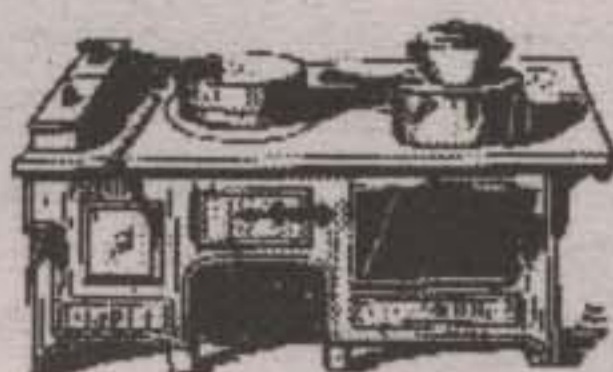


BOARD & BATTEN

Keeping the home fires burning

Glenda's Kitchen Kapers

BY GLENDA BENTON



Here we are past the middle of October and today seems like mid-July. It's not hard to take these beautiful fall days. Every year I marvel at the beauty of the leaves. We spent Thanksgiving weekend in the French River area again and people said to us how nice the trees would be. Not many maples grow and so the colour wasn't as good as at home. As a matter of fact, the nicest colour I've seen this year I view from my own windows.

I was asked for a good recipe for coconut tarts and would you believe I really don't have a good one, but I did find one in the *Milady's Best* I mentioned last month.

Coconut Tarts

1 cup corn syrup
1/2 cup brown sugar

Cook 10 minutes until well blended in double boiler. Cool.

Add 3/4 cup butter, 2 eggs beaten, 1 1/2 cups coconut.

Put 1/2 tsp. jam (strawberry or raspberry) in the bottom of a tart shell before filling 2/3 full.

(No time for baking was given but I usually cook at 375°F for 20 to 25 minutes, or until done.)

I will admit that I cheat and just use my favourite butter tart recipe, put jam in the bottom of the shell and sprinkle coconut on top of the filling. I don't often make coconut tarts since butter tarts are the favourite in this household.

Actually, I did find a recipe that I had given to me when I married and I've made a time or two.

1/2 tsp. raspberry jam in each tart shell

Beat 2 eggs. Stir in 3/4 cup light brown sugar and 1 tsp. corn starch. Add 1/4 cup melted butter, cooled; 1 tbsp. lemon juice; 1 tsp. vanilla

Stir in 1 1/2 cups coconut.

Fill shells 2/3 full and bake at 375°F for 20 to 25 minutes. Loosen edges and cool 10 minutes before removing.

Since it's pumpkin time I'd like to share a pie recipe that makes its own crust. The flour settles to form the crust and the coconut forms a topping. The centre is an egg custard pumpkin filling. The family cook can save a lot of time with this unique recipe!

"Makes its own crust" Pumpkin Pie

4 eggs

1/2 cup margarine

2 cups milk or light cream

1/2 cup flour

1 cup fine coconut

2 cups cooked mashed pumpkin

1 1/2 tsp. cinnamon, 1/4 tsp. ginger, 3/4 tsp. nutmeg

Mix all ingredients thoroughly in a blender or by hand. Pour into two 9" pie plates. Bake at 350°F for about 50 to 55 minutes or until knife inserted in centre comes out clean.

There is no tranquilizer in the world more effective than a few kind words.

The Lawn Chair Gardeners

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Guess who's coming soon

Most of us have succumbed to the pressures of the retailing world and decided that the Christmas season has to start even before the ghosts and goblins of Halloween have found their way back to the closet for another year.

But before we get wrapped up in all the excitement let's not forget that which was the focus of our pride just a few months ago.

Before inviting the neighbours for those afternoon discussions at the kitchen table, be sure that the garden work is complete. The lawn should get one last cut, and the healthy application of fertilizer to help it through the winter. If Ammonium sulphate was your choice of fertilizer, save some for those icy days to melt the snow from the front step.

The roses need to be covered for the winter, and the dahlias,

glads, canna lilies should all be in the basement for the winter. Those bulbs that were on special last week that you bought need to be planted. The evergreens need to be protected from the winter winds. The raspberries, currants and gooseberries should be pruned. The lawn chairs have to be put away, the bird feeders brought out, the bird houses cleaned and put away, the snow blower brought out to Joe's Fix-it for servicing, the lawn mower winterized and put away (but not in front of the snow blower).

Oh, and don't forget to have the car winterized so it doesn't freeze up on the way to work one dark morning. That includes buying a new one of those scraper things, 'cause you can't find last year's!

And if you get all your chores done and there is still a bit of

warm sunshine left, go ahead and put those Christmas light up, but don't turn them on right away. The later in November you turn them on, the less you'll need to use the phrase, "Yes, Santa is coming soon."



PAGES FROM NATURE

BY DEBORAH QUAILE
THE COMPASS

The Arboretum at the University of Guelph is pleased to announce the publication of *A Natural Journal*, the culmination of many hours of work by staff and five committee members: Joyce Hill, Valerie Jackson, Bobbi Porter, Wayne Prowse, and Ann Smith.

Bobbi Porter, host of the launch, stated that the coordinators and volunteers wanted to "... celebrate the magic of The Arboretum ... [which] is a gift to us all."

The book has space for personal observations and sketches. With thick, soft green tinted pages, nature lore at the bottom, full colour photos and sketches, the book is a treasure for yourself or giving as a gift.

Auxiliary members photographed nuts and fruits for the page borders, which were screened onto each page to delicately enhance the edges. Committee member Wayne Prowse states that the book, "really shows that The Arboretum is more than a collection of trees."

The journal is dedicated to the memory of Roy Hammond, a volunteer who, according to Prof. Alan Watson, "... had vision, dedication, attention to detail and tenacity." Hammond was instrumental in the cleanup and implementation of many projects at the nature preserve.

A Natural Journal is available at The Market from October 23 to December 18; The University of Guelph Centre November 22; and at The Arboretum by calling 519-824-4120, ext. 2113. The cost is \$20.

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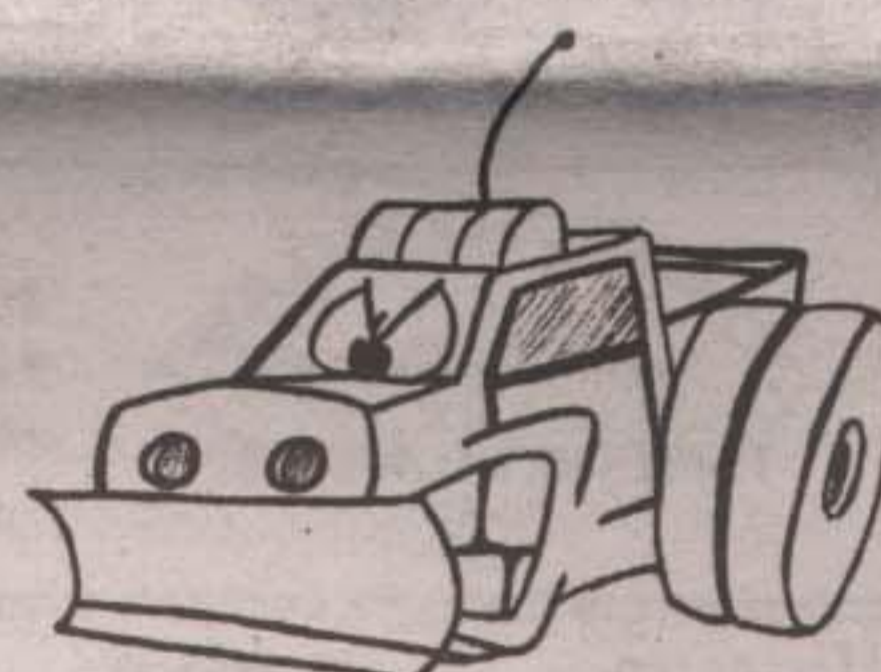
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