Celebrating our rugged beauty

The Coalition on the Niagara Escarpment (CONE) hosted Escarpment Celebration Day on June 10 at Crawford Lake Conservation Area in

Campbellville.

Milton Mayor Gordon Krantz and Halton MPP Ted Chudleigh were among the participants for a day of hikes, crafts, and presentations celebrating the beauty of the Escarpment.

"The Niagara Escarpment has been recognized internationally by

the United Nations as a World Biosphere Reserve, but there are still many people in southern Ontario who have never really explored this natural wonder that we have right here in our own back-

yard," commented CONE Executive Director Jason Thorne. "The purpose of this event is to try and change that."

Hundreds of people took part in nature discovery hikes, cultural history walks, family crafts and escarpment art activities, and heard presentations on waterfalls, local history, and the significance of the Escarpment.

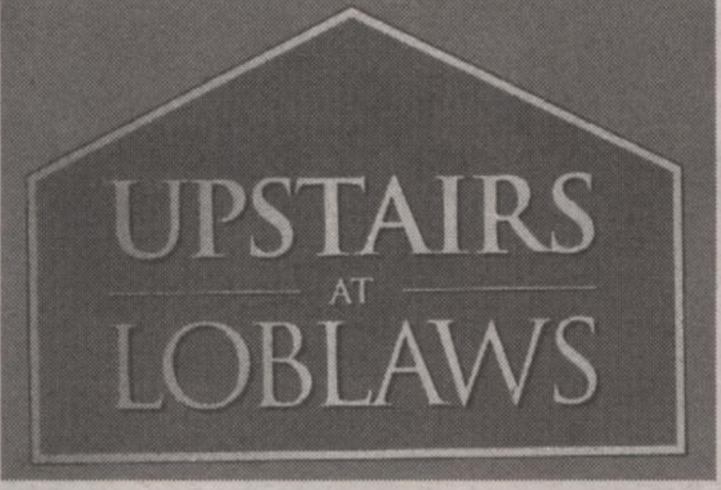
Several local organizations partnered with CONE in hosting the Escarpment Celebration Day: the Halton / North Peel Naturalists Club, Protect Our Water and Environmental Resources (POWER), the Iroquoia Bruce Trail Club, Halton Hills Esquesing Chapter of the Toronto Bruce Trail Conservation Club, Halton, and the Alpine Club of Canada. The event was funded in part by the Ontario Trillium Foundation. To learn more about the Niagara Escarpment visit the CONE web site at www.NiagaraEscarp-

ment.org.



Archaeologist Dr. Jim Molnar leads a tour of the Crawford Lake Indian Village at the Escarpment Celebration Day in June.

Photo by Rick Procter



Kids' Summer Program

Kids Summer Program

The summer is always exciting at Upstairs at Loblaws with the cooking and baking camps, and classes on back-to-school lunch "smarts." This year is no exception! More classes equals more fun equals more eating! Sign up today as registration is limited to 20 kids per day!

Kids Baking Camp

Monday, July 16 & Tuesday July 17 (no class Wednesday) Thursday July 19 & Friday July 20 10 am to noon

Kids aged 5 & 6

A special baking camp for the 5 and 6-year-old future bakers! Activities include making muffins, pizza, cake decorating and cookies from scratch - nothing from a box. All bakers take home their treats. There are lots of hands-on activities and superb supervision too.

\$15 per day.

Kids Craft Days (Monday July 9, Tuesday July 10

SOLD OUT)
Plenty of space for Friday July 13

10 am to noon

Kids aged 7+

Throughout the summer the Upstairs at Loblaws craft staff invite all ages to join them for two fun-filled hours of crafts and art projects. Mark your calendars because these classes always fill up fast!

\$5 per day or \$10 for 3 classes.

Kids Cooking Camp

Monday through Friday, July 23-27
inclusive

Tuesday through Friday, August 7-10 inclusive

Mornings: 10 am to noon Kids aged 7-12

Budding chefs learn the basics of cooking. Each day we tackle a new subject such as vegetables, breads, rice, eggs and meat. Our future chefs

are divided into groups to prepare a feast that gets consumed each day before leaving.

\$15 per day or \$65/week

Kids Baking Camp

Two weeks to choose from:
Monday through Friday, July 30, 31 &
August 1-3 inclusive;
Monday through Friday, August 20-24

Mornings: 10 am to noon

inclusive

Always a favourite! Each day our future pastry chefs-in-training work with a different sweet such as muffins, cookies, pies and cakes. Then on the Friday their efforts are topped off with a Baking Contest. Judges from our Bakery department present the winners with special prizes and everyone gets a certificate! Join us for this fun-filled week.

\$15 per day or \$65/week

Back to School Food & Safety for Kids and Parents

Four mornings: 10 am to noon Monday August 27, Tuesday August 28, Wednesday August 29 & Thursday August 30

Let's get ready for school together – this is a great class for parents, children and caregivers. The cooking school staff teaches safety in the kitchen along with breakfast, lunch and snack treats that kids can learn to prepare. There's a different topic each day: Monday is kitchen safety do's and don'ts, Tuesday is breakfast, Wednesday is lunch, and Thursday is snacks.

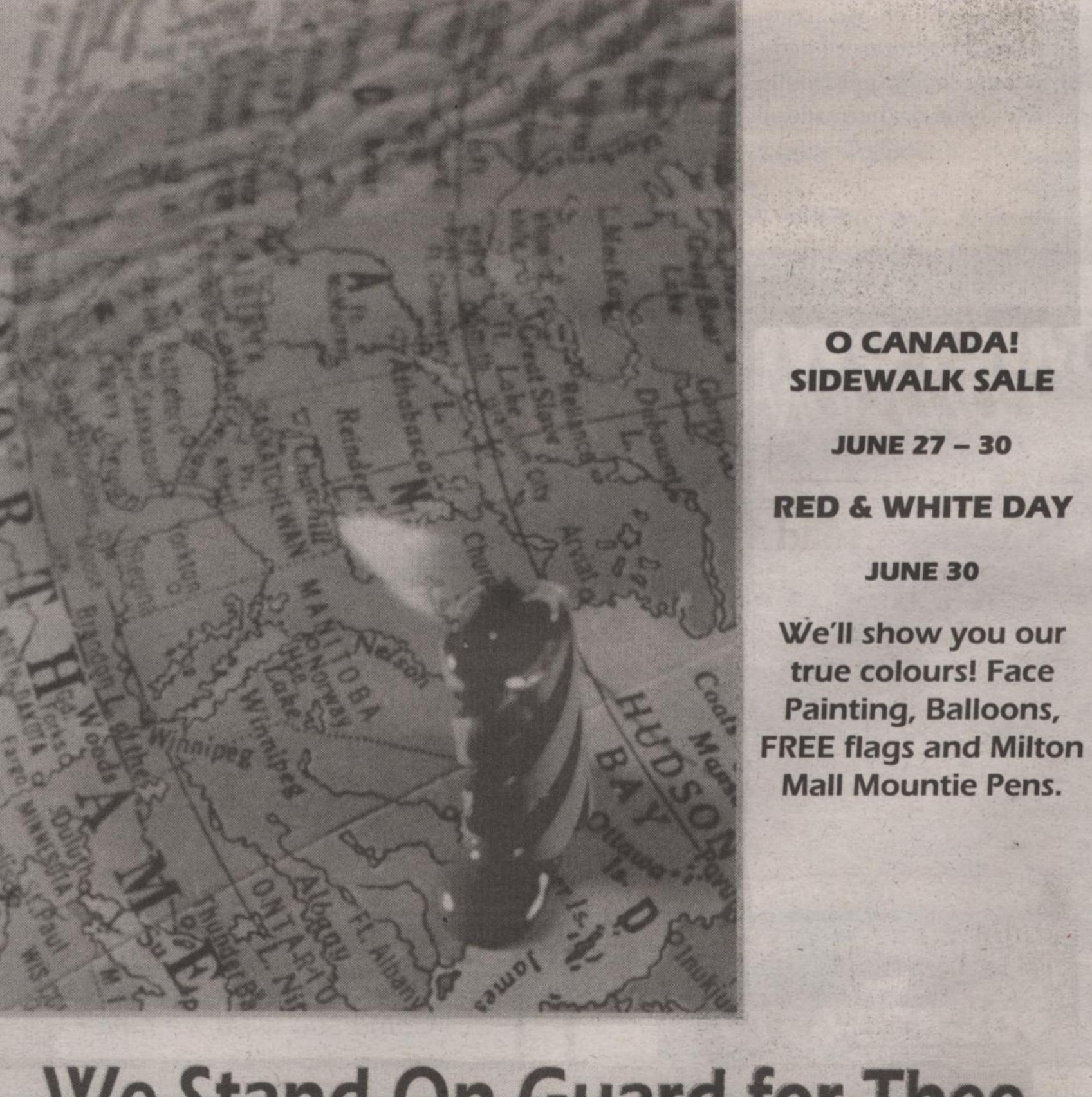
\$15 per class or \$50 for all four.

How to register:

Register and pay in person or by phone at Customer Service, Milton Market, 75 Nipissing Road. 905-875-4999.







We Stand On Guard for Thee

Corner of Main & Ontario 905-878-3900 friendly & familiar

Escarpment Country Tourism Partner

Shopping Hours: Mon. to Fri. 9:30 a.m. - 9:00 p.m. Saturday 9:30 a.m. - 6 p.m. Sunday Noon to 5 p.m.

Mall CLOSED Mon. July 2