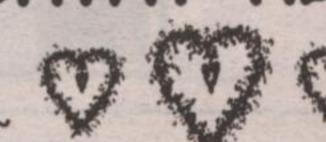


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## ~ OPEN HOUSE ~

~ FALL SESSION OF PAINTING CLASSES ~ MON. SEPT 11TH ~ & ~ TUES. SEPT 12TH

> 12:00 PM - 3:00 PM 6:00 PM - 9:00 PM

Come & choose the classes you wish to sign up for from the samples on display. A wide variety of projects will be taught to suit all levels of painting skills. Register early, as class size is limited. Enjoy the social time while experiencing the pleasure of creating something new for yourself or as a gift. A good selection of painting supplies a including paints, brushes, folk art books & unfinished wood pieces are available at competitive prices.



WORKSHOPS IN Personal Growth

### Make a fresh start for the millennium! A Journey Toward Strength for Women

... when you leaf through the studies, you can sense, floating in the air, ghosts of unborn dreams, unrealized hopes, undiscovered talents." ~ Caryl Rivers, Rosalind Barnett in Beyond Sugar and Spice

Why is it so many of us find difficulty truly valuing ourselves? Join Jane Kelland-Germain for a six week workshop designed especially for women. In a comfortable, relaxed atmosphere discover ways to develop physical and mental strength, to raise your self-worth and to rediscover "you."

Jane has been working with women for over 20 years. She has a background in physical fitness, nutrition and psychology and was host and producer of the CTV television series "Fitness with Love." She now dedicates herself to helping women develop self-esteem and the power to follow their dreams. She will lead you through a thought-provoking journey of personal growth followed by a class of stretch, strength and relaxation using yoga, meditation and guided imagery. You will leave the workshop feeling refreshed, strong and energized.

WORKSHOP DATES AND LOCATIONS

WATERDOWN Wednesdays Sept 13-Oct 18 7-9:30 pm

BURLINGTON Thursdays Sept 14-Oct 19 9:30 am-Noon or 7-9:30 pm

**MILTON** Tuesdays Sept 12-Oct 17 7-9:30 pm

For more information, please call Positive Impact 905 659-0733

## Carrying Canada's water coast to coast

BY DEBORAH QUAILE THE COMPASS

Campbellville area resident Charlie Barnes was one of the lucky individuals chosen to be a Water Relay Carrier for the Trans Canada Trail in August.

Five thousand official carriers have been shuttling precious bottles of water from Canada's oceans - the Arctic, the Pacific and the Atlantic - to our national capital region for the September 9 Official Trans Canada Trail Relay 2000 ceremony.

> The Water Relay began February 19 in Tuktoyaktuk, NWT, and the water has been handed from person to person all along the way, whether delivered by dog sled, bike, or foot. The general route of the Trail winds through every province and territory, linking major cities, towns and communities. Land has come from existing trails wherever possible, abandoned and existing railway lines, federal and provin

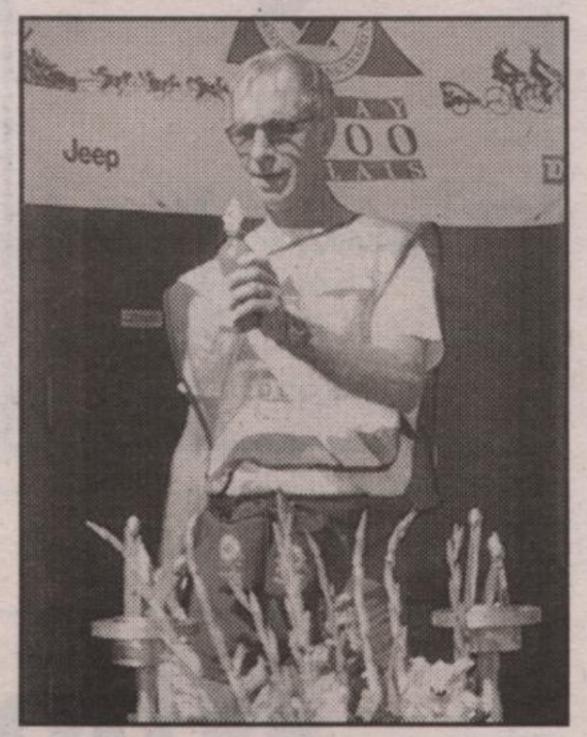
cial parks and private landown-

The longest trail in the world (at 16,400 km) is being built by Canadians and managed by the Trans Canada Trail Foundation, a registered charitable organization.

"I applied last March," Barnes commented, "along with 6,000 others. They chose 1,000 people through a random draw and I was one."

Barnes, who runs regularly, was supposed to run his section but at the last minute was asked to bike instead. Upon his arrival at the Guelph Municipal offices, he passed off two containers of water, one each from the Arctic and Pacific oceans, to two women from Guelph, Deb Lyle (Arctic) and Charlene Barrett (Pacific). After a welcome from Mayor David Adsett and refreshments for all attendants, runners and

volunteers continued on to Riverside Park in Guelph where special celebrations were set up for water carriers and their families, trail volunteers, Guelph citizens and local dignitaries.



CHARLIE BARNES

PHOTO BY DEBORAH QUAILE



Country™ Tourism Partner

The concerns of the CABA members regarding garbage pickup; public washroom facilities and the possibility of forming a BIA were discussed in detail with the guests from Town Council\_ Barry Lee agreed to approach Jennifer Reynolds (Director of Leisure Services) about having regular garbage pickup on Main St. for the existing garbage cans. This has become a necessity due to the extra traffic through the village by visitors travelling to the slots. We were informed that the public washroom problem might be resolved once the Cortese buildings are completed, as they have agreed to provide washrooms in their plans. The council

# CAMPBELLVILLE COUNTRY NEWS

**Published by the Campbellville Area Business Association** 

members suggested that we should invite Mario Belvadere, the Chief Administrative Officer of the Town of Milton, to explain the technicalities of forming a BIA. Marilyn Goodale will contact Mario and ask him to attend our next meeting.

CABA was advised by the council members to select a group to attend a council meeting and present the issue that concern the village due to the extra traffic flow generated by the slots. Barry and Lievan have agreed to provide their assistance in putting together an objective case with facts to be presented at the meeting.

business: Lorraine New

Gibson, president of The Gibson Learning Corporation, gave an informative speech on Leadership Management. For more information about enrolling in one of their courses, call 905-693-1732.

Recap: Harvest Festival -Once again we will invite the cloggers, music and the clown. We are still looking for fresh ideas and suggestions. Do you have any input that you wish to contribute? The September meeting will be the last one before the festivities, so please plan to attend.

Garbage pickup - Barry Lee has spoken to Jennifer and the Town of Milton has agreed to commence with pickup starting immediately. Our thanks go out to you Barry!

Mario Belvedere - Marilyn has contacted Mario and he will be attending the next meeting.

Steve from the Railway Museum presented the CABA members with a complimentary admission to the Ice Cream & Starlight evening on August 12. Our thanks to Steve and the museum members.

SEPTEMBER MEETING to be held on Wednesday, September 13, 2000 at 7 p.m. (new time) at the Guest Mario Mohawk Inn. Belvedere, CAO. Prepared by Anni Baynton of Country Hearts, CABA Secretary.



#### **VENDORS AND CRAFTERS WANTED**

for Campbellville & District Lions Club

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