

Crisis centre a call away

Special to The Tanner
The Halton Rape Crisis Centre is committed to giving free, confidential, non-judgmental, 24-hour crisis intervention, on-going peer counselling and support to all victims/survivors of sexual violence.

The Centre was incorporated in March 1989 and is located on the second floor of Hopedale Mall in Oakville. Our membership consists of a group of dedicated women, (mostly volunteers) who are committed to helping victims of sexual violence, and promoting social change to prevent sexual violence. The ratio of staff to volunteers is 7 to 80 and the units of service have gone from 50 in 1989 to 2,000 this year.

The services the Centre

offers include a free, confidential, 24-hour crisis intervention line, where callers, both male and female, receive support and victims are helped to identify and examine their options. They also offer free, face-to-face peer counselling with no waiting lists. Clients are referred to other agencies or individuals when appropriate.

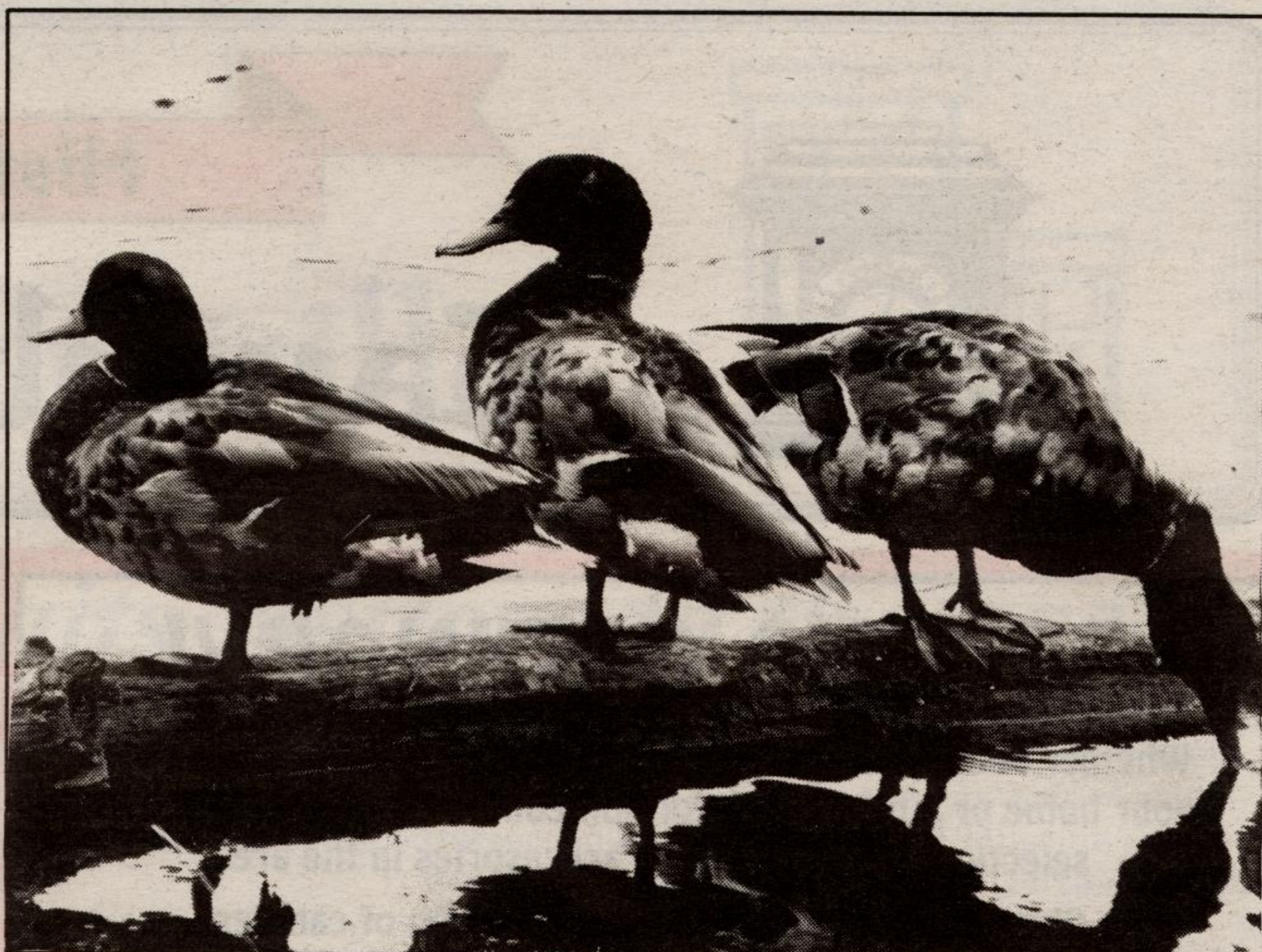
Accompanying victims to the hospital, police station or to court when requested are other services that are both helpful and important. Support groups are offered for both adults and adolescents at no charge. Prevention through education is another important part of the Centre. On-going speakers and presentations are delivered to both school boards and many com-

munity organizations.

The Centre provides a library, stocked with books on issues of sexual assault and the healing process necessary for all survivors and in some cases, secondary victims (family, friends, partners, care givers).

The Halton Rape Crisis Centre is greatly involved with the community and has developed protocols with police and hospitals. Their Social Action Committee is currently in the planning stages of this year's Take Back the Night.

If you would like to become a volunteer, please phone the business line at (905) 825-3622 for more information. If you need help, the crisis line number is (905) 875-1555.



SITTING DUCKS: These feathered folk, on a half-submerged log at the shore of Fairy Lake, knew how to beat the humidity last Sunday. Makes you wish you had webbed feet!



TAKING A RIDE: Young patients of chiropractor Dr. Thompson on Main Street enjoyed the first annual Kids Appreciation Day at Appaloosa Springs last Saturday. Wagon rides were conducted by "Cowboy Jim" and the day also included a barn tour, pony rides, games and refreshments. (Kristal Cooper photo)

ONTARIO DRUG BENEFITS IMPORTANT News for Seniors and People Receiving Social Assistance

Because the federal government has reduced transfer payments for Ontario's health and social services by \$2.1 billion over the next two years, the Ontario government must act now to preserve its drug programs.

Starting July 15, Ontario Drug Benefit recipients will contribute a small amount toward their prescription costs. Ontario is the last province to introduce co-payments.

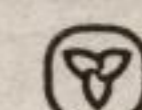
How much you pay depends on your income. You will pay up to \$2 per prescription if you are:

- single, 65 or over, with a net income of less than \$16,018 per year
- a couple, both over 65, with a combined net income of less than \$24,175 per year
- living in a nursing home, home for the aged or home for special care
- receiving welfare or family benefits
- receiving home care

You're 65 and your income is higher than the above? Then you pay the first \$100 of your drug costs each year. After that, you'll pay only the ODB dispensing fee of up to \$6.11 per prescription.

You have extra health insurance from a private company? Call your company. It may cover co-payment costs.

Call the Ministry of Health at 1-888-405-0405 if you have more questions. Or look for information sheets at your pharmacy.

 Ontario


NO NEED TO LEAVE TOWN FOR YOUR AUTOMOTIVE PARTS & ACCESSORIES

ACTON AUTO PARTS

Supplier of Quality Name Brand
Automotive Parts and Accessories
to Repair Specialists in Acton & Surrounding Areas.



AUTO PARTS

 R-M AUTO PAINTS

Atlas AUTO TIRES

262 Main Street N. (North of Tracks on Hwy. #25)

853-3410