## Myths and traditions of Christmas

by Ed Goodall

The Yule Tide season brings with it many traditional activities for people living in a rural area.

The cutting down of a Christmas tree, the gathering of mistletoe and the collecting of holly to decorate the home, are exercises the whole family can enjoy. But what has this to do with the celebration of the birth of Christ?

The Romans used holly in early Christian times as an emblem of goodwill and friendship. Holly became a Christian symbol almost immediately after the death of Christ, as people believed His crown of thorns was made of holly.

The use of mistletoe dates back to Pagan times as recorded in Norse mythology. The Christian tradition began in the 14th century when a holly bough was placed over the doorway. Any person visiting a house during the Christmas period had to be embraced as they crossed the threshold. This was done to demonstrate that, in the Holy Season, everyone was loved in a Christian way. By the 16th century the greeting became more effusive and included kissing.

The Christmas tree became customary in England at the timeof Queen Victoria's marriage to Prince Albert in 1840. The tradition originated from Germany where the Queen had family connections. The German fondness for the fir tree however, goes back to ancient times when the evergreens were thought to possess mystical powers, because they continued to flourish in the cold of winter. Missionaries were quick to point out to the unbelievers, that the fir tree has a triangular shape with three points representing the Holy Trinity; with God the Father, God the Son and God the Holy Spirit.

The decorating of trees was first done to ward off evil spirits. This custom in old Europe preceded the notion of bringing the tree indoors. When the new idea of having the tree indoors began in Germany, it was natural to continue to have the decorations. The making of the decorations challenged the creativity of the whole family as the men would whittle their carvings in soft wood or soap, the girls would thread glass beads and mother would bake ginger-bread men and sweetbreads. Small



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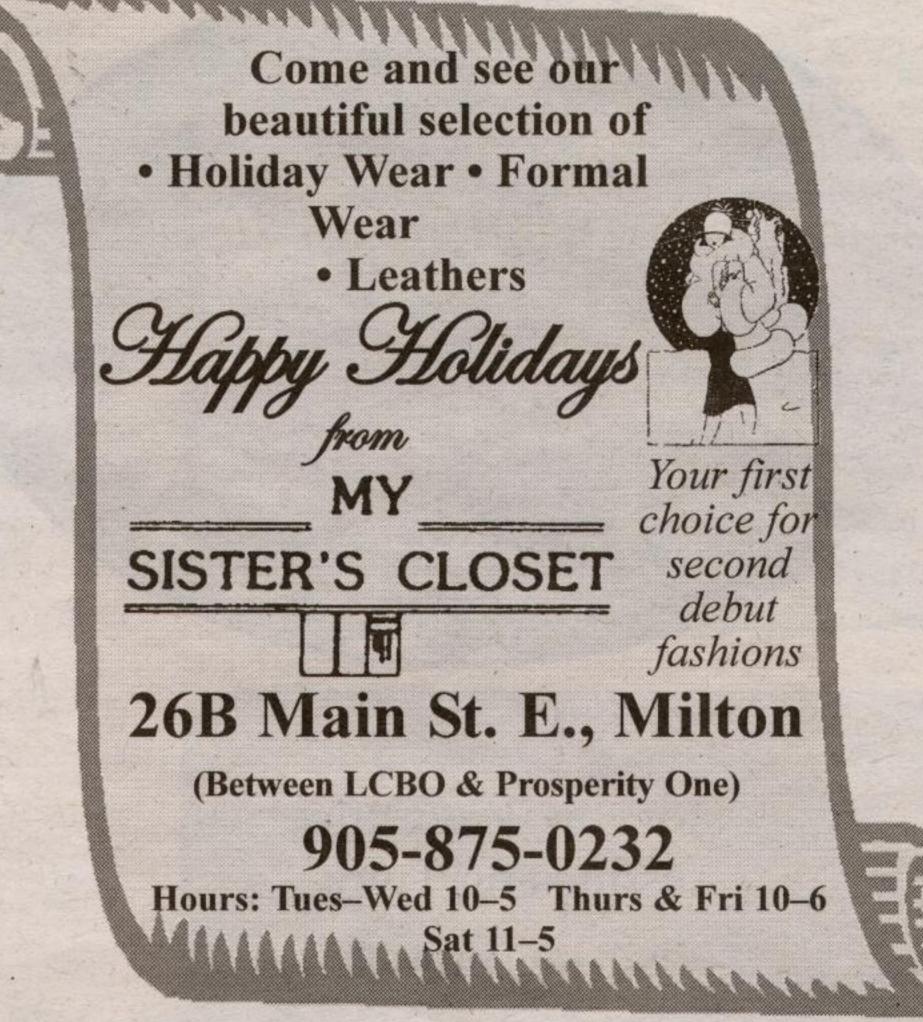
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candies in little tin holders were added, presenting a dangerous situation if left unattended and the star of Bethlehem took its place at the top.

In the 19th century, German Royalty, through marriage, began to scatter across Europe taking their Christmas tree idea with them.

It was Charles Dickens who provided the idea of giving presents to the poor and needy when he wrote A Christmas Carol, in 1843. This vivid account of Ebenezer Scrooge's conversion from a cold hearted miser to a compassionate keeper of the Christmas spirit has kept readers enthralled ever since. But as we move into this Yuletide season it is the words of Henry Wadsworth Longfellow that rings a chord as he wrote his Christmas Bell poem in 1863.

I heard the bells on Christmas Day;
Their old, familiar carols play; And wild and sweet the words repeat, Of peace on earth, good-will to men. It was as if an earthquake rent; the hearth-stones of a continent; And made forlorn the house-holds born, Of peace on earth, good-will to men. And in despair I bowed my head, "There is no peace on earth," I said; For hate is strong and mocks the song, Of peace on earth, good-will to men. Then pealed the bells more loud and deep "God is not dead; nor doth He sleep!" The wrong shall fail, the right prevail, Of peace on each, good-will to men.







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