

Have a Blessed and Healthy
 Holiday Season and Share with
 Those Around You.

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"Massage is one
 step on the road
 to health"

For Appointment Call (519) 853-3460



CHOOSING A WINNER: On hand for the draw for a basket of goodies from Wetherby's, a limousine ride and dinner at the Harrop House recently were, from left, Jo Lister (Wetherby's), Edna Perkins (VIP Limousine), Mayor Marilyn Serjeantson and Heather Knapton Allan (Big Scoop Café & Coffee Pub. The winner of the prizes in the Royal Christmas Promo was from Oakville. (Eve Martin photo)

*SEASON'S
 Greetings*

From the Royal Bank
 Rockwood

ASSIC co-ordinates needs

ASSIC ALERT

One of the services ASSIC offers is a Needs Co-ordination program.

The program attempts to match people that have a particular need (such as child care, snow shovelling, moving furniture) with those who

may be able to provide the service or item. The services can be provided either by a volunteer or by someone who will require payment.

Are you someone who needs assistance with snow shovelling? Would you shovel snow for someone who is unable to do it for himself?

ASSIC tries to match people who need assistance with

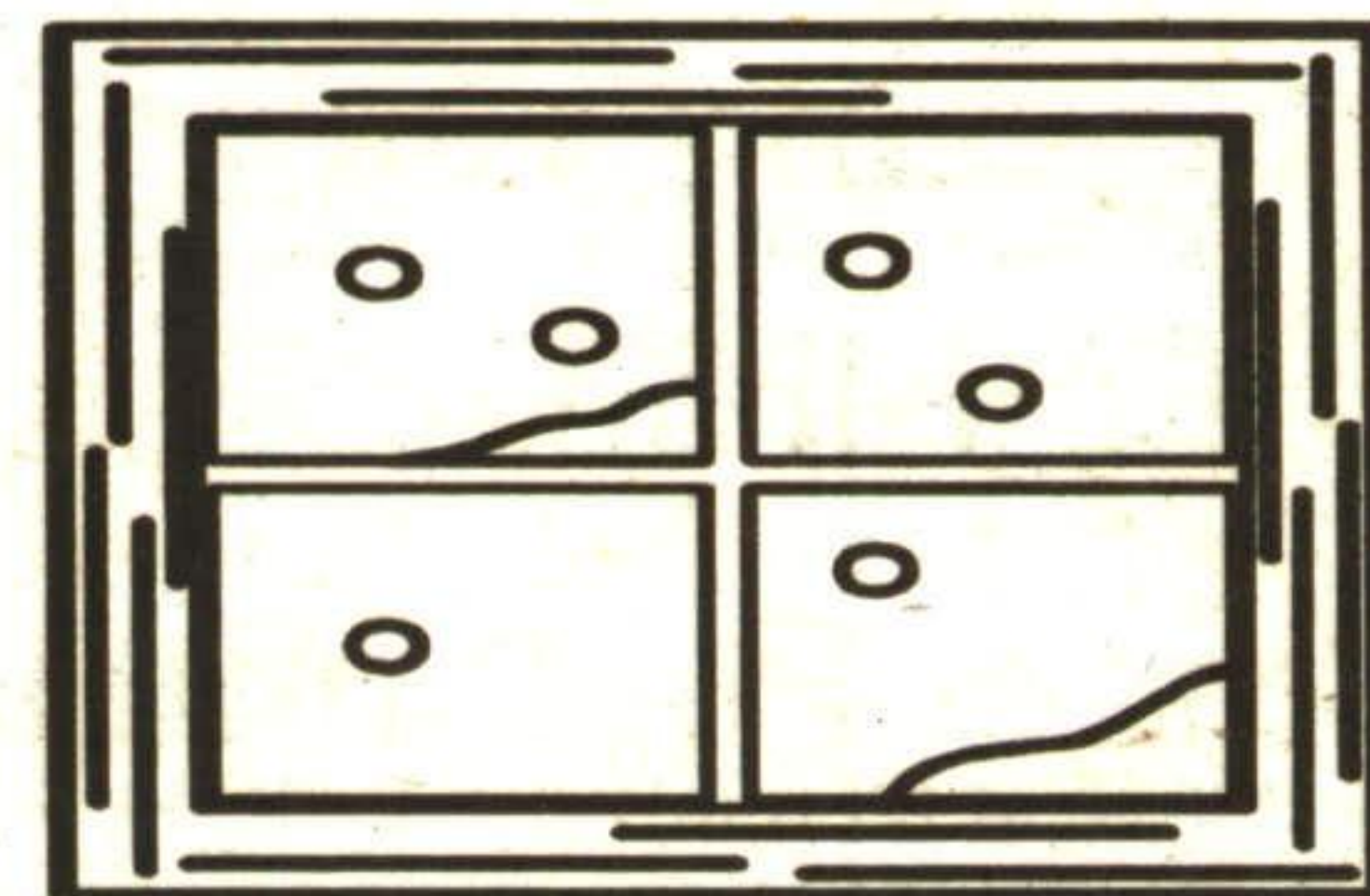
those who can provide the service. If you would like to put your name on our list, call ASSIC at 853-3310.



The Very
 Best of
 the Season
 to You
 and Yours.
 May this
 Christmas
 Be Filled
 with Warm
 and Happy
 Memories!

- Emerald Isle -
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OUR TOWN CHRISTMAS
 CHEQUES ACCEPTED HERE



To all our valued customers
 and prospective new ones.
 Wishing you a Very Merry Christmas
 and All The Best in 1997!
 from all of us at
 * McIntyre Fuels * 853-0000 *

Happy Holidays  from Dorri and Staff

You can keep your fitness resolutions from "going to waist."

New in January - Classes starting from 7:00 am
 Fitness evaluations and consultations
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 Hip/Hop Funk exercise classes, and more ...

Classes 7 days per week • Drop by to pick up your new schedule

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