

Women's group invites new members

SILVER-WOOD W.I.

BY ANNEMARIE MCDONALD, P.R.O.

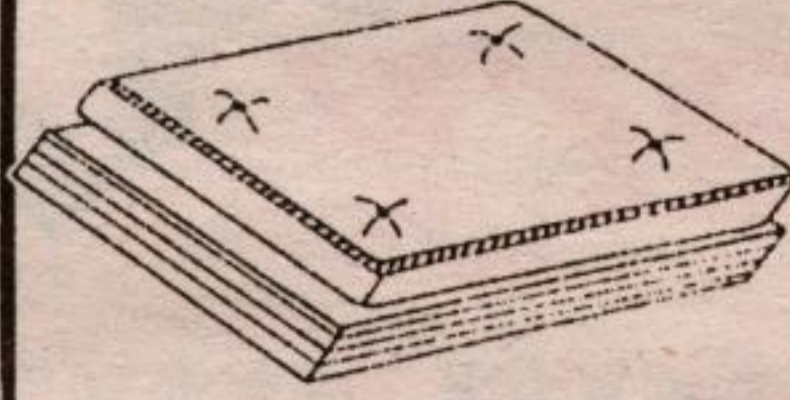
Members of the Silver-Wood Women's Institute learned at a recent meeting that a reflexologist only uses her fingers and hands to work reflex areas on the feet and hands, which in turn stimulate the various parts and organs of the whole body. Reflexology reduces stress and induces deep relaxation, improves circulation, cleanses the body of toxins, balances the whole system, revitalizes energy, relieves pain, and promotes the natural function of related areas of the body. Reflexologist Marg Aitken concluded by giving a sample treatment to everyone interested.

Our members range in age from 20 to 80, come from both rural and urban backgrounds, and currently live in the Georgetown, Acton and Hillsburgh areas. Our common interests include per-

sonal development and community action. If you would like further information on this 99-year-old women's

organization, please call Joan Matheson (president) at 873-7005, or Eve Martin (secretary) at 853-1382.

NEW MATTRESS AND BOXSPRING



- Medical Luxury Ostiopedic
- Twenty-five Year Warranty
- Superior Damask Fabric
- Triple Foam Top Padding
- Firm & Comfortable

Queen Size! \$485

(Sticker Label Price \$1699)

Double Size! \$445

(Sticker Label Price \$1499)

Twin Size! \$395

(Sticker Label Price \$1299)

Delivered Factory Direct to Your Home!

PRIMETIME MATTRESS

Fergus Market

Weekends 9 am - 5 pm

(519) 651-6075

PERSONAL SECRETARIAL SERVICES

To meet your Industrial, Commercial & Personal Needs



- Letters • Mail Merges
- Resumes • Reports
- Proposals • Personal
- Typing Forms • Invoicing
- Correspondence

PAT HATCH, 360 Guelph St., Georgetown

Phone: 873-8240

Fax: 873-8239

East Wellington Advisory Group LAND FOR SALE BY TENDER

- 3.95 acres, Part Lot 13, Conc. 9, Erin Twp.
- Frontage on Highway 24
- Currently zoned for institutional use
- Vendor can revert zoning to agricultural use with one residential dwelling on purchaser's request

For further information, contact H. M. Meyer at (519) 855-6597.

Sealed tenders must be submitted by 4:00 p.m. on October 15, 1996 to 15 Main Street, Erin, ON N0B 1T0

The highest bid or any tender will not necessarily be accepted.

The Very Best in Local Dining!

It has been said that "a good meal makes a man feel more charitable toward the world than any sermon." At these area restaurants, fine food is like a religion, prepared with care and imagination. Visit any and all of these featured restaurants - and bon appetit!



UNDER NEW MANAGEMENT

Opera Emporium Café & Grill

Breakfast	Lunch	Dinner
\$2.79	daily special	steak, ribs, chicken, wings



We serve Sealtest Ice Cream Over 32 flavours available

Donut & Coffee 99¢

10% off for seniors with this ad!

6 Main St., Campbellville

Hours
7 am - 9 pm



The Big Scoop Café

and Coffee Pub

119 Mill St. E. 853-5066

Now featuring....

Gourmet Breakfast

6:30 am - 10:30 am, Monday to Friday

and

Sunday Brunch

11:30 am - 3:00 pm

Homemade Belgian waffles with real maple syrup



MULLIGAN'S GRILL

Located in the Clubhouse at



BLUE SPRINGS GOLF CLUB

Dublin Line, Acton

Mulligan's Grill is a fully licensed, casual dining room catering to Lunches, Dinners, Sunday Brunch and Special Events including Holiday Celebrations, Birthdays, Anniversaries and Private Parties.

853-0904

MING'S RESTAURANT

Famous Chinese Food

118 Guelph St., Georgetown (next to KFC)

20% OFF every time on pick-up orders over \$15.00*
*Cash only

FAST TAKE OUT & DELIVERY SERVICE



873-9688

Ming's Restaurant

Famous Chinese Food

Peter Mings has been in the restaurant business for 39 years.

Previously, he owned and managed restaurants in Oakville and Brampton.

Three years ago, Peter started Ming's in Georgetown. He brought his big-town experience to our small town.

"We offer the best price in town," he says. "The quality of food and atmosphere is equally enjoyable."