20-30 minutes). Serve immediately.

BAKED CHEESE PUFF

- 8 slices bread
- 4 tsps. margarine
- 2 cups grated cheddar cheese
- 1 1/2 cups skim milk powder
- 1 tsp salt
- 1/4 tsp dry mustard
- 3 cups water
- 3 beaten eggs

Spread each bread slice with 1/2 tsp. margarine. Arrange four slices of bread in greased baking dish. Sprinkle with

half the cheese. Repeat with remaining bread slices and cheese. Mix skim milk powder and seasonings. Combine with water and eggs and pour over bread. Bake at 350F until puffed and golden brown (30-35 minutes).

LUNCHEON CASSEROLE

- 1/4 cup sliced onion
- 2 tbsps. fat
- 10 oz. can tomato soup
- 1 cup grated cheddar cheese
- 12 oz. can luncheon meat, cubed
- 2 cups cooked noodles (4 oz. uncooked)
- 1 cup bread cubes

Saute onion in fat until transparent. Combine with remaining ingredients except bread cubes. Turn into greased baking dish and bake 20 minutes at 350F. Top with bread cubes and bake 10 minutes more.

For good nutrition at a reduced cost, select main dishes containing eggs or cheese instead of, or to supplement, meat. Each trip to the supermarket is a challenge to find foods that provide nutritious yet economical meals. These recipes are from an Agriculture Canada Publication No. 1549, and I've had it since 1979. It is probably still available.

An evening of artistic miscellany

by Deborah Quale

Spring Miscellany is an annual event in Eden Mills - a celebration of the arts, with both local and

national talent.

This year's event, which takes place on Saturday, April 27 at 8

p.m. in the Eden Mills Community Centre, features a variety of guest readers, musicians, singers and dancers. Among the featured performers are:

Tiuu Milvister, Mike Sharp & Nick Crane (Singers/songwriters); Ian Colin James (best-selling author of Fumbling with a Flyrod); Male Sikh Choir; Lindsay Zier Vogel (and her dance troupe); Anhorima Banerji (Poet); Tim Laing (Short Story) and Joshua Willoughby (Poet).

Other acts are pending; for more information please call Joshua Willoughby at 856-1085. Tickets will be on sale from April 6 at Eden Place (Eden Mills), The Bookshelf (Guelph), and Rockwood Pharmacy. Reservations can be made through Ed Langevin at 856-9753 or Joshua Willoughby at 856-1085.

All proceeds are to be donated to the Hall Accessibility Fund.

At press time displays were not entirely decided but there may be art displayed in the hall by Jessica Morrison, Janus McBride, Richard Pilon, Joshua Willoughby and others.



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2. Respect specified clearances between heating appliances and combustible walls and floors.
3. Heating appliances must be mounted on a base of insulated metal, concrete or other non-combustible material.
4. Beware of blocked chimneys. Ensure that all in use chimneys conform to existing building codes.
5. Establish and maintain a regular chimney-cleaning schedule.
6. Dispose of hot ashes in a metal container. Remember these ashes remain hot for days.

The use of candles is increasing daily. Never leave burning candles unattended and never use near flammables.

If you have any questions please contract your broker or the Halwell Mutual Office.

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